

**SCREENING AND REVIEW OF THE FILM 'MULK'****CELEBRATING 75 YEARS OF INDEPENDENCE: AZADI KA AMRUT  
MOHATSAV**DATE OF EVENT: **30th July 2021**ORGANISED BY : **DEPARTMENT OF SOCIOLOGY**Number of Participants: **53**

On the 30<sup>th</sup> of July 2021, the Department of Sociology, Maitreyi College, University of Delhi, organised the first event for the academic year, 2021-22, the screening and review of the film *Mulk*.

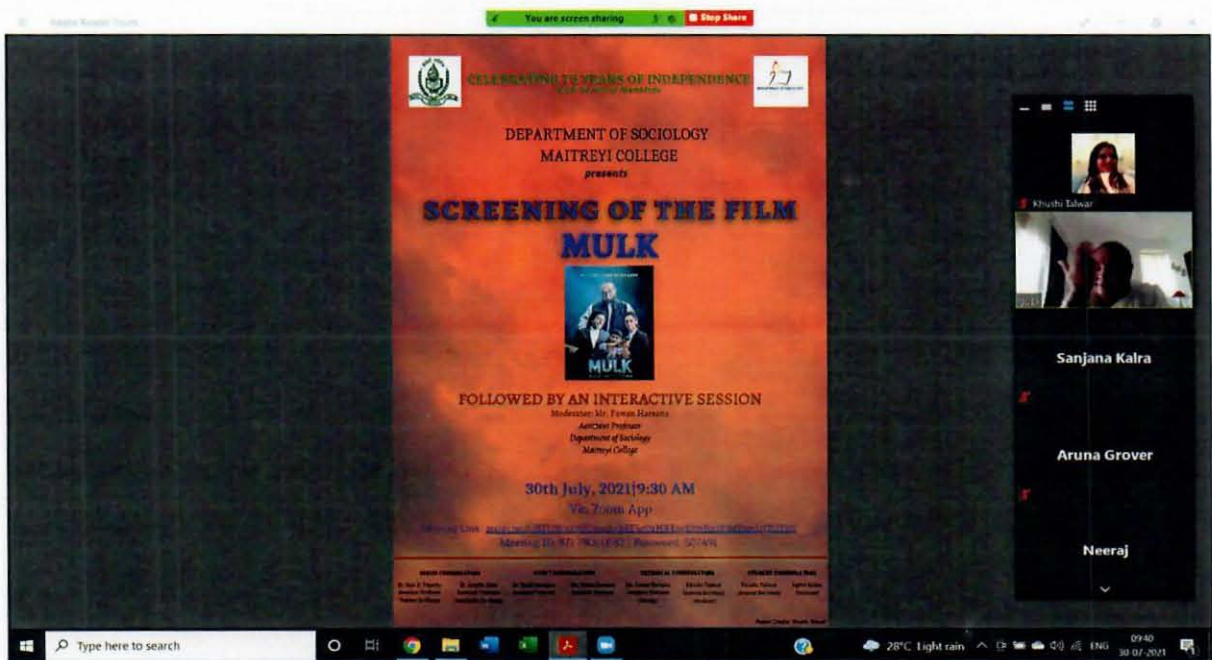
A 2018 Bollywood film, *Mulk*, directed by Anubhav Sinha, stars Rishi Kapoor, Taapsee Pannu, Rajat Kapoor, Ashutosh Rana in the lead roles. Set in contemporary Varanasi (Banaras), the film depicts the struggles faced by a Muslim family to restore their honour, when one member of the family gets caught in terrorist activities and is subsequently shot down by the investigating officer. This is the beginning of the trials and tribulations, mental, emotional and physiological trauma that the family goes through. The film is significant as it makes us think about the idea of nation. It highlights that a nation is not made up of different religions or communities but people, irrespective of their caste, creed, religion, etc - '*Woh' or 'Hum' mulk ko nahi banate, hum mulk ko banate hai*'. "You" and "I" don't make a nation. "We" make a nation.

The Event commenced with a welcoming note by the Teacher-in-charge, Dr. Gopi D. Tripathy. The movie compelled the audience to reflect upon their own prejudices and pre-existing notions shaping their perceptions in their day-to-day living and the complicated relationship between nation and religion, making an attempt to shift the narrative towards humanity as paramount.

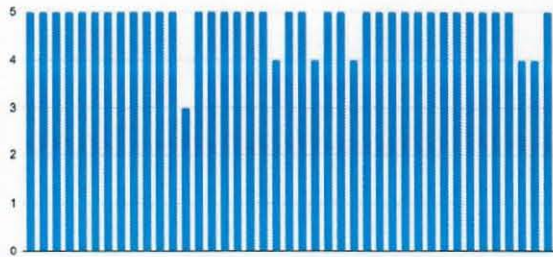
The screening of the film was followed by an interactive session, moderated by Mr. Pawan Harsana, Assistant Professor in the Department of Sociology. Various observations and questions from the faculty members and students were discussed. Some questions and

observations were on the lines of how even after 75 years of independence, with secularism as one of the basis of the constitution of India, we still hold prejudices against certain groups and communities. Thus, how independent are we from our prejudices and commonsensical knowledge that govern our everyday life?

It was an insightful and interactive session, leaving the audience with many questions to dwell upon and ideas to further explore. The participants felt that the theme of the film screening was the need of the hour and related to it, which resulted in a fruitful discussion.

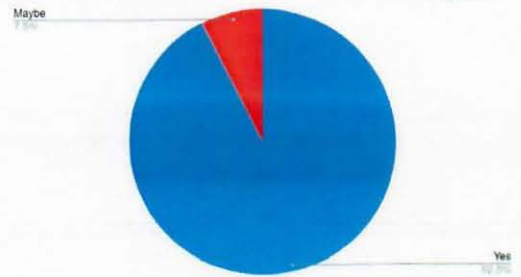


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Histogram of How would you rate the overall experience of the event?



How would you rate the overall experience of the event?

Count of Did you find the discussion interactive and insightful?



\*Participants rated their experience out of 5.

The event was attended by 45 students and 8 faculty members of the department. The film invoked sentiments and enabled people to speak their hearts out. Overall, the event went smoothly and was a success.

### List of Participants:

S. No.	Name (Students)	Faculty
1	Ananyaa Anirudh	Dr. Gopi D. Tripathy
2	Aashna Nayyar	Dr. Anurita Jalan
3	Ananya Upadhyay	Dr. Aruna Grover
4	Anjali Singh	Dr. Rashmi Bhargava
5	Ankita Arvind	Mr. Pawan Harsana
6	Anoushka	Mr. Neeraj Kumar
7	Arunima	Ms. Aditi Narayani
8	Atiriya Sharma	Ms. Bijayani Mishra
9	Ashu Shami	
10	Ayesha	
11	Chhavi	
12	Chhime Bhutia	
13	Dr. Versha Goel	
14	Jagriti Kalita	
15	Shahin Afrin (Jennifer Afrin)	
16	Mousumi Das	

17	Oshvi	
18	Pooja	
19	Prachi Shanker	
20	Ruth Otu Banku	
21	Sanjana Kalra	
22	Sanyukti Dewan	
23	Shreya Dixit	
24	Sneh Thapa	
25	Sushree	
26	Tashi	
27	Tonmoyee Borah	
28	Yachika Choudhary	
29	Yogita Yadav	
30	Kesang Choiky (Zoom User)	
31	Abhinandana Gogoi	
32	Bharti	
33	Bidisha	
34	Jyoti Singh	
35	Khushi Talwar	
36	Nikita	
37	Kanika Dahiya (Nishtha Dahiya)	
38	Rambha Jaiswal	
39	Sabhyta	
40	Sakshi Ranjhan	
41	Sanghita	
42	Somya Singh	
43	Sristi Das	
44	Tannu Kumari	
45	Yashika Sirwani	

**Platform:**

Zoom

App

<https://us06web.zoom.us/j/87178060582?pwd=bEF5c0xNREpjK0hHc1FlaG9oeUJ2UT09>



Dr. Gopi Devdutt Tripathy  
Teacher In-Charge  
Department of Sociology  
2021-22

**CELEBRATING 75 YEARS OF INDEPENDENCE: AZADI KA AMRUT  
MAHOTSAV  
WOMEN IN INDIA'S FREEDOM STRUGGLE**

DATE OF EVENT: **18th August 2021**

ORGANISED BY : **DEPARTMENT OF SOCIOLOGY**

NAME OF RESOURCE PERSON: **Dr. Gargi Chakravartty**

Number of Participants: **75**

On the 18th of August, 2021, Department of Sociology, Maitreyi College, University of Delhi, organised the first lecture in the lecture series titled "75 Years Of Independence - Women during the Freedom Struggle and After" for the academic session 2021-22. The talk titled *Women In India's Freedom Struggle* by Dr Gargi Chakravartty, Historian and Social Activist was attended by the students and faculty members of the department. The event commenced with a welcoming note by Dr. Gopi Devdutt Tripathy, the Teacher In-Charge of the Department of Sociology.

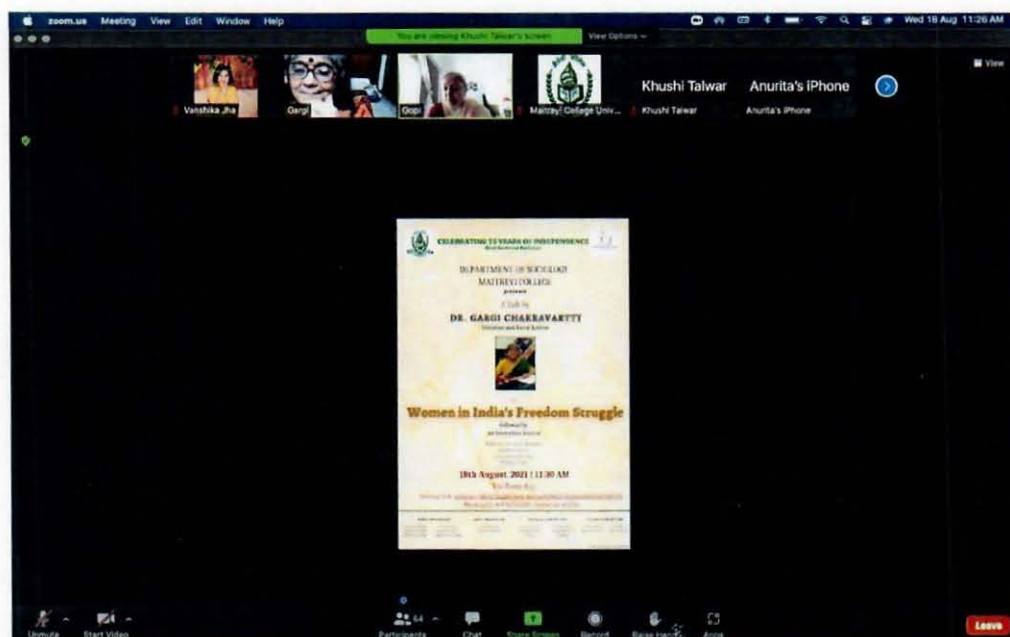
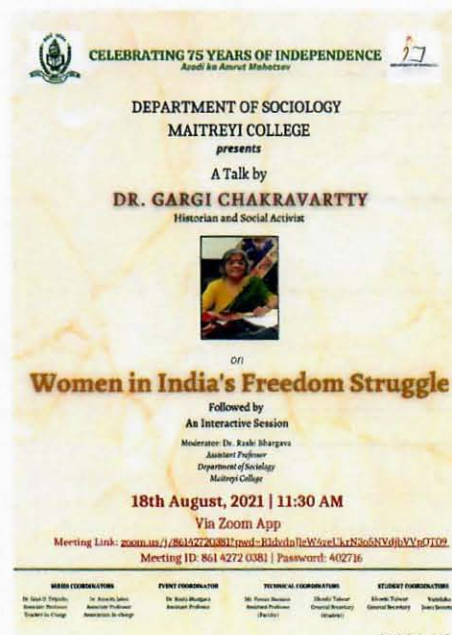
Dr. Gargi Chakravartty is currently the Vice-President of the National Federation Of Indian Women and has also served as the editor of NFIW magazine, *Women's Watch*. Her noteworthy publications include *Gandhi's Challenge to Communalism* in 1987, *Coming Out of Partition: Refugee Women of Bengal* in 2005, *P.C. Joshi: A Biography* in 2007, *People's Warrior: Words and Worlds of P.C. Joshi*, 2014 and *Charting a New Path: Early Years of National Federation of Indian Women*, 2015.

Dr. Chakravartty shed light on the indirect participation of numerous women in the freedom struggle and the legacy of it as seen in the emergence of various women's organisations in India during and after the nationalist movement. In the first half of her lecture, she traced the role played by women starting from the Swadeshi movement to non-cooperation movement to civil disobedience movement to quit india movement.

In the second part of her talk, she discussed the emergence of a number of women's associations which includes All India Women's Conference (1927), Dalit Womens Federation, Rashtriya Sevika Samiti, Mahila Atma Raksha Samiti, Andhra Mahila Sangam, Manipur Mahila Sangam, Chhatri Sangh, Young Women Christian Association, and Muslim Women's Self Defense. What Dr. Chakravartty considers the most unfortunate in the entire journey of the struggle for freedom is the impact that the Partition of India had on women. Patriarchal domination was visible during the time leading up to partition when various talks were carried out, discussions were held

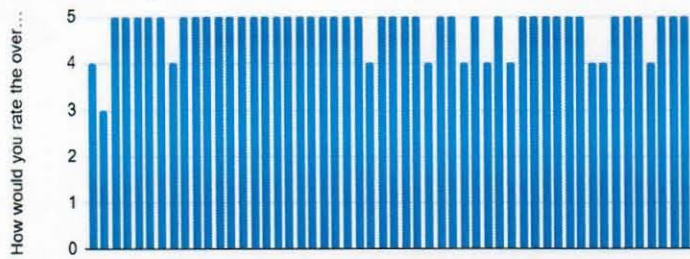
regarding India's future, prominent women leaders were not included in those discussions, and women remained mere observers.

The talk was followed by an interactive session, moderated by Dr. Rashi Bhargava, Assistant Professor in the Department of Sociology. Various observations and questions from the faculty members and students were discussed. Some questions and observations were on the lines of how even after playing a significant role in the freedom struggle, women don't get the recognition they deserve, and that how much as a society have we evolved since Independence, keeping in mind the atrocities women faced during partition and that women in India are oppressed and exploited even today.

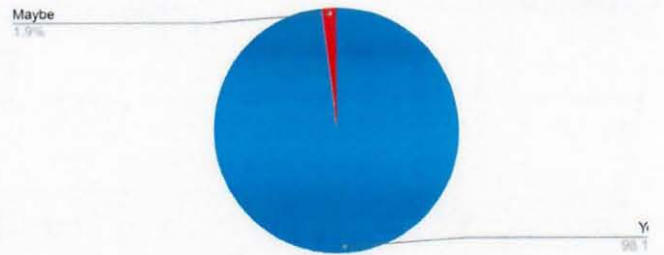




How would you rate the overall experience of the event?



Count of Did you find the discussion interactive and insightful



\*Participants rated their experience out of 5

The event was attended by 67 students and 8 faculty members. It was an interactive and insightful session, leaving the participants with many ideas to explore further. The participants felt that the theme of the event is significant, as we are celebrating 75 years of independence, the role of women in the freedom struggle needs to be recognized widely.

### LIST OF PARTICIPANTS

S. No.	Name (Students)	Faculty
1	Ria Rao	Dr. Gopi D. Tripathy
2	Sanjana	Dr. Anurita Jalan
3	Sara Khan	Dr. Aruna Grover
4	Shruti Singh	Dr. Rashi Bhargava
5	Tanya Gupta	Mr. Pawan Harsana
6	Vidhi Dutt	Mr. Neeraj Kumar
7	Arisha Farooquee	Ms. Aditi Narayani
8	Nupur Nandini	Ms. Bijayani Mishra
9	Bharti Bansal	
10	Sakshi Singh	
11	Sushree Mukherjee	
12	Sweta Chauhan	
13	Trishna Kalita	
14	Akshita Talwar	
15	Anjali Singh	
16	Ayesha Siddiqua Hussain	



17	Debarati Mitra	
18	Harshia Sethia	
19	Jhanvi Gahlot	
20	Priyanka Kirar	
21	Rambha Jaiswal	
22	Sanghita Hazarika	
23	Sanyukti Dewan	
24	Shivani Baruah	
25	Sristi Das	
26	Anoushka Sarma	
27	Yachika Chaudhary	
28	Yashika Sirwani	
29	Yogita Yadav	
30	Otu Ruth Banku	
31	Sakshi Ranjan	
32	Sneh Thapa	
33	Tannu Kumari	
34	Tashi Wangmo Bhutia	
35	Tonmoyee Borah	
36	Aadya Nath	
37	Aashna Nayyar	
38	Abhinandana Gogoi	
39	Ananya Upadhyay	
40	Ananya Anirudh	
41	Ankita Arvind	
42	Atiriya Sharma	
43	Bidisha Medhi	
44	Chimme Lamu Bhutia	
45	Garima Dabral	
46	Juhi Mazumdar	
47	Jyoti Singh	
48	Kunika Tyagi	
49	Muskan Vats	
50	Navya Roy	
51	B Nikita Sherley	
52	Nimisha	
53	Oshvi	
54	Pooja	
55	Pooja	

56	Prachi Shanker	
57	Khushi Talwar	
58	Vanshika	
59	Sushmita Pal	
60	Akaksha	
61	Bhawna Dabas	
62	OPPO A9 2020 (Name not mentioned)	
63	Somya Nain Bishnoi	
64	Sunanda	
65	Urmila	
66	Harshita Sisodia	
67	1fNCsMGsfh8Xo4byV_301SAAAAABFB (Name not mentioned)	

**Platform :** Zoom App

<https://us06web.zoom.us/j/86142720381?pwd=R1dvdnJleW4zeUkrN3o5NVdjbVVpQT09>

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Dr. Gopi Devdutt Tripathy  
Teacher In-Charge  
Department of Sociology  
2021-22

**CELEBRATING 75 YEARS OF INDEPENDENCE:  
AZADI KA AMRUT MAHOTSAV**

**SHIFTS IN WOMEN'S MOVEMENTS SINCE INDEPENDENCE**

DATE OF EVENT: **15th September 2021**  
ORGANISED BY: **DEPARTMENT OF SOCIOLOGY**

NAME OF RESOURCE PERSON: **Dr. Sadhna Arya**  
Number of Participants: **111**


On the 15<sup>th</sup> of September 2021, the Department of Sociology, Maitreyi College, University of Delhi, organized the second lecture in the series titled, "Celebrating 75 Years of Independence - Azadi Ka Amrut Mahotsav" for the academic session 2021-22. The talk titled, "*Shifts in Women's Movements Since Independence*" was delivered by Dr. Sadhna Arya. Students and members of the faculty of the department actively took part in the online talk event which started with an introduction to the theme by Dr. Gopi Devdutt Tripathy, the Teacher In-Charge of the Department of Sociology.

Dr. Sadhna Arya is a Professor in the Department of Political Science, Satyawati College(E), University of Delhi. She has worked as a Senior Fellow(on deputation) with the Centre for Women's Development Studies, Delhi from August 2004 to July 2005. She has been actively involved with women's rights issues. She has written extensively on the issues and has presented papers in diverse platforms.

In the first part of her talk, Dr. Sadhna shed light on how the women's movement expanded the scope of issues affecting women by responding to changing political, social, economic and other national realities. She established connections between these realms and women's situations. She also dwelt upon marriage, family, and gender issues since independence. She emphasized the phases of total revolution and the emergence of social movements in the 1960s. She highlighted the CWI report. She also mentioned the problems which were in focus in the 1970s, such as rape, domestic violence, dowry, etc., and, gradually shifting to the 1980s when issues like wages, land rights, and equality were mainstreamed. Thirdly, the 1980s saw the emergence and deepening of the notion of 'sisterhood,' which meant that all women were suppressed alike in a patriarchal system. Later, a shift in the women's movement was seen, as a consequence of the Shah Bano and Roop Kanwar sati cases. The late 1990s saw the emergence of new women's groups with new ideas. The 'specificity of gender' was the major agenda and to achieve this specificity, an alliance of rural and tribal women was the felt need of the hour.

Dr Arya's talk was followed by an interactive session, moderated by Ms. Bijayani Mishra, Assistant Professor in the Department of Sociology. Numerous observations and questions from

the members of faculty and the students were addressed. They were on the lines of how women wanted to overcome atrocities perpetrated in a patriarchal society.


**CELEBRATING 75 YEARS OF INDEPENDENCE**  
*Azadi Ka Amrit Mahotsav*

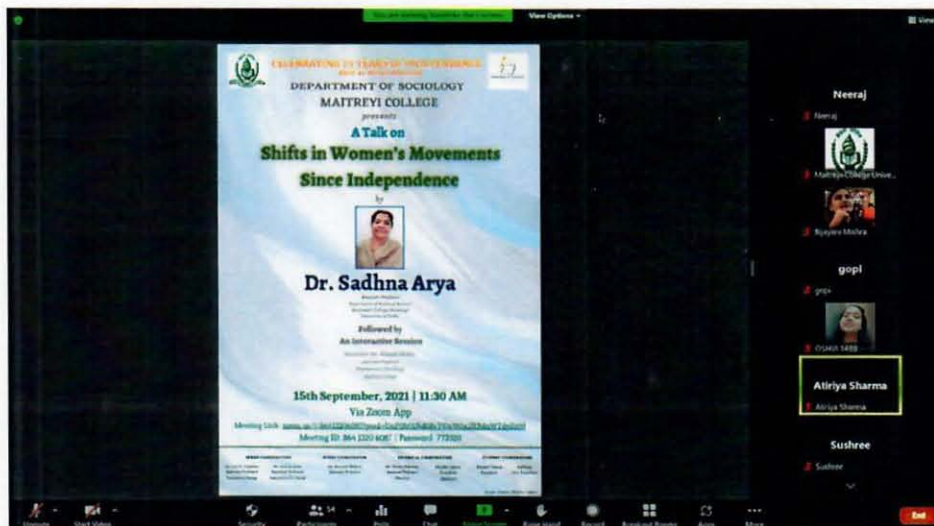

**DEPARTMENT OF SOCIOLOGY**  
**MAITREYI COLLEGE**  
*presents*  
**A Talk on**  
**Shifts in Women's Movements**  
**Since Independence**  
*by*  
  
**Dr. Sadhna Arya**  
*Associate Professor*  
*Department of Political Science*  
*Krishna College of Women*  
*University of Delhi*

**Followed by**  
**An Interactive Session**  
*Moderator: Ms. Nilgama Stalin*  
*Assistant Professor*  
*Department of Sociology*  
*Maitreyi College*

**15th September, 2021 | 11:30 AM**  
**Via Zoom App**  
 Meeting Link: [zoom.us/j/286413206087?pwd=UnF0b0lNblJ0bVY0eWpSczYkdzRkZEdoWTdpZz09](https://zoom.us/j/286413206087?pwd=UnF0b0lNblJ0bVY0eWpSczYkdzRkZEdoWTdpZz09)  
 Meeting ID: 864 1320 6087 | Password: 772320

MEETINGS COORDINATORS	EVENT COORDINATORS	TECHNICAL COORDINATORS	STUDENT COORDINATORS
Dr. Neeraj P. Tripathy Assistant Professor Teacher in Charge	Dr. Anurita Sahni Assistant Professor Assistant in Charge	Ms. Rajani Mishra Assistant Professor (Faculty)	Ms. Pooja Sharma Assistant Professor (Faculty)
		Khushi Goyal President (Student)	Khushi Tahir President Vice President (Student)

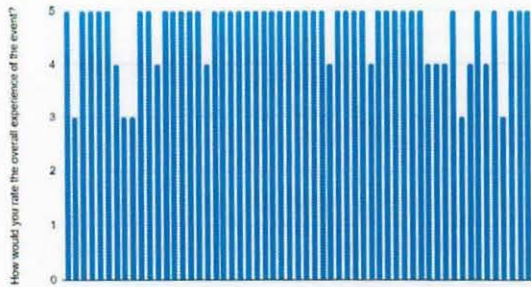
Academic Director, Maitreyi College



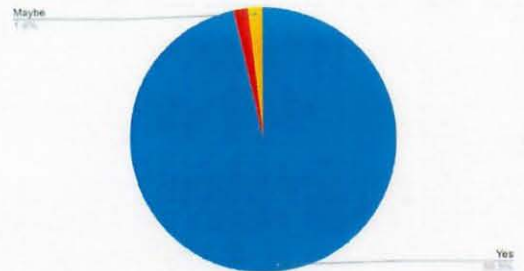
The screenshot shows a Zoom meeting in progress. The main content area displays the event poster for 'Shifts in Women's Movements Since Independence' by Dr. Sadhna Arya, scheduled for 15th September, 2021 at 11:30 AM. The poster includes the Zoom meeting link and ID (864 1320 6087). On the right side, a list of participants is visible, including Neeraj, Anurita Sahni, Rajani Mishra, Pooja Sharma, Khushi Goyal, Khushi Tahir, and Atirya Sharma. At the bottom, the Zoom interface shows various controls like 'Start Video', 'Security', 'Participants', 'Polls', 'Chat', 'Screen Share', 'Raise Hand', 'Sound', 'Breakout Rooms', 'Apps', and 'More'.



How would you rate the overall experience of the event?



Count of Did you find the discussion interactive and insightful?



*\*Participants rated the event out of 5.*

The event was attended by 103 students and 8 members of the faculty. It was an encouraging and insightful session, leaving the participants with many ideas to explore further. The participants felt that the theme of the event was significant, in the context of the celebration of 75 years of independence, the development in the women's movement should be encouraged and analysed.

#### List of Participants:

S.No.	Names (Students)	Members of Faculty
1	Sanjana	Dr. Gopi D Tripathy
2	Vanshika Jha	Dr. Anurita Jalan
3	Khushi Talwar	Dr. Aruna Grover
4	Sabhyta	Dr. Rashi Bhargava
5	Sneh Thapa	Mr. Pawan Harsana
6	Sushree Mukherji	Mr. Neeraj
7	Tanya Gupta	Ms. Aditi Narayani
8	Tonmoyee Borah	Ms. Bijayani Mishra
9	Urmi Emon Lukhurakhon	
10	Vidhi Dutt	
11	Yashika Yadav	
12	Zenab	
13	Mousumi Das	
14	Nupur Nandini	
15	Pooja	
16	Sara Khan	
17	Sristi Das	
18	Yachika Chaudhary	

19	Aadya Nath	
20	Abhilasha Thakuria	
21	Abhinandana Gogoi	
22	Akshita Talwar	
23	Ananyaa Anirudh	
24	Ankita Arvind	
25	Arisha Farooquee	
26	Ayesha Siddiqui Hussain	
27	Bharti	
28	Bharti Bansal	
29	Bidisha	
30	Chhime	
31	Debarati Mitra	
32	Devanshi Mehta	
33	Diane Z	
34	Jhanvi Gahlot	
35	Juhi Mazumdar	
36	Kavita Bhattarai	
37	Khushi Singh	
38	Kijum Haider	
39	Kunika Tyagi	
40	Mehika Mathur	
41	Nikita Sherley	
42	Muskan Vats	
43	Oshvi	
44	Pooja Sharma	
45	Prachi Shanker	
46	Priyadarshini	
47	Priyanka Kirar	
48	Ritika Chaudhary	
49	Ruth Banku Otu	
50	Saima Siddiqui	
51	Sakshi Ranjan	
52	Sakshi Singh	
53	Samridhi Baruah	
54	Sanjana Kalra	
55	Saumya Chauhan	
56	Shaheen	
57	Shivani Baruah	

58	Shreya Pal	
59	Shruti Singh	
60	Ria Rao	
61	Ashu Shami	
62	YahikaSirwani	
63	Jyoti Singh	
64	Anoushka	
65	Arunima Ranjan	
66	Garima	
67	Kanika	
68	Shivani Baruah	
69	Thamanna Zainab	
70	Ankit Tomar	
71	Aqsha Qureshi	
72	Dolly	
73	Guinea	
74	Muskan Makharia	
75	Rishika Deshwal	
76	Shweta Sankhwar	
77	Manisha Maitreyi	
78	Aishwarya Das	
79	Aishwarya	
80	Aqsa Qureshi	
81	Arzoo Yadav	
82	Chanchal	
83	Geetika Arora	
84	Manya	
85	Oppo (name not given)	
86	Pallavi Kumari	
87	Sapna	
88	Saroj Kumari	
89	Shallu Shirohiya	
90	Shraddha Banthiya	
91	Shreya Dixit	
92	Shreya Shukla	
93	Shweta Sankhwar	
94	Somya Nain Bishnoi	
95	Sonia Negi	
96	Sunanda	



97	Ranu Devi	
98	Shivani Singh	
99	Iphone (name not given)	
100	Vennela	
101	Neetu Chaudhary	
102	Joyce Lalnunpuii	
103	Gayatri	

**Event Details :**

**Date:** 15th September 2021

**Time:** 11:30 A.M. - 1:30P.M.


**Series Coordinators:** Dr. Gopi Devdutt Tripathy and Dr. Anurita Jalan

**Event Coordinator:** Ms. Bijayani Misra

**Technical Coordinators:** Mr. Pawan Harsana and Ms. Khushi Talwar

**Student Coordinators:** Khushi Talwar, Sabhyta, Vanshika, and Sanjana

**Platform:** Zoom App



Dr. Gopi Devdutt Tripathy  
Teacher In-Charge, Department of Sociology  
September 2021

# INTERNATIONAL WEBINAR ON MENTAL HEALTH FOR ALL - LET'S MAKE IT A REALITY

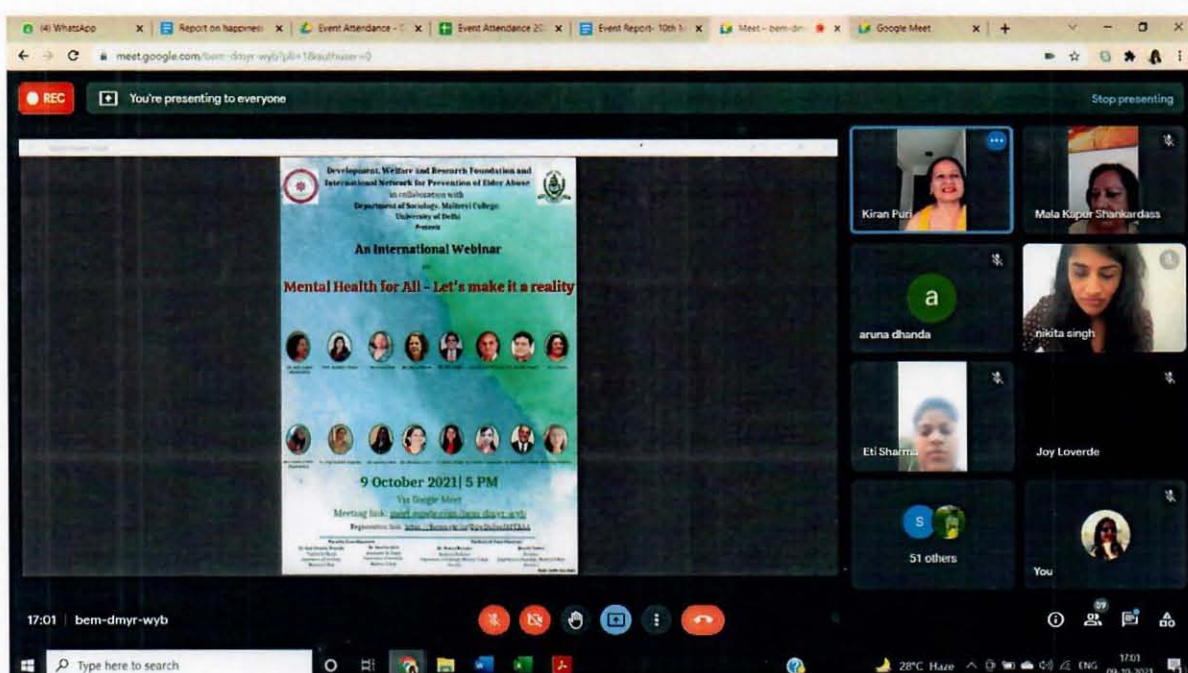
DATE OF EVENT: 9 October 2021

ORGANISED BY: Development, Welfare and Research Foundation  
and International Network for Prevention of Elder Abuse in collaboration with  
Department of Sociology

NAME OF RESOURCE PERSONS: Dr. Mala Kapur Shankardass, Prof. Haritma Chopra,  
Mrs Kiran Puri, Ms Susan Somers, Dr Jitendra Nagpal, Dr B P Singh, Col (Dr ) Rajesh  
Jasial, Dr S.Gupta, Trisha Pruthi Shankardass, Ms. Anupama Datta, Ms Nikita Singh, Dr  
Varsha Narayanan, Dr Avinash D'Souza, Ms Deepa Wadhwa, Dr. Gopi Devdutt Tripathy,  
and Dr. Anurita Jalan

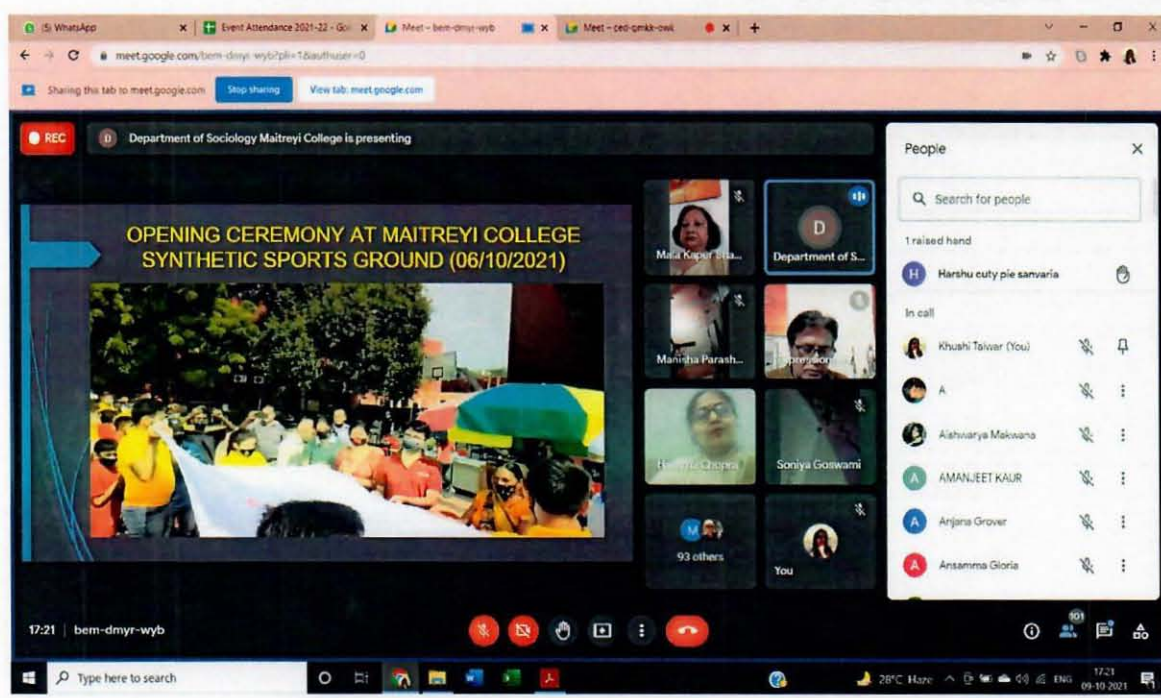
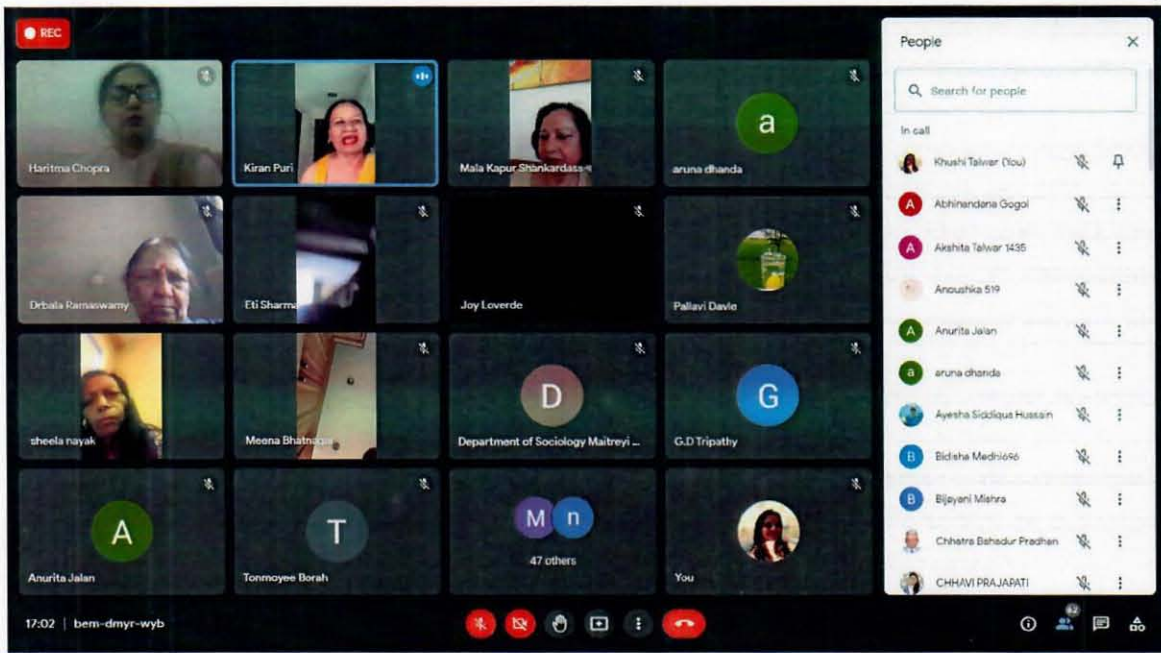
Number of participants: 125

On the eve of World Mental Health Day, i.e., 9th October 2021, an **International Webinar on 'Mental Health for All - Let's make it a reality'** was organized by the Department of Sociology, Maitreyi College, University of Delhi, in collaboration with Development, Welfare, and Research Foundation and International Network for Prevention of Elder Abuse (INPEA). A number of experts from the field of education, mental health, psychology, medicine, participated in the webinar and provided detailed knowledge on the issues of mental health among all age groups mainly with respect to the situation of COVID-19 pandemic.



The event was not only attended by students of various departments of Maitreyi College, but also by students and delegates from across India and abroad. Distinguished panelists from various fields graced the event. The event was moderated by Dr Mala Kapur Shankardass, Retd Associate Professor, University of Delhi, Health Social Scientist, International Consultant and Asia Representative, INPEA. Other panelists included Mrs Kiran Puri, Educationist and Director: Development, Welfare and Research Foundation and Ms Susan Somers, President, INPEA, New York; Dr. Haritma Chopra, Principal, Maitreyi College; Dr Jitendra Nagpal, Reputed National Psychiatrist and Incharge, Instt of Mental Health & Life Skills Promotion, Moolchand Medcity, New Delhi; Dr B P Singh, National and International Health Consultant, Meerut; Col (Dr ) Rajesh Jasial, Retd Army Officer, Administrator and Educationalist, Heading Schools in Chandigarh; Dr S.Gupta, Formerly Principal (actg.) & Associate Professor College of Nursing AIIMS; Trisha Pruthi Shankardass, marketing professional, Gurgaon; Ms. Anupama Datta, Head: Policy Research and Advocacy, HelpAge India; Ms Nikita Singh, international psychologist, well being specialist and Life Coach. London; Dr Varsha Narayanan, Consultant Family Medicine and Holistic Health Medical Expert - National Health Authority, Mumbai; Dr Avinash D'Souza, Geriatric Psychiatric, Mumbai; Ms Deepa Wadhwa, Sr. School Coordinator and English Language teacher at Cambridge School, Noida; Dr Gopi Devdutt Tripathi, Sociologist, Associate Professor, Maitreyi College, University of Delhi and Dr Anurita Jalan, Associate Professor, Maitreyi College, University of Delhi.

The event started with the welcome address of Mrs Kiran Puri who highlighted the topic of discussion of the event. The event, as mentioned by Mrs Puri, focused on the impact of pandemic on mental health and suggested holistic steps that can be taken towards dealing with it. Thereafter, Ms Susan Somers communicated her support for the event through a video message. Dr. Mala K. Sankardass, moderator, commented on a drastic change of attitude towards mental health issues during the pandemic and opened the floor for opening comments by Dr. Haritma Chopra. Dr Chopra highlighted the initiatives taken by Maitreyi College to spread happiness and ensure mental well-being: SASHAKT: Nodal Sports Centre for Persons with Disabilities and AASHAYEIN: Joy of Little Things. This was followed by the keynote address of Dr Jitendra Nagpal who emphasized on the role that voices of youth can play in improving mental health.



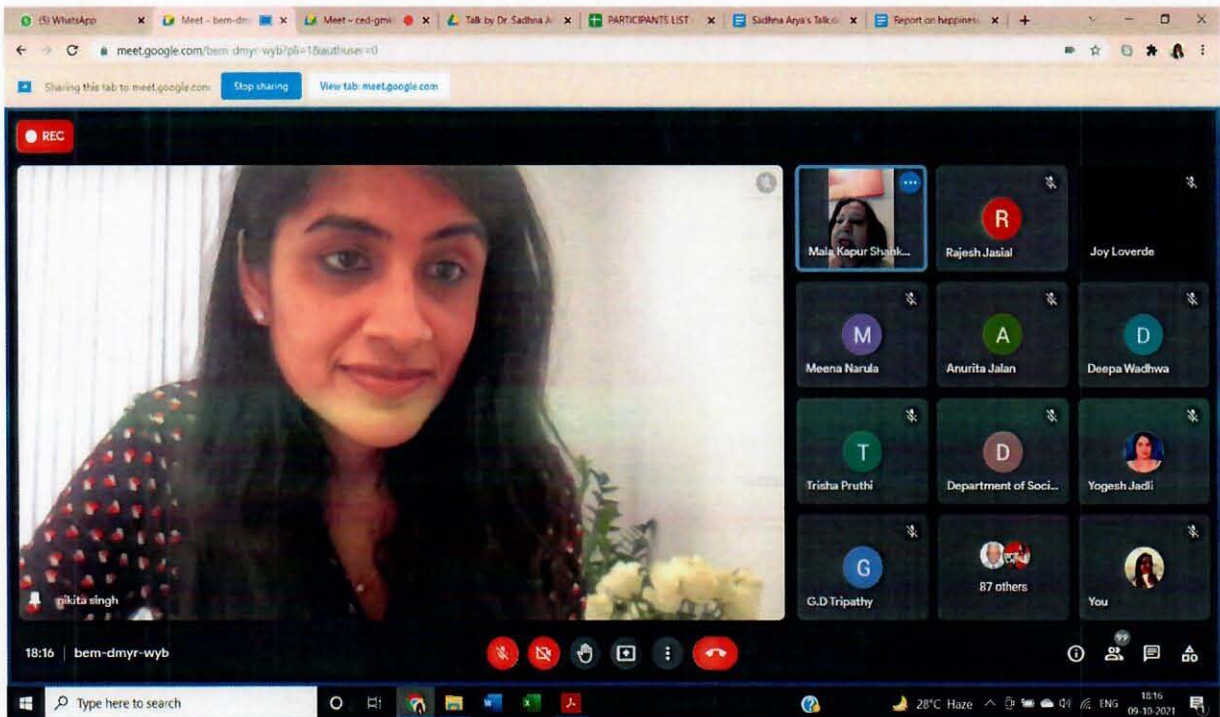
This was followed by the technical sessions. Mrs Trisha Pruthi Shankardass brought up the issue of lack of social exposure among young children during the pandemic. Ms. Deepa Wadha focused on the mental health issues among adolescents emerging from identity crisis, peer pressure and generational gap. Dr. Anurita Jalan highlighted how the pandemic is affecting the mental health of college students as they are isolated within home away from campus life. Col (Dr) Rajesh Jasial spoke on how educational institutions should deal with mental health issues by proceeding with patience and spreading positivity. Ms Nikita Singh introduced the methods for developing right neural pathways among children and adolescents for growth of healthy behavioral and adaptive skills

It was followed by the talk of Dr Gopi D. Tripathy who provided sociological insight to the mental health emerging among adults during pandemic, as a result of the economic setbacks. Dr Varsha Narayanan talked about mental stress and health issues in the adult population. She talked about sources of stress and suggested the measures that should be taken to deal with mental health problems in adults. This was followed by an interactive session where Ms. Nikita Singh, Dr Varsha Narayanan and Col (Dr) Rajesh Jasial answered the questions and gave their closing remarks.

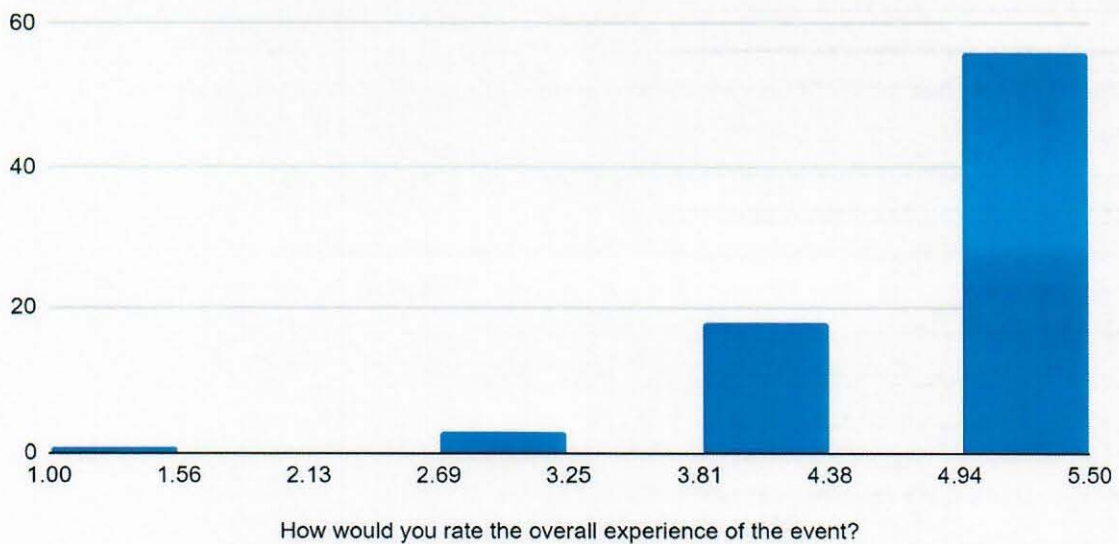
After that, we moved to the next part of the session which was about the mental health of older people. The next speaker Anupama Datta mentioned the problems faced by elderly people during the covid-19 pandemic. She further mentioned how mental health problems in the elderly not only affects them but also their caregivers. The next session was on Geriatric Mental Health, the need of the hour by Dr Avinash D'Souza. He gave a brief introduction to geriatric mental health and brought up the issue of lack of Geriatric health professionals in India. He mentioned that geriatric suicide is the most neglected area and geriatric mental health issues should be focused upon. Dr B P Singh gave a historical background of mental disorders followed by elaborating some acts and policies in the favor of mental health. After that, he elaborated on National Mental Health Problems, the components and activities planned in NMHP and levels of activities under NMHP. Dr Sandhya Gupta spoke on Institutional, Nursing and Community Approach to Mental Health Issues for All. She talked about the role of nurses in the promotion of mental health and the condition of mental health in the current scenario.

This was followed by an interactive session where Dr B P Singh and Dr Sandhya Gupta addressed the questions and comments mentioned in the chat box by other participants and gave their closing remarks.

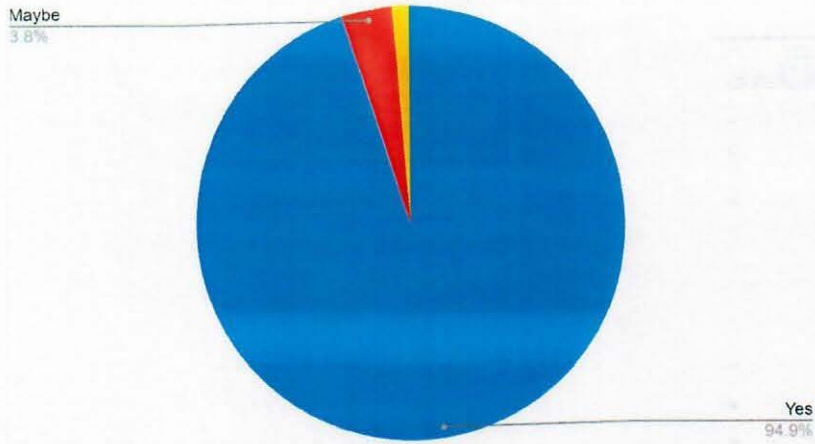
Dr Mala Kapur Shankardas appreciated and thanked all the speakers for their valuable time. All the participants also put their positive comments in the chat box. At the end of the session, Mrs Kiran Puri thanked all the speakers and made announcements regarding certificates and Closing of the Webinar.



Histogram of How would you rate the overall experience of the event?



Count of Did you find the session insightful?



**List of participants:**

S. No.	Internal	Faculty
1	Ayesha Siddiqua Hussain	Prof. Haritma Chopra
2	Pooja	Dr. Gopi D. Tripathy
3	Tannu Kumari	Dr. Anurita Jalan
4	Tanya Gupta	Dr. Aruna Grover
5	Ananya Anirudh	Dr. Rashi Bhargava
6	Sanjana	Mr. Pawan S. Harsana
7	Vanshika	Ms. Bijayani Mishra
8	Khushi Talwar	
9	Sabhyta	
10	Abhinandana Gogoi	
11	Sushree Mukherjee	
12	Sara Khan	
13	Ritika Chaudhary	
14	Mousumi Das	
15	Nikita Sherley	
16	Nupur Nandini	
17	Atiriya Sharma	
18	Ansamma Gloria	
19	Aruna Dhanda	
20	Bidisha Medhi	
21	B.P. Singh	

22	Chhatra Bahadur Pradhan	
23	Darshita Shah	
24	Deepa Wadhwa	
25	Devnarayan	
26	Divya B.	
27	Dr. Sandhya Gupta	
28	Dr. Bala Ramawamy	
29	Eti Sharma	
30	Expressions India	
31	Gina Bardelli	
32	Gurpreet Kaur Radhwa	
33	Haritha M.	
34	Harshu Cutie Pie Sanvaria	
35	Jagruti Dhankar	
36	Jahanavi Gandhi	
37	Jasmine Job	
38	Jayesh Patidar	
39	Jhanvi	
40	Joy Laverde	
41	J.P. Singh	
42	Kavita Kaushik	
43	Khushbu Parmar	
44	Kiran Puri	
45	Leena Poply	
46	Maitri Padhariya	
47	Maitri Patel	
48	Mamta Rishi	
49	Manisha Mehra	
50	Manisha Parashar	
51	Meena Bhatnagar	
52	Meena Bishnoi	
53	Meena Narula	
54	Mini Kapur	
55	Nikita Joshi	
56	Nikita Singh	
57	Nisa Zehra	
58	Padmashree Pandey	
59	Pallavi Davle	
60	Parika Bhatli	



61	Pramod Kumar Singh	
62	Pranitha Ramaswamy	
63	Pratiksha Palkar	
64	Preethachacko Chackot	
65	Priyanka Rathore	
66	Rajesh Jasial	
67	Ramankutty Thankamoney	
68	Rani Laxmi	
69	Ranjana Bhagat	
70	Ranjana Prajapati	
71	Rashmi More	
72	Ritu Bhasme	
73	Saloni Singh	
74	Sant Aakanksha	
75	Shekhar R.	
76	Shikha Goyal	
77	Shikha Gupta	
78	Shital Pethkar	
79	Shobha Gaikwad	
80	Shweta Yadav	
81	Simran Kaur	
82	Sonia Panwar	
83	Soniya Goswami	
84	Sr. Sheeba Mathew	
85	Suman Shankardass	
86	Sundari Apte	
87	Sunita Singh	
88	Trisha Pruthi	
89	Tushar Anand	
90	Varsha Narayan	
91	Vidya Wadhwa	
92	Vimala Mercy	
93	Yadav J.	
94	Yogesh Jadli	
95	Kanchan Kavita	
96	Anjum Nisha	
97	A Arora	
98	Akanksha Goriyan	
99	A.K. Yaduvanshi	

100	Dr. Asha Yadav	
101	Dr. Gupta	
102	Bhargavi C.N.	
103	Himanshu Kumar	
104	Junaid Saifi	
105	Kajal Choudhary	
106	Sarika Gujjar	
107	Shilpi Sarkar	
108	Tannu Prajapati	
109	Uma Chaudhary	
110	Vishal Kumar	
111	Swati Kashyap	
112	Riya Ratiyal	
113	Rajput Boy	
114	Ritesh Nimmi	
115	Kakali Sinha	
116	Aishwarya Makwana	
117	Amanjeet Kaur	
118	Anjana Grover	



**Dr. Gopi Devdutt Tripathy**  
**Teacher In-Charge,**  
**Department of Sociology**  
**2021-22**

**LAUNCH OF SOCIAL MEDIA INITIATIVE, PROJECT HAPPINESS  
*AASHAYEIN: JOY OF LITTLE THINGS***

**DATE OF EVENT: 9 October 2021**

**ORGANISED BY: Department of Sociology in collaboration with**

**Manodarpan, The Ministry Of Education, Government Of India Initiative**

**NAME OF RESOURCE PERSONS: Prof. Balaganapathi, Dr. Mala Kapur Shankardass,**

**Prof. Haritma Chopra, Dr. Gopi Devdutt Tripathy and Dr. Anurita Jalan**

**Number of participants: 79**

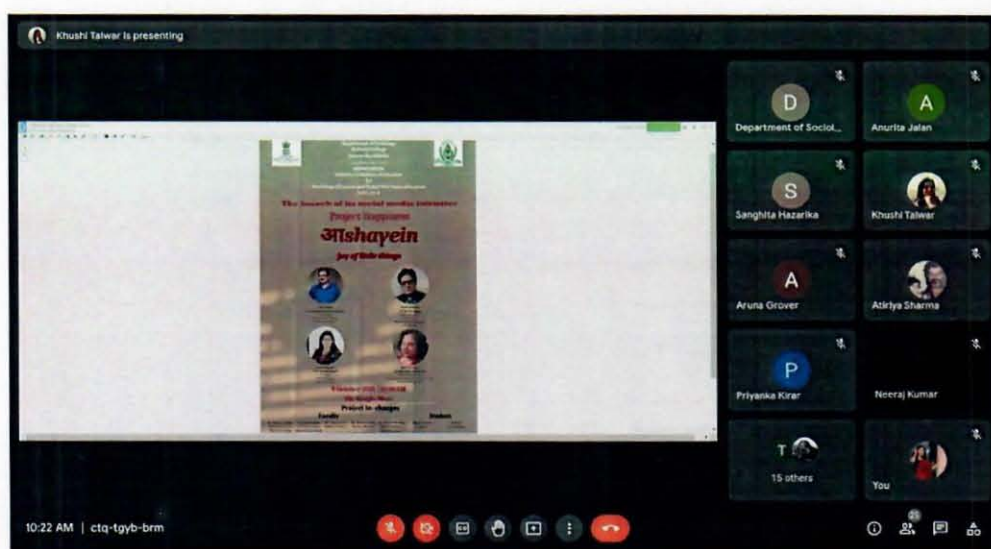
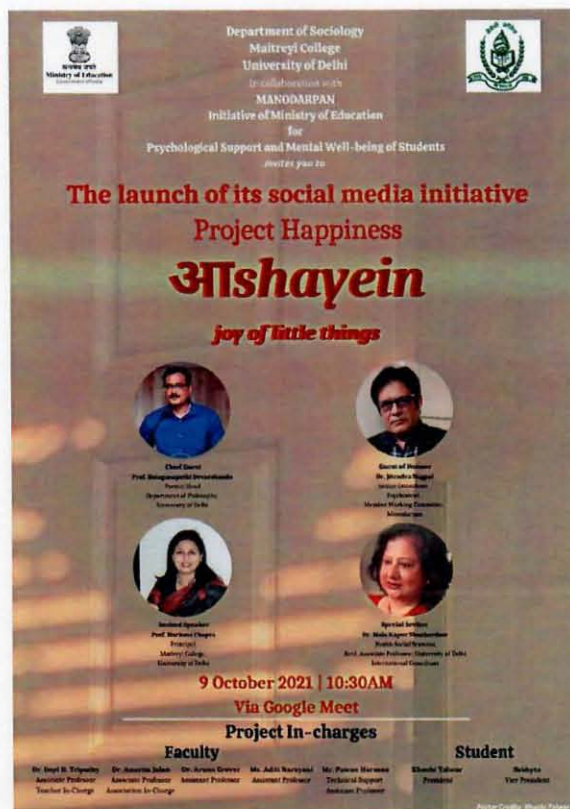
On the 9th of October 2021, the Department of Sociology, Maitreyi College, University of Delhi, organized the launch of its social media initiative under Project Happiness, *Aashayein: Joy of little things*. Students and members of the faculty of the department actively took part in the online discussion which started with an introduction of the theme by Dr. Gopi Devdutt Tripathy, the Teacher In-Charge of the Department of Sociology.

Following this, our Principal, Prof. Haritma Chopra, shed some light on how the activities and events conducted on the college campus contribute to everyone's happiness and well-being and how this initiative is important as it would be a platform for everyone to come together and express themselves. The Special Invitee for the event, Dr. Mala Kapur Shankardass, Health Social Scientist, Retd. Associate Professor, University of Delhi, and International Consultant briefed us about the conferences held in collaboration with Manodarpan in March and April, an initiative of the Ministry of Education for dealing with mental health concerns of school and college students.

This was followed by the Heads of the Project Happiness giving an insight into the campaign and a video was shown to give a glimpse of the project. Afterwhich, Prof. Balaganapathi launched the initiative.

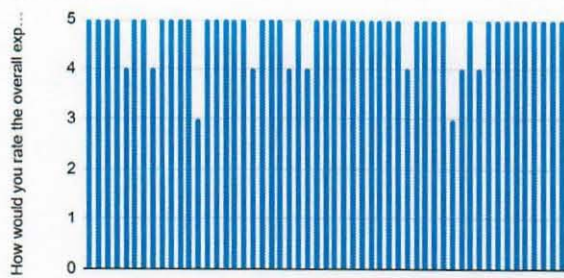
The event proceeded with a talk by Prof. Balaganapathi Devarakonda, Former Head, Department of Philosophy, University of Delhi. The theme of his talk was "Philosophy, Happiness, and Health: Reflections from Indian Tradition". His talk revolved around the context of happiness and well-being as mentioned in the Bhagavadgita. He also talked about the spiritual well-being of an individual. He used the term Sachidananda which means existence, consciousness, and

happiness. The talk was followed by an interactive session. Numerous observations and questions from the members of the faculty and the students were addressed.

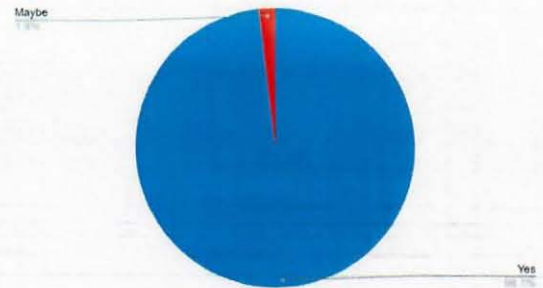




How would you rate the overall experience of the event?



Count of Did you find the session insightful?



*\*Participants rated their experience out of 5*

The event was attended by 71 students from various departments and 8 faculty members of the department. Overall the event was successful and smooth.

#### List of Participants:

S.No.	Name	FACULTY
1	Sanjana	Dr. Gopi D Tripathy
2	Vanshika	Dr. Anurita Jalan
3	Sabhyta	Dr. Aruna Grover
4	Khushi Talwar	Dr. Rashi Bhargava
5	Otu Ruth	Mr. Pawan Harsana
6	Prachi Shanker	Mr. Neeraj
7	Ria Rao	Dr. Aditi Narayani
8	Sara Khan	Ms. Bijayani Mishra
9	Sushree Mukherjee	
10	Saima Siddiqui	
11	Kavita Bhattarai	
12	Kunika Tyagi	
13	Mousami Das	
14	Nikita Sherley	
15	Nimisha Kukreja	
16	Nupur Nandini	
17	Oshvi	
18	Jhanvi Gahlot	
19	Juhi Mazumdar	
20	Jyoti Singh	

21	Kuhu Bawa	
22	Atiriya Sharma	
23	Ayesha Siddiqua Hussain	
24	Aadya Nath	
25	Ananya Upadhyay	
26	Ananyaa Anirudh	
27	Abhinandana Gogoi	
28	Ankita Arvind	
29	Devanshi Mehta	
30	Kijum Haider	
31	Mehika Mathur	
32	Navya Roy	
33	Shruti Singh	
34	Sneh Thapa	
35	Yashika Yadav	
36	Shivani Baruah	
37	Shreya Pal	
38	Sristi Das	
39	Tanya Gupta	
40	Tonmoyee Borah	
41	Vanya Sarna	
42	Yashika Sirwani	
43	Sakshi Ranjan	
44	Sakshi Singh	
45	Samridhi Baruah	
46	Sanghita Hazarika	
47	Sanjana Kalra	
48	Priyanka Kirar	
49	Rambha Jaiswal	
50	Garima Dabral	
51	Kanika Dahiya	
52	Anoushka	
53	Arunima Ranjan	
52	Tannu Kumari	
54	Bidisha Medhi	
55	Prof. Hartima Chopra	
56	Ranjana Sagar	
57	Nishigandha Bhuyan	
58	Diksha Tokas	

59	Jaishree Yadav	
60	Kaul Pratigya	
61	Anureema Bhattacharyya	
62	Bharat Patel	
63	Khushi Badiyal	
64	Bhoomika Maurya	
65	Anmol Chugh	
66	Shri Archie	
67	Sneha Shree Tomar	
68	Yashika Mehra	
69	Mallika Chaturvedi	
70	Dr. Mala Kapur Shankardass	
71	Prof. Balaganapathi Devarakonda	

909

**Dr. Gopi Devdutt Tripathy**  
**Teacher In-Charge,**  
**Department of Sociology**  
**Academic Year - 2021-22**



**Movie Screening: ‘Dr. Babasaheb Ambedkar’**  
**Celebrating 75 years of Independence:**  
**Azadi Ka Amrut Mahotsav**

**DEPARTMENT LEVEL**

**DATE: 10th November 2021**

**Name of the organising Department/Society: Sociology Department**

**Name of the convenor/coordinator of the event: Dr. Gopi D. Tripathy and Dr. Anurita  
Jalan**


**Resource Persons (along with their affiliation): N/A**

**Total Number of the participants/beneficiaries (with relevant proofs): 61**

On the 10th November 2021, the Department of Sociology, Maitreyi College, University of Delhi, organised the fourth event in the series titled “Celebrating 75 Years of Independence- Azadi Ka Amrut Mahotsav” for the academic session 2021-2022. The event comprised the screening of the movie, ‘Dr. Babasaheb Ambedkar’ followed by an interactive session. Students and members of the faculty of the department actively took part in the online event which started with an introduction to the theme, by Dr. Gopi Devdutt Tripathy, the Teacher In-Charge of the Department of Sociology.

In the first segment, the movie, ‘Dr Babasaheb Ambedkar’ was screened. This movie starring Mammooty, Sonali Kulkarni, and Mohan Gokhale among others explores multiple themes associated with the struggle for elementary human rights in India by weaving threads of caste, class, gender, religion, education, freedom, ethics, and justice into a poly-chromatic tapestry that provides food for thought. We see Ambedkar in different lights- as a brilliant scholar intent on proving his worth, a frustrated ‘Mahar’ unable to find lodging, a father wrecked by the misery of losing four of his children, a leader of the Depressed Classes aiming to improve a lot of his people, an opponent of Gandhi and the Congress party’s claims to represent all Indians, a dedicated lawyer, and charismatic speaker. The issue of untouchability is central to Ambedkar’s struggle. Its connection with religion, superstition, beliefs about the sacred and profane, opposition to modern ideas of rationalism, and associated suppression form the basis of Ambedkar’s arguments in the film.

The movie screening was followed by an interactive session moderated by Mr. Pawan Harsana, Assistant Professor in the Department of Sociology. Numerous observations and questions from the members of the faculty and the students were addressed.



**CELEBRATING 75 YEARS OF INDEPENDENCE**  
*Azadi ka Amrut Mahotsav*

**Department Of Sociology**  
**Maitreyi College**  
*presents*

**Screening of the Film**  
**Dr. Babasaheb Ambedkar**

**Followed by**  
**An Interactive Session**

Moderator: Mr. Pawan Harsana  
*Assistant Professor*  
*Department of Sociology*  
*Maitreyi College*

**10 November 2021 | 10:00 AM**  
**Via Zoom App**

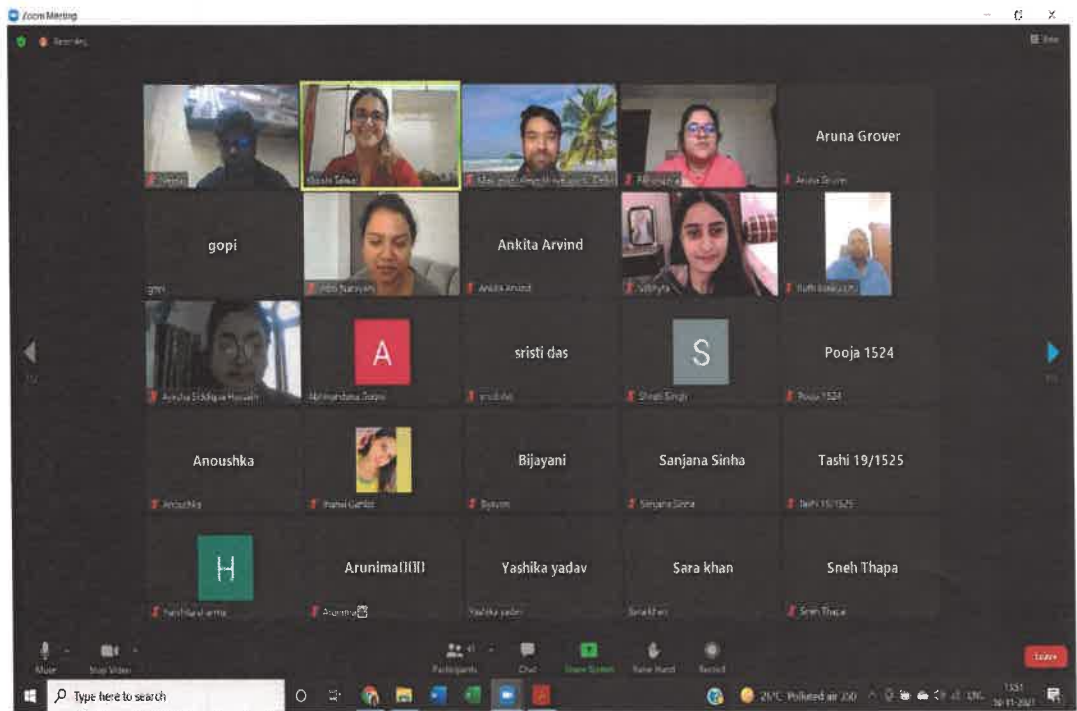
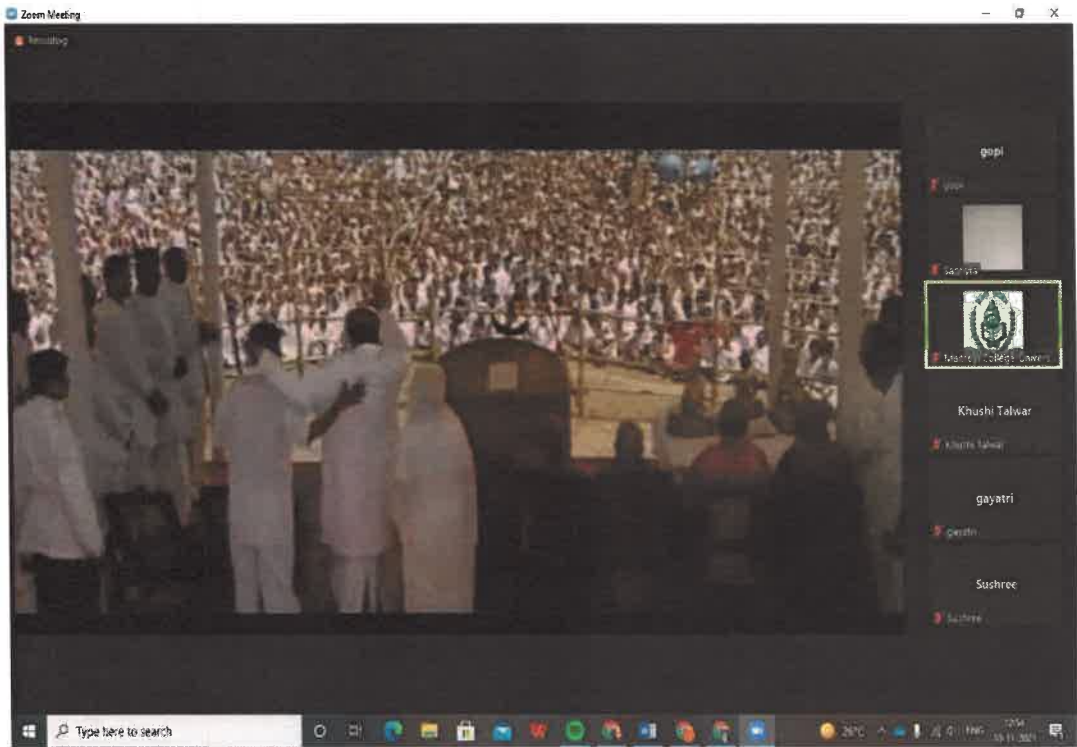
Meeting link: [zoom.us/j/85848667242?pwd=WEs3S1tS2lZ2FVY254MGpmbTZ4Zz09](https://zoom.us/j/85848667242?pwd=WEs3S1tS2lZ2FVY254MGpmbTZ4Zz09)  
Meeting ID: 858 4866 7242 | Passcode: 255582

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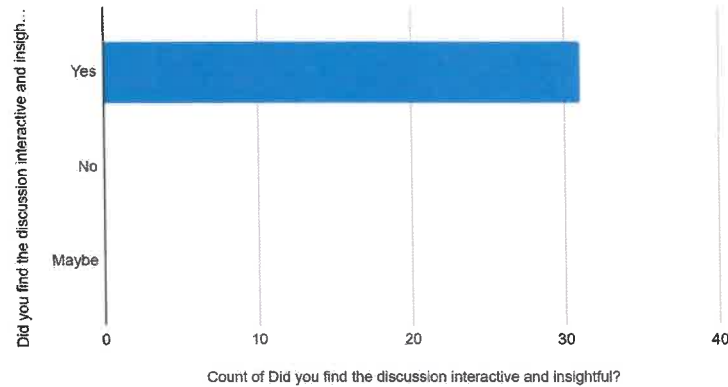
<b>SERIES COORDINATORS</b> Dr. Sushil Tripathi Associate Professor Teacher in-Charge	<b>DR. ANURAG JAIN</b> Associate Professor Assistant in Charge	<b>DR. PAWAN HARSANA</b> Assistant Professor	<b>TECHNICAL COORDINATORS</b> Dr. Pawan Harsana Substantive Professor (Faculty)	<b>Kaushal Talwar</b> President (Students)	<b>STUDENT COORDINATORS</b> Kaushal Talwar President Sociology Association	<b>Sakshya</b> Vice President Sociology Association
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Poster Credit: Anurag Jain

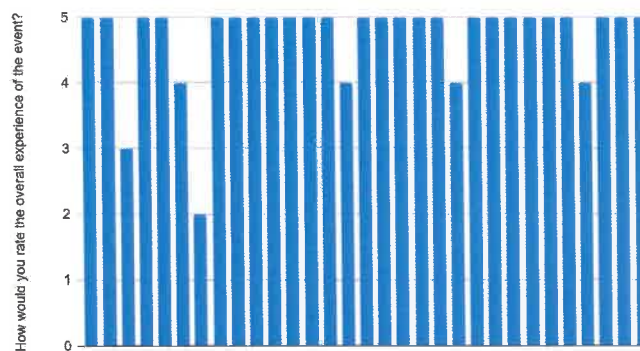




Count of Did you find the discussion interactive and insightful?



How would you rate the overall experience of the event?



\*Participants rated the event out of 5.

The event was attended by 53 students and 8 members of the faculty. It was an encouraging and insightful session, leaving the participants with many ideas to explore further. The participants felt that the theme of the event was significant, in the context of the celebration of 75 years of independence, the development in the women's movement should be encouraged and analyzed.

**LIST OF PARTICIPANTS:**

S. No.	Name of the students BA Sociology	Member of the faculty
1	Sanjana	Dr. Gopi D Tripathy
2	Vanshika	Dr. Anurita Jalan
3	Sabhyta	Dr. Aruna Grover
4	Khushi Talwar	Dr. Rashi Bhargava
6	Tanya Gupta	Mr. Neeraj
7	Pooja	Dr. Aditi Narayani
8	Oshvi	Ms. Bijayani Mishra

9	Kijum Haider	Mr. Pawan Harsana
10	Ria Rao	
11	Debarati Mitra	
12	Bharti Bansal	
13	Sakshi	
14	Prachi Shankar	
15	Shruti Singh	
16	Saima Siddiqui	
17	Urmi Emon	
18	Sushree Mukherjee	
19	Jhanvi Gahlot	
20	Anjali Yadav	
21	Ayesha Siddiqua Hussain	
22	Arisha Farooquee	
23	Akshita Talwar	
24	Sara Khan	
25	Divya Yadav	
26	Nimisha Kukreja	
27	Somya Singh	
28	Anoushka Sarma	
29	Kuhu Bawa	
30	Bidisha Medhi	
31	Aadya Nath	
32	Sanghita Hazarika	
33	Yashika Sirwani	
34	Sneh Thapa	
35	Sristi Das	
36	Arunima Ranjan	
37	Sakshi Ranjan	
38	Abhinandana Gogoi	
39	Ankita Arvind	
40	Tonmoyee Borah	
41	Tannu Kumari	
42	B Nikita Sherley	
43	Atiriya	
44	Otu Ruth Banku	
45	Yogita Yadav	
46	Jyoti Singh	
47	Tashi Wangmo Bhutia	

48	Muskan Vats	
49	Jyoti Singh	
50	Shivani Baruah	
51	Isha Sharma	
52	Bhoomika	
53	Gayatri	

**Dr. Gopi Devdutt Tripathy**

**Teacher In-Charge, Department of Sociology**

**Academic year: 2021-22**

# ORIENTATION FOR FIRST YEAR STUDENTS

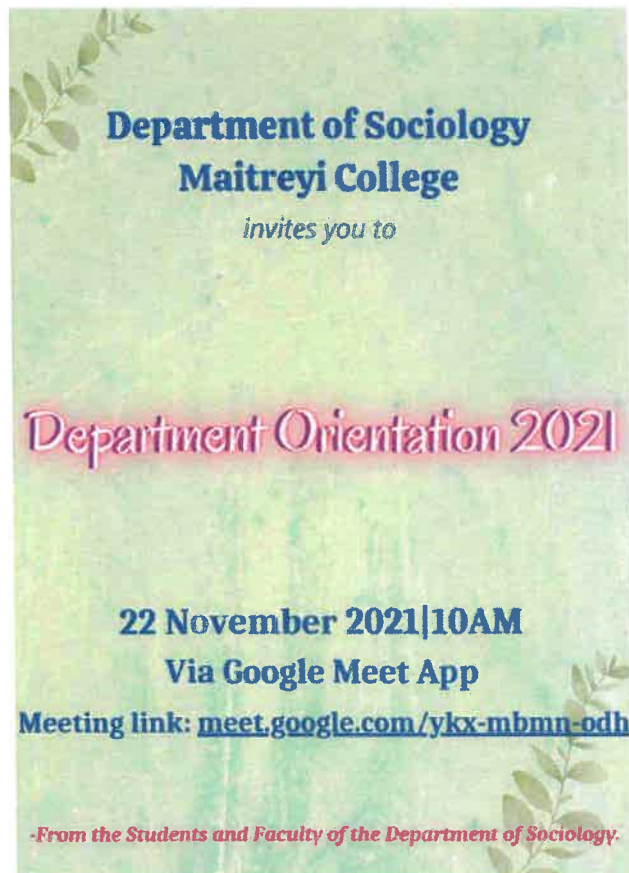
DATE OF EVENT: **22nd November, 2021**

ORGANISED BY : **DEPARTMENT OF SOCIOLOGY**

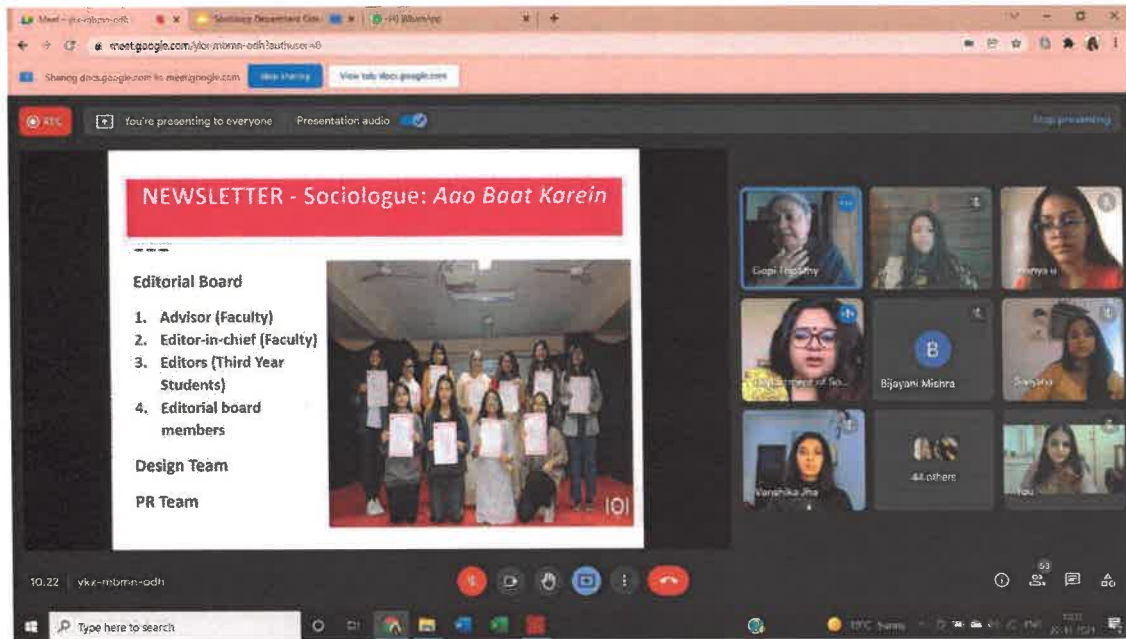
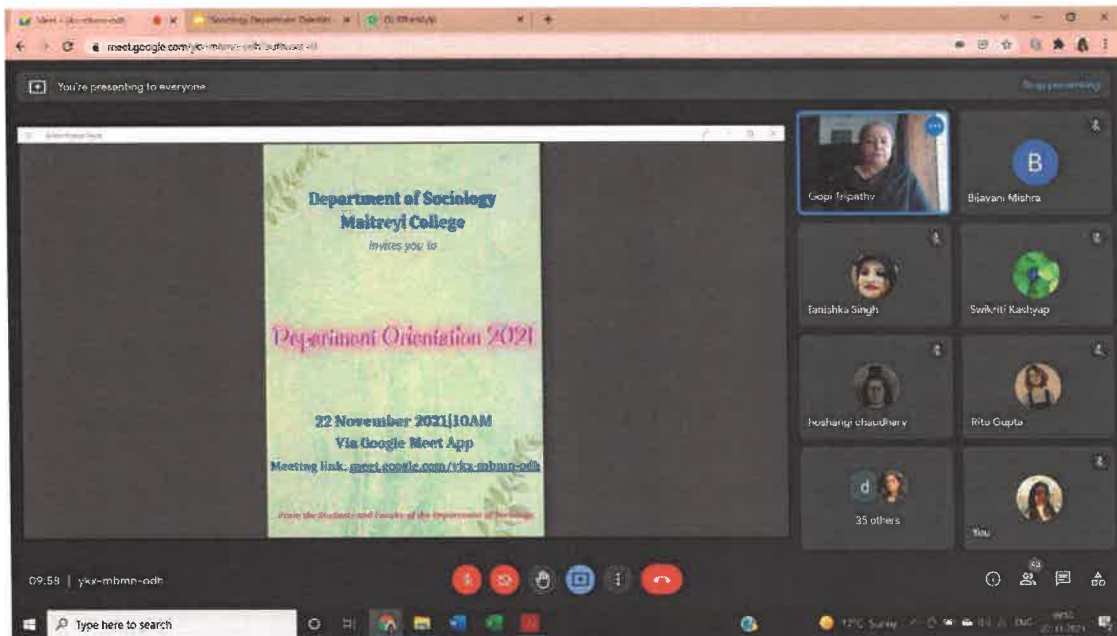
NUMBER OF PARTICIPANTS: **51**

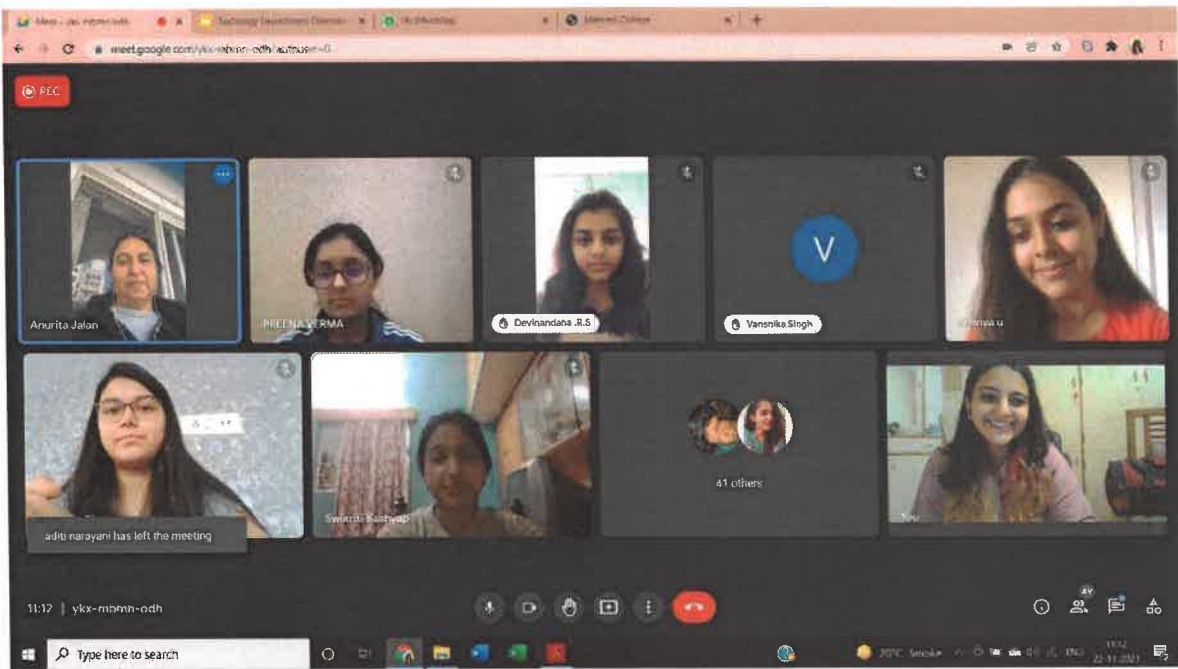
The Department of Sociology, Maitreyi College, conducted an orientation for its freshers on 22nd November 2021, at 10 am. The programme commenced with a welcoming address by Dr. Gopi Devdutt Tripathy, Teacher-in-charge of the Sociology Department. Dr. Tripathy briefed the first-year students about the functioning of department activities and events and also delivered a power-point presentation to give a glimpse of the Department's vision, activities, and functioning.

This was followed by Dr. Anurita Jalan and Dr. Aruna Grover wherein they informed the students about their timetable and course schedule. Dr. Aruna Grover and Dr. Anurita Jalan proceeded by giving an in-depth understanding of the various papers to be studied in the course of 3 years such as core papers, DSEs, SECs and Generic Electives, followed by the timetable and assessment guidelines. Thereafter, the Association members of the Department welcomed the students and explained the organisational structure of the department and also spoke about the various initiatives taken by the students and the faculty along with their experiences in the Department. Then various comments, questions and observations from the new students were undertaken and their queries were resolved by the teachers and the association members. On a final note, the programme ended with the President, Khushi Talwar, giving a vote of thanks and extending a warm welcome to the new students.

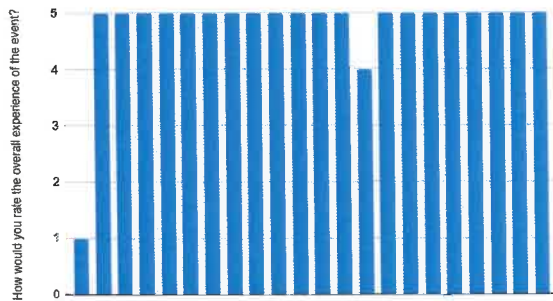








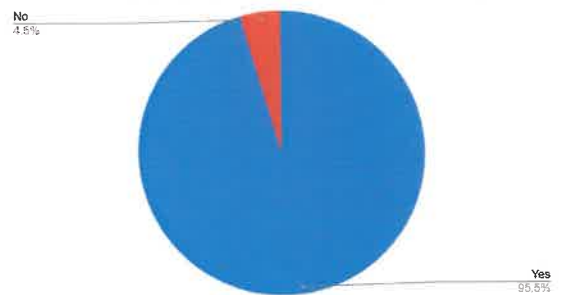
How would you rate the overall experience of the event?



*\*Participants*

*rated the event out of 5.*

Count of Did you find the discussion interactive and insightful?



The event was attended by 43 students and 8 members of the faculty and was an insightful session.

**LIST OF PARTICIPANTS:**

<i>S.no.</i>	<i>Name of the Students</i>	<i>FACULTY</i>
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	<i>BA Sociology</i>		
1	Sanjana	1	Dr. Gopi D Tripathy
2	Vanshika Jha	2	Dr. Anurita Jalan
3	Sabhyta	3	Dr. Aruna Grover
4	Khushi Talwar	4	Dr. Rashi Bhargava
6	Ananya U	5	Mr. Neeraj
7	Astha Jaiswal	6	Dr. Aditi Narayani
8	Astha Priva	7	Ms. Bijayani Mishra
9	Bhumika Puri	8	Mr. Pawan Harsana
10	Deepti Sinha		
11	Devinandana.R.S		
12	Garima Rana		
13	Guldasta Amin		
14	Heena Chauhan		
15	Hoshangi Chaudhary		
16	Ishika		
17	Janhvi Kathoria		
18	Janvi Chauhan		
19	Kago Saya		
20	Kavita Yadav		
21	Ananya Anirudh		
22	Komal Rajput		
23	Manimso		
24	Mehak Bahl		
25	Mrinalini		
26	PREENA VERMA		
27	Priyanka Devalla		
28	Priyanka Sehwat		
29	Rahat Javed		
30	Rhythm Sharma		
31	Ritu Gupta		
32	Rushali Singh		
33	Sadia Hussain		
34	Sana Sethi		
35	Sanya Juneja		
36	Sharon Lazres		
37	Shobhna Sharma		
38	Suchitra Khundrakpam		
39	Swikriti Kashyap		
40	Tanishka Singh		
41	Vaasu Saumedhika		

42	Vanshika Singh		
43	Vilaksha Saini		

**App Used** - Google Meet App (<https://meet.google.com/ykx-mbmn-odh>)

**Dr. Gopi Devdutt Tripathy**

**Teacher In-Charge, Department of Sociology**

**Academic Year: 2021-22**

# DEPARTMENT FRESHERS FOR FIRST YEAR STUDENTS

## DEPARTMENT LEVEL

**DATE: 12<sup>th</sup> January 2022**

**Name of the organizing Department/Society: Sociology Department**

**Name of the convenor/coordinator of the event: Dr. Gopi D. Tripathy and Dr. Anurita Jalan**

**Resource Persons (along with their affiliation): N/A**

**Total Number of the participants/beneficiaries (with relevant proofs): 81 (refer to table 1)**

**Number of the participants/beneficiaries from college: 81**

The Department of Sociology, Maitreyi College organised the *Freshers' Welcome* on 12 January 2022 via Zoom App. The event started at 10:00 in the morning and was attended by 81 participants including students from all three years and the faculty members of the Department.

The freshers began with the announcement of the result of the joint secretary elections which were held a day prior via Google forms. Preena Verma was elected as the joint secretary.

The office bearers along with the help of second and third-year students gave a virtual warm welcome to the fresh batch. The event started with an introduction of the first-year students, followed by an entertainment programme put together by the second and third years. Miss Fresher Competition was also conducted. Comprising three rounds- the first round being the introductory round. The second round was a talent round wherein every contestant had to showcase their singing or dancing skills. Three contestants were finalised who went ahead with the situational round. The final round required the participants to analyse a situation and offer a solution as they deemed fit, after which Mehdia was crowned as Ms. Fresher.

Overall, it was a memorable experience for the Freshers as well as other students. The programme ended with the President, Khushi Talwar, giving a vote of thanks and extending a warm welcome to the new students.

DEPARTMENT OF SOCIOLOGY  
MAITREYI COLLEGE

*invites everyone to*

# FRESHERS' 22

**Miss Fresher Competition!**

**12 JANUARY 2022 | 10 AM**

**via ZOOM APP**

**Meeting Link- .zoom.us/j/85453344902pwd=c0ZFeERGYUJabThVemhIU5RmxGUT09**

**Meeting ID- 854 5334 4902 | Passcode- 183410**

*You people made us seniors and, big positions come with big responsibilities and, one of them is comforting you in all times.*

*Love,  
Seniors*

**Online Meeting Link:**

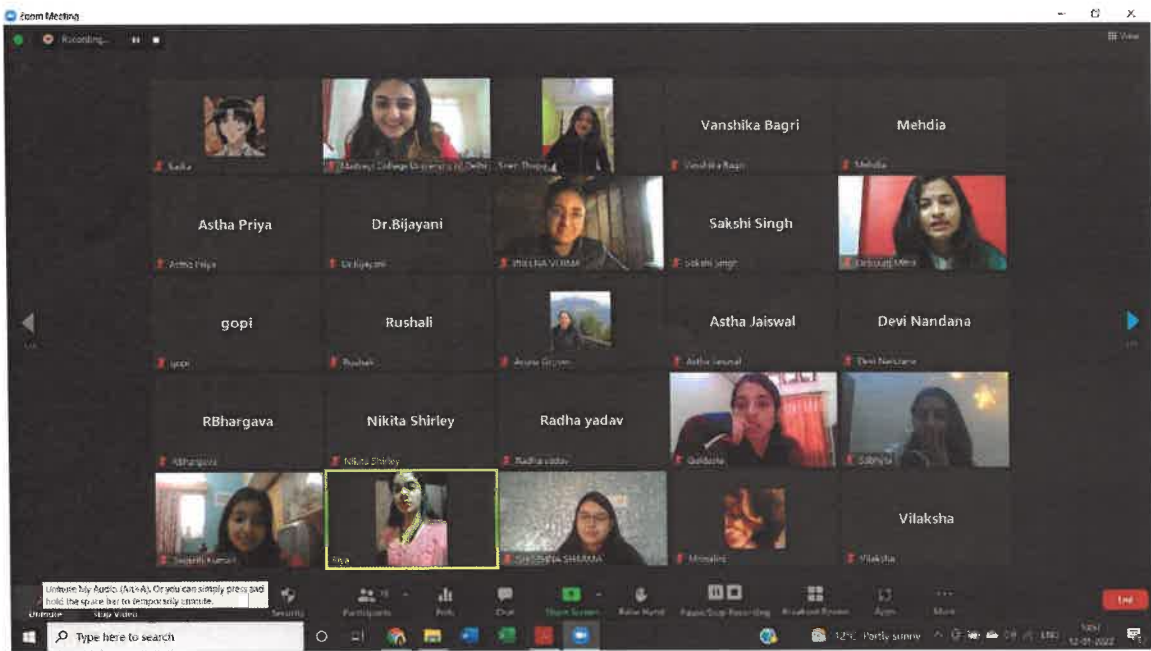
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Meeting ID- 854 5334 4902

Passcode- 183410

**Images of the Event:**





**LIST OF PARTICIPANTS: (Table 1)**

S.no.	Name of Students BA Sociology	Faculty
1	Mehdiya	Dr. Gopi D. Tripathy
2	Sneh Thapa	Dr. Anurita Jalan
3	Aadya Nath	Dr. Rashi Bhargava
4	Aditi	Dr. Aruna Grover
5	Akshita Talwar	Mr. Pawan Harsana
6	Anjali Singh	Dr. Neeraj Kumar
7	Ankita Arvind	Dr. Bijayani Mishra
8	Anoushka	Dr. Aditi Narayani
9	Astha Jaiswal	
10	Ayesha Siddiqua Hussain	
11	Bharti	
12	Bhumika	
13	Bidisha	
14	Debarati Mitra	
15	Deepti	
16	Deepti Sinha	
17	Devi Nandana	
18	Guldasta	
19	Heena Chauhan	
20	Hoshangi	
21	iPhone 11	
22	Ishika	

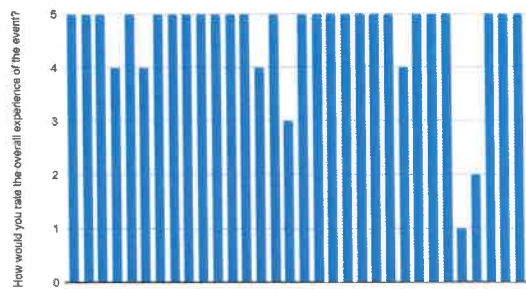


23	Janvi		
24	Jhanvi		
25	Kaveri Mishra		
26	Kavita		
27	Kavita Bhattarai		
28	Kijum Haider		
29	Komal Rajput		
30	Kunika Tyagi		
31	Manimso		
32	Mrinalini		
33	Muskan		
34	Nikita Shirley		
35	Nimisha		
36	Preena Verma		
37	Priyanka		
38	Priyanka Devalla		
39	Priyanka Kirar		
40	Priyanshi Meena		
41	Radha Yadav		
42	Rahat		
43	Rhythm		
44	Ria Rao		
45	Ritu Gupta		
46	Riya		
47	Rushali		
48	Sadia		
49	Saima Siddiqui		
50	Sakshi Singh		
51	Sana		
52	Sanjana		
53	Sanya Juneja		
54	Sharon Lazres		
55	Shivani Baruah		
56	Shivangi		
57	Shobhna Sharma		
58	Shreya Pal		
59	Srishty Singh		
60	Shruti Singh		
61	Suchitra Khundrakpam		
62	Sushree		
63	Swikirti Kumari		
64	Tanya Gupta		

65	Vanshika		
66	Vanshika Bagri		
67	Vilakshi		
68	Sabhyta		
69	Khushi Talwar		
70	Vanshika		
71	Astha Priya		
72	Namrata Kalita		
73	Samridhi Baruah		

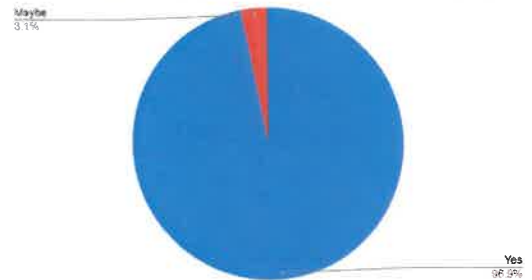
**Feedback Analysis:**

How would you rate the overall experience of the event?



\*Participants rated the event out of 5.

Count of Did you find the discussion interactive and insightful?



**Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc):**

The freshers programme enabled all the students and faculty members to get to know the first year students better and make them familiar with the department activities.

Name of the Prize holders (if any) alongwith their affiliation : Mehdia won the Miss Fresher Competition.

*Anurita Jalan*

Signature of the Convener

# **CELEBRATING 75 YEARS OF INDEPENDENCE**

## **AZADI KA AMRUT MOHATSAV**

Telling Untold Stories: Adivasi Women's Resistance and Resilience in Central India (1990)

### **DEPARTMENT LEVEL**

**DATE: 20<sup>th</sup> January 2022**

**Name of the organising Department/Society: Sociology Department**

**Name of the convener/coordinator of the event: Dr. Gopi D. Tripathy and Dr. Anurita Jalan**

**Resource Persons (along with their affiliation): Sharanya**

**Total Number of the participants/beneficiaries (with relevant proofs): 102 (refer to table 1)**

**Number of the participants/beneficiaries from college: 89**

The Department of Sociology, Maitreyi College organised the fifth event in the lecture series "75 Years of Independence: Women During the Freedom Struggle and After". The theme of this talk was "Telling Untold Stories: Adivasi Women's Resistance and Resilience in Central India (1990)". The event started at 10:00 in the morning and was attended by 102 participants including students from all three years and the faculty members of the Department and students from various other departments.

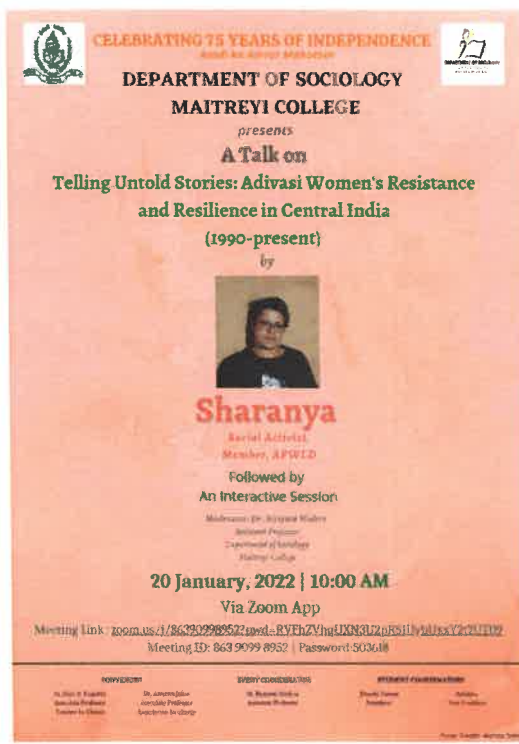
Sharanya was once an aspiring journalist. She is now learning to become a farmer and a cultural activist. She holds an LLB (Hons) and a Masters in Conflict and Peace Studies. She is also a member of the Asia Pacific Forum on Women, Law and Development (APWLD) since 2018, a forum of radical feminists. Sharanya has lived and worked with adivasi communities of southern Odisha since 1999 and has worked with Adivasi communities across Rayagada, Malkangiri, Bastar and Koraput on issues ranging from land, forest, language, mining resistance and culture. She quit her job in 2015 and moved to a farm in an Adivasi village 10 kms from Koraput town. Sharanya farms there along with three other Adivasi and Dalit families who have formed a nascent farming commune called Rangmatipadar and continues her engagement with Adivasi communities.

Sharanya started the talk by reflecting on the etymological meaning of the term 'Adivasi'. Students also reflected on the term and put up their views about the term 'Adivasi'. The speaker highlighted the distinctive culture, education and political system of Adivasis and

took us on a journey of different narratives since the 1990s. She repeatedly stressed how untrue the marginalisation of Adivasis is and how the mainstream is at fault for forcefully putting the Adivasis on the sidelines and getting an upper hand on the whole education, political, social and economic systems. She supported her arguments by giving examples of 'Factory Schools'. According to Adivasis, the mainstream people run factory schools as there is no flexibility of rethinking on different opinions, theories and concepts and hence all the mainstream people think and act alike. Through various real life examples, Sharanya stated how the mainstream needs to change their attitude towards Adivasis and how there is so much to learn from them. She continued this by stating about 'production'. Adivasis are self-sufficient and very much able to produce their daily needs. On the other hand, mainstream people can't even get through a day without a penny. The speaker also shed light on the factors of marginalisation of Adivasis, namely colonisation, industrialisation and emigration. These factors led to the ownership of the forest from Adivasis to the state which made Adivasis aliens on their own land and termed them as "Encroachers". The laws and policies initiated by states are not designed according to the needs of the Adivasis but are based on the mainstream assumptions and hence does not contribute to their development. This is how their mental, physical, and economic space gets violated by the state and the mainstream. She gave a horrific example of Kalinganagar where many Adivasis protested against the steel plant project sanctioned by the state over the ancestral land of Adivasis. Not only this but many unspoken names like Phulo and Jhano (belonged to Murmu clan of Santhal tribe) were also mentioned by the speaker. She concluded by quoting BD Sharma- "Tribal life is unbroken history with broken promises".

After the stimulating talk by Sharanya, students put up many questions regarding the Adivasis. The speaker addressed them wonderfully.

Overall, it was truly a thought-provoking and enlightening talk. The programme ended with the Joint Secretary, Preena Verma, giving a vote of thanks and extending a warm welcome to the new students.



**Online Meeting Link:**

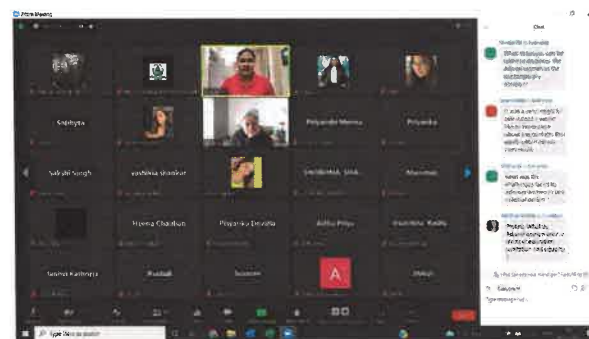
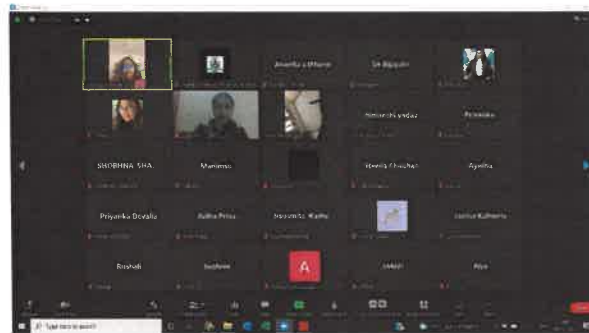
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Meeting ID- 863 9099 8952

Passcode- 503618

**Images of the Event:**





**LIST OF PARTICIPANTS: (Table 1)**

S.no.	Internal	External	Faculty
1	Abhinandana Gogoi	Anjali Vaish	Dr. Gopi D. Tripathy
2	Aditi	Astha Gupta	Dr. Anurita Jalan
3	Aditi Negi	Disha Singh	Dr. Rashi Bhargava
4	Ananya Upadhyay	Gauravi Bharuka	Dr. Aruna Grover
5	Ananyaa Anirudh	Geetha Anupindi	Dr. Bijayani Mishra
6	Android Bluedroid	Harshita Sharma	Mr. Pawan Harsana

7	Anushka Khushi	Kashish	Dr. Neeraj Kumar
8	Anoushka	Megha	Dr. Aditi Narayani
9	Astha Jaiswal	Prisha	
10	Astha Priya	Priya Tripathy	
11	Bharti	Shariya	
12	Bharti Bansal	Thamanna Zainab	
13	Bidisha	Ujwala	
14	Deepti Sinha		
15	Devanshi		
16	Devi Nandana		
17	Guldasta		
18	Divya Yadav		
19	Garima		
20	Heena Chauhan		
21	Hoshangi		
22	Janvi		
23	Ishika		
24	Jisusmita Kashyap		
25	Kago Saya		
26	Kaveri Misra		
27	Kavita		
28	Khushi Badiyal		
29	Kijum Haider		
30	Komal Rajput		
31	Manimso		
32	Manya Chaudhary		
33	Mehdia		
34	Mrinalini		
35	Muskan		
36	Oshvi		
37	Pooja Sharma		
38	Preena Verma		

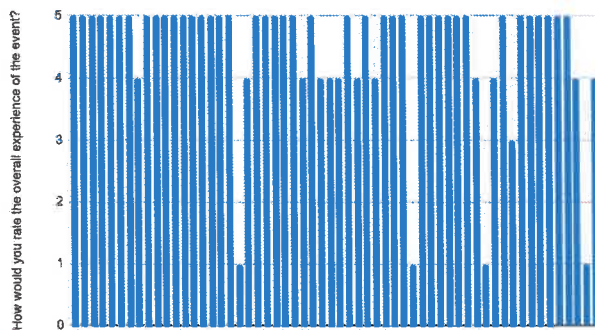
39	Priyanka Devalla			
40	Priyanka			
41	Priyanshi Meena			
42	Radha Yadav			
43	Rahat			
44	Rambha Jaiswal			
45	Rhythm			
46	Ritu Gupta			
47	Riya			
48	Rushali			
49	Ruth Banku Otu			
50	Sabhyta			
51	Sadia			
52	Saima Siddiqui			
53	Sanya Juneja			
54	Sara Khan			
55	Shaheen			
56	Sweta Chauhan			
57	Sharon Lazres			
58	Shivangi			
59	Shobhna Sharma			
60	Shreya Pal			
61	Shristy Singh			
62	Shruti Singh			
63	Sneha Antal			
64	Sristi Das			
65	Suchitra Khundrakram			
66	Sushree			
67	Swikirti Kumari			
68	Vanshika Bagri			
69	Vilaksha Saini			
70	Yashika Sirwani			



71	Yashika Yadav			
72	Garima Rana			
73	Jhanvi Gahlot			
74	Khushi Talwar			
75	Sabhyta			
76	Vanshika			
77	Sanjana			
78	Janhvi Kathoria			
79	Vaishnavi Mishra			
80	Yashika Shankar			
81	Tanishka Singh			

### Feedback Analysis:

How would you rate the overall experience of the event?



*\*Participants rated the event out of 5.*

### Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc):

The attempt in this lecture was to throw light upon the untold narratives of adivasi women's resistance and the resilience in Central India since 1990 till date. It is important that their struggles and their moments of unconditional bravery become a part of our collective memories.

*LDI*

*Anurita Talwar*

Signature of the Convenor

*Anurita Talwar*

**CELEBRATING 75 YEARS OF INDEPENDENCE:  
AZADI KA AMRUT MAHOTSAV  
Dalit Women Heroes and National Struggle**

**DEPARTMENT LEVEL**

**DATE: 9<sup>th</sup> February 2022**

**Name of the organising Department/Society: Sociology Department**

**Name of the convenor/coordinator of the event: Dr. Gopi D. Tripathy and Dr. Anurita Jalan**

**Resource Persons (alongwith their affiliation): Prof. Badri Narayan, Professor and Director at the G.B. Pant Social Science Institute in Allahabad**

**Total Number of the participants/beneficiaries (with relevant proofs): 78 (refer to table 1)**

**Number of the participants/beneficiaries from college: 78**

On the 9th of February 2022, the Department of Sociology, Maitreyi College, University of Delhi, organized the sixth lecture in the series titled, “75 Years of Independence - Women During the Freedom Struggle and After”. The talk titled, “Dalit Women Heroes and National Struggle” was delivered by Prof. Badri Narayan, Director, G.B. Pant Social Science Institute in Allahabad. Students and members of the faculty of the department actively took part in the talk which started with an introduction to the theme by Dr. Gopi Devdutt Tripathy, the Teacher In-Charge of the Department of Sociology.

Prof. Badri Narayan is currently a Professor and Director at the G.B. Pant Social Science Institute in Allahabad. A noted social historian and cultural anthropologist, he is an author of a large number of critically acclaimed books. He has been a recipient of many prestigious fellowships including a fellow at the Indian Institute of Advanced Study in Shimla (1998-99), a Visiting Fellow at the International Institute of Asian Studies in the University of Leiden, The Netherlands (2002) and HGIS Fellow at the Royal Tropical Institute in Amsterdam (2001). He was also a recipient of the Fulbright Senior Fellowship (September 2005-April 2006) and the Smuts Fellowship of the University of Cambridge (February 2007 – October 2007). He has authored a large number of political opinion pieces for reputed newspapers of the country. His areas of interest range from culture, memory and politics, contemporary histories, ethnography of marginalized politics, social and anthropological history, Dalit and subaltern issues to identity formation and the question of power.

In the first part of the talk, Prof. Badri Narayan shed light upon the untold narratives of women's resistance and resilience in India before Independence and during the freedom struggle. Secondly, he spoke about how we fail to look at the counter-narratives of the freedom struggle and how the voices from the margins, such as the women, the Dalits and the Adivasis remain unheard to date. In this context, he spoke extensively about Jhalkaribai and her significant role in the Indian Rebellion of 1857. Along with that, he also mentioned Begum Hazrat Mahal and her role in the freedom struggle. In the second half of the talk, he mainly focussed on the role of the marginalized in the struggle for Independence and their status in the present times. Prof. Badri Narayan also spoke about the meaning of Swaraj (independence) for the Dalit.

Prof. Badri Narayan's talk was followed by an interactive session moderated by Dr Aditi Narayani, Assistant Professor in the Department of Sociology. A large number of questions posed by the faculty members and students were addressed. They were on the lines of various political, social and cultural issues concerning the Dalits in India. The insightful interaction provided the participants with a multitude of ideas to explore and ponder upon. Overall, the event was a success.

### Online Meeting Link:

<https://us06web.zoom.us/j/83464857029?pwd=R2NRVXUzd1owem9mTGZ2L0hDY002OT09>

Meeting ID- 834 6485 7029

Passcode- 877435

### Images of the Event:





### LIST OF PARTICIPANTS: (Table 1)

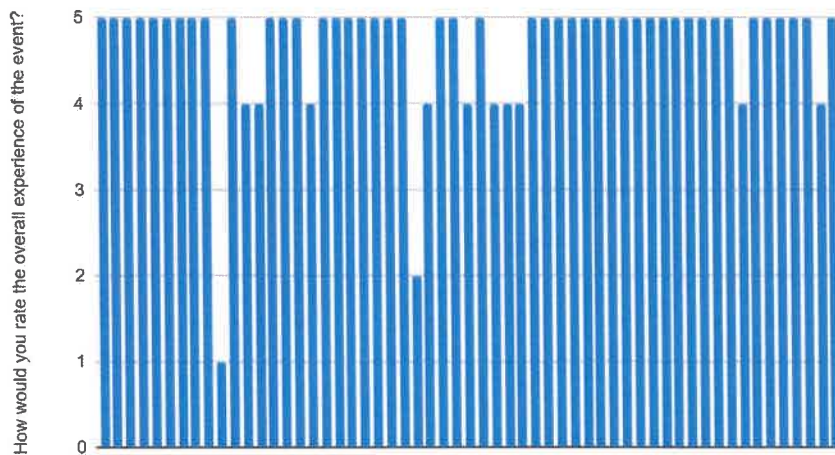
S.no.	Name BA Sociology	Faculty
1	Abhinandana Gogoi	Dr. Gopi D. Tripathy
2	Aditi	Dr. Anurita Jalan
3	Khushi Talwar	Dr. Rashi Bhargava
4	Ananya Upadhyay	Dr. Aruna Grover
5	Ananyaa Anirudh	Dr. Bijayani Mishra
6	Sanjana	Mr. Pawan Harsana
7	Debarati Mitra	Dr. Neeraj Kumar
8	Anoushka	Dr. Aditi Narayani
9	Astha Jaiswal	
10	Astha Priya	
11	Bharti	

12	Bharti Bansal		
13	Bidisha		
14	Deepti Sinha		
15	Devanshi		
16	Devi Nandana		
17	Guldasta		
18	Vanshika		
19	Deepti		
20	Heena Chauhan		
21	Hoshangi		
22	Janvi		
23	Ishika		
24	Jisusmita Kashyap		
25	Kago Saya		
26	Yashika Yadav		
27	Kavita		
28	Nikita Sherley		
29	Nandini Goel		
30	Komal Rajput		
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32	Muskan		
33	Mehdia		
34	Mrinalini		
35	Muskan		
36	Oshvi		
37	Pooja Sharma		
38	Preena Verma		
39	Priyanka Devalla		
40	Priyanka		
41	Nimisha Kukreja		
42	Radha Yadav		
43	Rahat		
44	Rambha Jaiswal		
45	Samridhi Baruah		
46	Ritu Gupta		
47	Riya		
48	Rushali		
49	Ruth Banku Otu		
50	Sabhyta		

51	Sadia	
52	Saima Siddiqui	
53	Sanya Juneja	
54	Sara Khan	
55	Jhanvi Gahlot	
56	Vanya	
57	Sharon Lazres	
58	Shivangi	
59	Shobhna Sharma	
60	Tanishka Singh	
61	Shristy Singh	
62	Shruti Singh	
63	Sneha Antal	
64	Sristi Das	
65	Suchitra Khundrakram	
66	Sushree	
67	Swikirti Kumari	
68	Vanshika Bagri	
69	Vilaksha Saini	
70	Yashika Sirwani	

**Feedback Analysis:**

How would you rate the overall experience of the event?



*\*Participants rated the event out of 5.*

**Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc):**

**Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc):**

**The attempt in this lecture was to throw light upon the untold narratives and bravery of Dalit women heroes during the National Struggle and women's resistance and the resilience in India before Independence and during the freedom struggle. It is important that their struggles and their moments of unconditional bravery become a part of our collective memories.**

GD7

Anurita Jalan

Signature of the Convenor

Anurita Jalan -

**CELEBRATING 75 YEARS OF INDEPENDENCE:  
AZADI KA AMRUT MAHOTSAV  
Being A Woman: Women With Disabilities**

**DEPARTMENT LEVEL**

**DATE: 9<sup>th</sup> March 2022**

**Name of the organising Department/Society: Sociology Department**

**Name of the convenor/coordinator of the event: Dr. Gopi D. Tripathy and Dr. Anurita Jalan**

**Resource Persons (alongwith their affiliation): Ms. Radhika Alkazi, Founder and Managing Trustee of ASTHA and Ms. Kavya Mukhija, writer, poet, disability rights advocate, and calligraphy artist**

**Total Number of the participants/beneficiaries (with relevant proofs): 68 (refer to table 1)**

**Number of the participants/beneficiaries from college: 64**

On the 9th of March 2022, the Department of Sociology, Maitreyi College, University of Delhi, organised the seventh lecture in the series titled, “75 Years of Independence - Women During the Freedom Struggle and After”. The talk titled, “Being A Woman: Women With Disabilities” was delivered by Ms. Radhika Alkazi and Ms. Kavya Mukhija. Students and members of the faculty of the department actively took part in the talk which started with an introduction to the theme by Dr. Gopi Devdutt Tripathy, the Teacher In-Charge of the Department of Sociology.

Ms. Radhika Alkazi is the Founder and Managing Trustee of ASTHA, a community-based organisation that has been working in the area of disability for 30 years, working both in Delhi and at the National level. In Delhi, the organisation works in the urban slums with children and persons with disabilities and their families. At a national level, Miss Radhika has been researching and training on disability rights and regularly bringing out reports on the status of children with disabilities in education and other areas over the years.

Ms. Kavya Mukhija is a writer, poet, disability rights advocate, and calligraphy artist. She lives with a locomotor disability and has represented India at various international conferences on disability, accessibility, and inclusion. In order to impart disability awareness, Miss Kavya makes memes and pens down short stories and poems, considering them to be a very powerful and relatable medium. Currently, she is pursuing her Master’s in Applied Psychology from the University of Delhi, where she heads the Disability Psychology Wing at the Society for Applied Psychology, South Campus, University of Delhi.



In the first part of the talk, Ms. Radhika Alkazi shed light upon the untold narratives of disabled women in India. Disabled women in our society are subjected to social, cultural, and economic disadvantages, which impede their access to basic resources like health care, education, and employment. Ms. Radhika Alkazi narrated a story of a tribal disabled woman who was a daily wage earner and was denied education. She also asked the audience to comment on her story asking them to describe the factors affecting that disabled tribal woman's life. Organisations controlled and run by disabled people share the basic goals of securing equal rights for disabled people and the removal of discrimination in all its forms. Disability activists are working globally to bring about change in social policy and society – to make it more inclusive, and more equal. This event was an endeavor to engage with some of these issues. She discussed the paradigm shift in disability and how the term has been perceived differently through the ages. Ms. Alkazi also talked about the legal aspects and the problems faced by the disabled during the Covid-19 Pandemic.

In the second part of the talk, Miss Kavya talked about her personal experience as a woman with a disability and discussed her personal issues with the students. She was accompanied by her mother Ms. Reena Mukhija, who also described her struggle as a mother of a disabled woman. Miss Kavya engaged alongside Ms. Radhika Alkazi ended the talk with a beautiful self-composed poem shedding light upon the condition of disabled women in India.

Ms. Radhika Alkazi's and Miss Kavya's talk was followed by an interactive session moderated by Dr. Aruna Grover, Assistant Professor in the Department of Sociology. A large number of questions posed by the faculty members and students were addressed. They were on the lines of various political, social, and cultural issues concerning disabled women in India. The insightful interaction provided the participants with a multitude of ideas to explore and ponder upon. Overall, the event was a success.

**CELEBRATING 75 YEARS OF INDEPENDENCE**  
Azadi Ka Amrut Mahotsav

**Dialog**

The Department of Sociology, Maitreyi College  
presents

With  
75 Years of Independence  
Women's Struggle for Freedom Struggles and After

A talk on  
**Being a Woman : Women with Disabilities**  
by

**Ms. Radhika Alkazi**  
Founder and Managing Trustee, ASTHA

**Ms. Kavya Mukhija**  
Disability Rights Advocate

**9 March 2022 | 10:30 AM**  
Via Zoom App

Meeting Link: [zoom.us/j/89330328109?pwd=Nm1kOGt0YzU1REZkTDJlcnZlVnpsE0JlUTQ9](https://zoom.us/j/89330328109?pwd=Nm1kOGt0YzU1REZkTDJlcnZlVnpsE0JlUTQ9)  
Meeting ID: 843 3032 8109 | Password: 212375

**All are invited!**

**CO-ORGANISERS**  
Dr. Aruna Grover  
Assistant Professor  
Department of Sociology

**EVENT COORDINATOR**  
Dr. Anurag Kumar  
Assistant Professor  
Department of Sociology

**STUDENT COORDINATORS**  
Shruti Chatterjee  
Prachi  
Tanvi

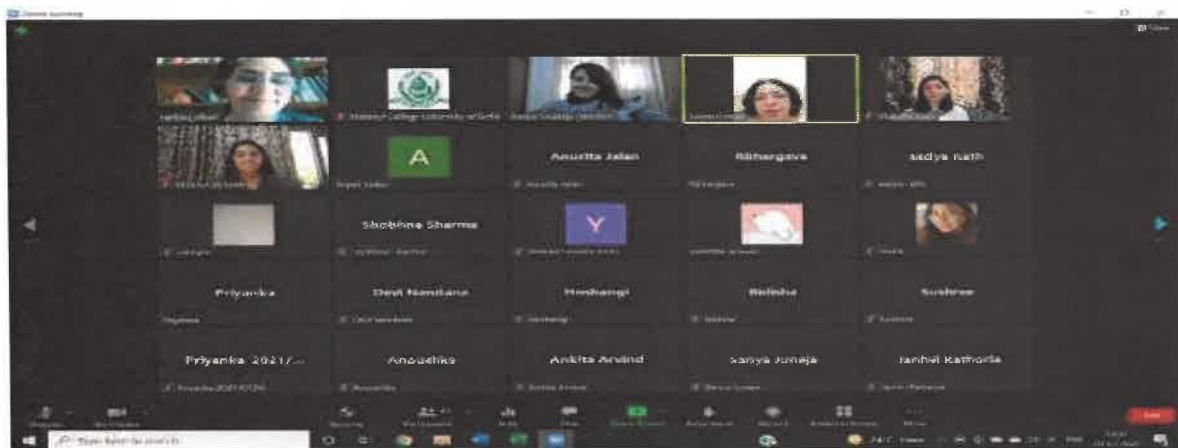
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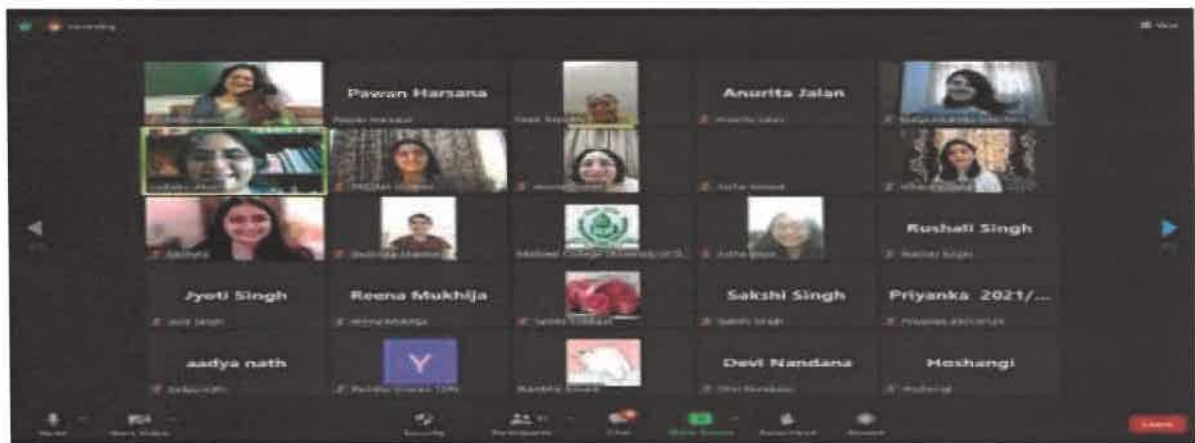
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Passcode- 212375

## Images of the Event:





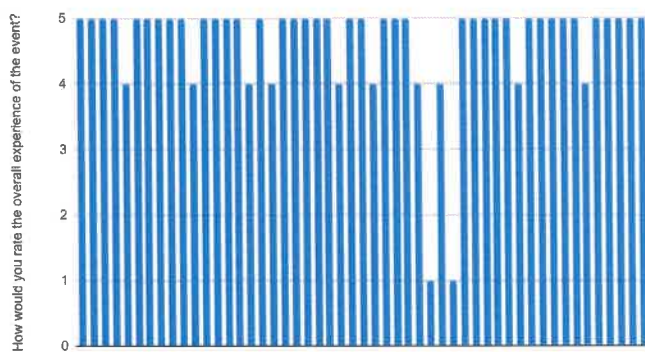
**LIST OF PARTICIPANTS: (Table 1)**

S.no.	Name BA Sociology	Faculty
1	Astha Jaiswal	Dr. Gopi D. Tripathy
2	Astha Priya	Dr. Anurita Jalan
3	Atirya	Dr. Aruna Grover
4	Bharti	Dr. Rashi Bhargava
5	Bhumika	Mr. Pawan Harsana

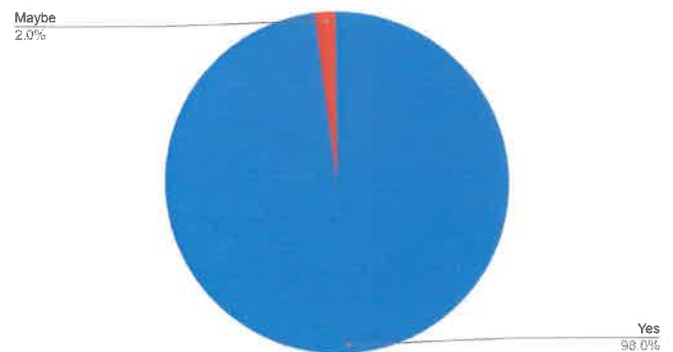
6	Bidisha	Dr. Neeraj Kumar
7	Deepti Sinha	Dr. Bijayani Mishra
8	Devinandana	Dr. Aditi Narayani
9	Divya Yadav	
10	Oshvi	
11	Pooja	
12	Pooja	
13	Preena Verma	
14	Priyanka	
15	Priyanka Devalla	
16	Rahat	
17	Ria Rao	
18	Tonmoyee Borah	
19	Trishna Kalita	
20	Vilaksha Saini	
21	Yachika Chaudhary	
22	Yashika Sirwani	
23	212375 (No Name)	
24	Arunima	
25	Jhanvi	
26	Nimisha	
27	Rambha Jaiswal	
28	Sakshi Ranjan	
29	Vanya	
30	Riya	
31	Rushali Singh	
32	Sadia	
33	Saima Siddiqui	
34	Sakshi Singh	
35	Sanya Juneja	
36	Shobhna Sharma	
37	Shreya Pal	
38	Shristy Singh	
39	Shruti Singh	
40	Somya Singh	

41	Suchitra Khundrakpam	
42	Sushree	
43	Heena Chauhan	
44	Hoshangi	
45	Ishika	
46	Janhvi Kathoria	
47	Jisusmita Kashyap	
48	Jyoti Singh	
49	Kaveri Mishra	
50	Kavita Bhattarai	
51	Komal	
52	Kunika Tyagi	
53	Manimso Teronpi	
54	Mrinalini	
55	Khushi Talwar	
56	Sabhyta	
57	Vanshika	
58	Sanjana	
59	Diksha Deb	
60	Muskan Arora	
61	Reena Mukhija	
62	Vanika	

How would you rate the overall experience of the event?



Count of Did you find the discussion interactive and insightful?



**Feedback Analysis:**

*\*Participants rated the event out of 5.*

**Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc):**

**The attempt in this lecture was to throw light upon the unjust practices and discrimination faced by women with disabilities in various spheres of life. It is important that their struggles and their moments of unconditional bravery to step out into the society and to build a life for themselves are recognized and acknowledged.**

*LD7*

*Sumita Jalan*

Signature of the Convenor

**CELEBRATING 75 YEARS OF INDEPENDENCE  
AZADI KA AMRUT MOHATSAV  
IMAGINE'2022  
Decolonising Consciousness**

**DEPARTMENT LEVEL**

**DATE: 23rd March 2022**

**Name of the organizing Department/Society: Sociology Department**

**Name of the convenor/coordinator of the event: Dr. Gopi D. Tripathy and Dr. Anurita Jalan**

**Resource Persons (along with their affiliation): Prof. Bijayalaxmi Nanda, Principal Miranda House, University of Delhi, and Prof Manosh Chowdhury, Department of Anthropology, Jahangirnagar University, Bangladesh**

**Total Number of the participants/beneficiaries (with relevant proofs): 82 (refer to table 1)**

**Number of the participants/beneficiaries from college: 78**

On the 23rd of March 2022, the Department of Sociology, Maitreyi College, University of Delhi, organized IMAGINE, Annual academic Meet, and the final lecture in the series titled, “75 Years of Independence”. The Annual Academic Meet was for 2 days and the theme that was explored this year was “Decolonising Consciousness”. The keynote address was given by Prof Bijayalaxmi Nanda, the officiating principal of Miranda House. Students and members of the faculty of the department actively took part in the talk which started with an introduction to the theme by Dr. Gopi Devdutt Tripathy, the Teacher In-Charge of the Department of Sociology.

Prof. Nanda shed light on the theme of decolonizing consciousness by answering what decolonizing consciousness meant. She then moved on to talk about Gayatri Chakravarty Spivak’s idea of strategic essentialism in great detail before proceeding to state that it would be fine to talk about ideas in unison, but not to become too embedded in them. At length, she also talks about the honey bee concept - a concept whereby scholars share ideas and concepts, without the fear of their knowledge being exploited. She then proceeded to cite an interesting

case study that took place in Durban, South Africa. In Abahlali baseMjondolo, situated in Durban, South Africa, where a piece of land had been taken away for commercial purposes. The shack dwellers living in that area objected to this and started a social movement - whereby they started a university of their own. This university made use of plays and other techniques of live-action to educate people - and what's more interesting is that the shack dwellers themselves were the teachers, who were spreading the knowledge. Prof Nanda stressed the importance of knowledge democracy and cognitive justice, which could be achieved through breaking pedagogies and by learning and sharing methods of learning with one another.

Prof Nanda's talk was followed by an interactive session moderated by Mr. Pawan Harsana, Assistant Professor in the Department of Sociology. A large number of questions posed by the faculty members and students were addressed and the insightful interaction provided the participants with a multitude of ideas to explore and ponder upon.

Following that, Prof Manosh Chowdhury gave a talk on the topic of "Insecurities among the Southern Academics: Ever changing Academic Parameters."

In a highly engaging and insightful discussion, Prof Chowdhury made several interesting points on the theme of "Decolonising Consciousness" as well. His talk was followed by a rich interactive session moderated by Mr. Pawan Harsana, Assistant Professor in the Department of Sociology. Various questions and comments e large number of questions posed by the faculty members and students were addressed and the insightful interaction provided the participants with a multitude of ideas to explore and ponder upon.

This was followed by the Declamation Competition, the first student event under IMAGINE. The theme was "Decolonising Consciousness". Dr. Brototi Roy, Associate Professor in the Department of Zoology, Maitreyi College, and Dr. Meena Yadav, Associate Professor, in the Department of Zoology, Maitreyi College judged the competition.

Following were the participants in this competition-

Rohan - Kirori Mal College

Ankita Arvind - Maitreyi College

Kajal Mathur - Janki Devi College



**Eminent Speakers**

Keynote Address by  
Prof. Bijaylaxmi Nanda  
Principal, Miranda House  
University of Delhi

Talk by  
Prof. Manosh Chodhury  
Professor, Department of Anthropology  
Jahangirnagar University  
Bangladesh

Valedictory Address by  
Dr. Ajoy Gudivarthi  
Associate Professor, Centre of Political Science  
Jawaharlal Nehru University

**Panelists**

Mr. Dushyant Kumar  
Assistant Professor, Miranda House  
University of Delhi

Ms. Dolan Samanta  
Research Scholar, Centre for Historical Studies  
Jawaharlal Nehru University

**CELEBRATING 75 YEARS OF INDEPENDENCE**  
*Azadi Ka Amrit Mahotsav*

**Dialog**  
The Department of Sociology, Maitreyi College  
presents

**IMAGINE**  
2022  
*Annual Academic Meet*  
Theme: **DECOLONIZING CONSCIOUSNESS**

**23 - 24 March 2022 | 10 AM**  
Via Zoom App  
Meeting link: [zoom.us/j/85002026264?pwd=NkduMTk0dWw0Q0NZjhaDBISWRVLU09](https://zoom.us/j/85002026264?pwd=NkduMTk0dWw0Q0NZjhaDBISWRVLU09)  
Meeting ID: 850 0202 6264 | Password: 826014

**Exciting Competitions!**

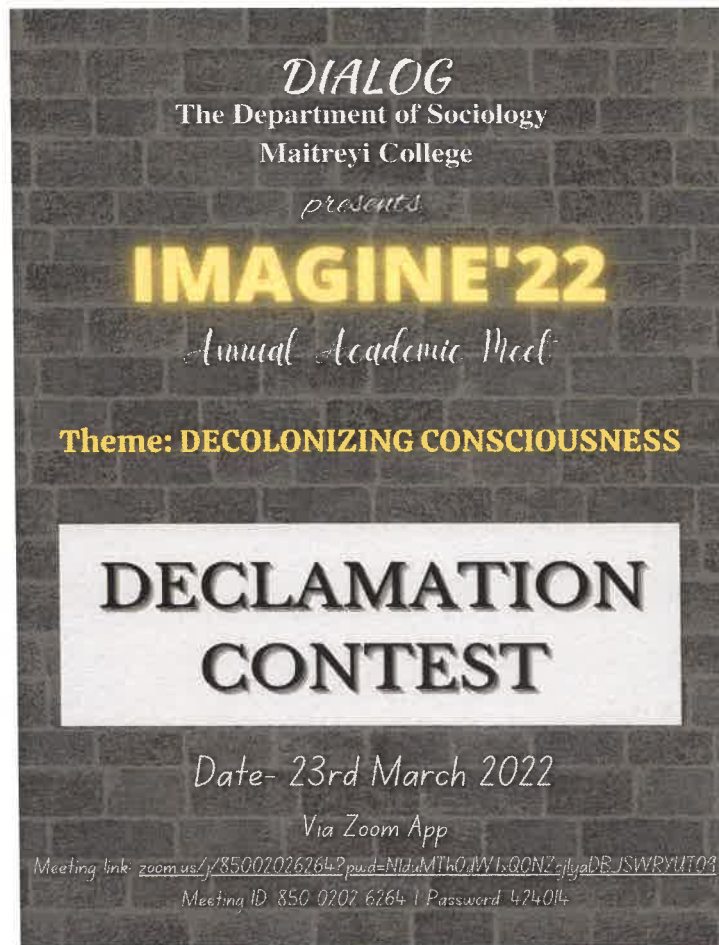
Declamation Conca  
23 March  
1:15 PM onwards

Shabdo ka Kheh  
24 March  
12:30 PM onwards

Take some shots!  
24th March  
1 PM onwards

**ORGANISING COMMITTEE**

Dr. Gopi D. Tripathy (Convener) Teacher in-Charge	Mr. Pawan Harsana (Event Coordinator) Assistant Professor	Dr. Aruna Grewal Assistant Professor	Dr. Bijaymi Mishra Assistant Professor	Koushal Talwar (Student Coordinator) President
Dr. Anurita Jaisan (Convener) Assistant in-Charge	Dr. Rashid Bhargava (Event Coordinator) Assistant Professor	Dr. Nimesh Kumar Assistant Professor	Dr. Aditi Narayana Assistant Professor	Sabbhya (Student Coordinator) Vice President



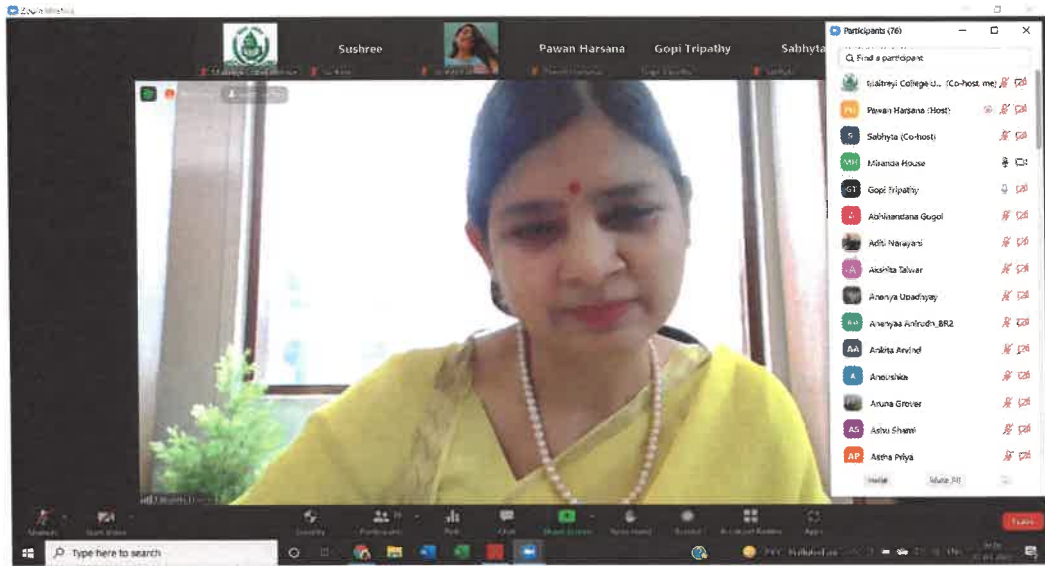
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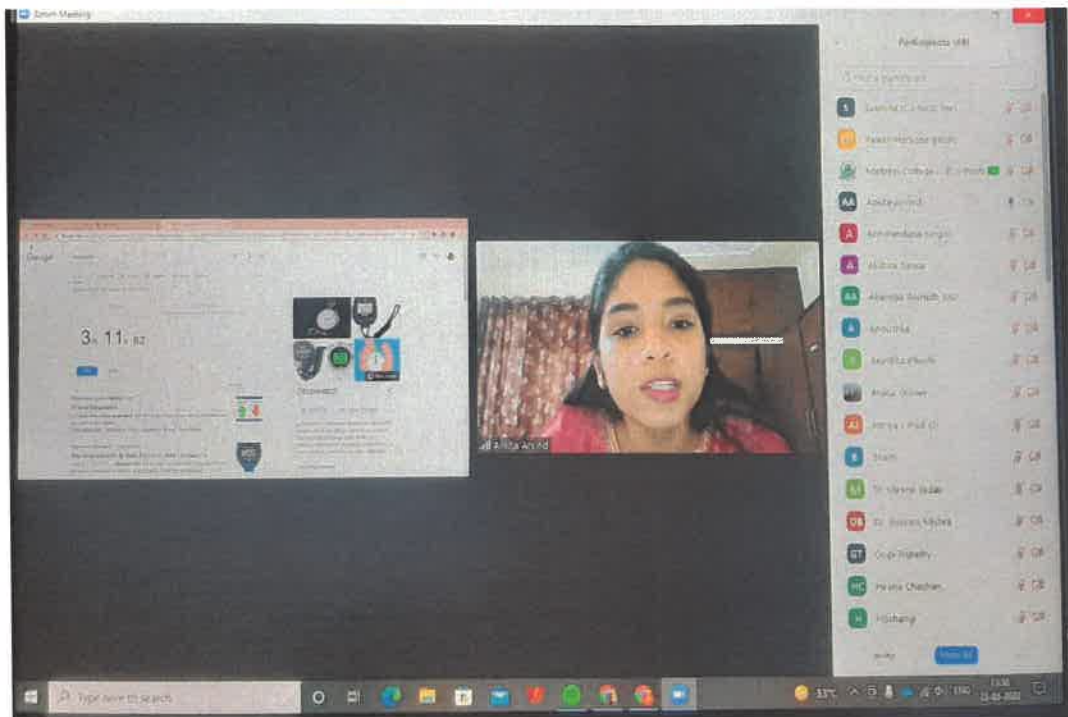
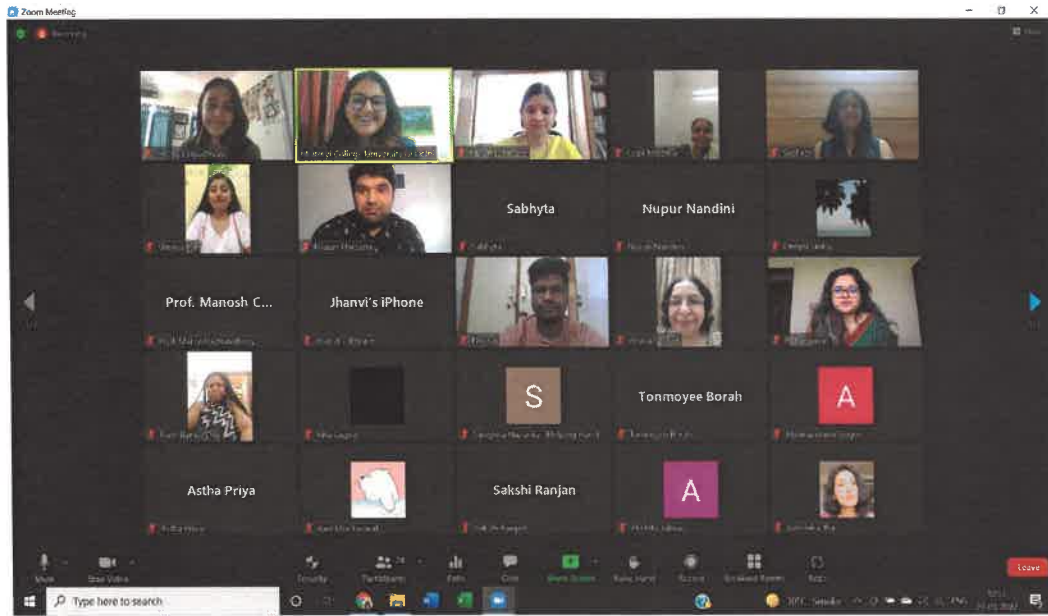
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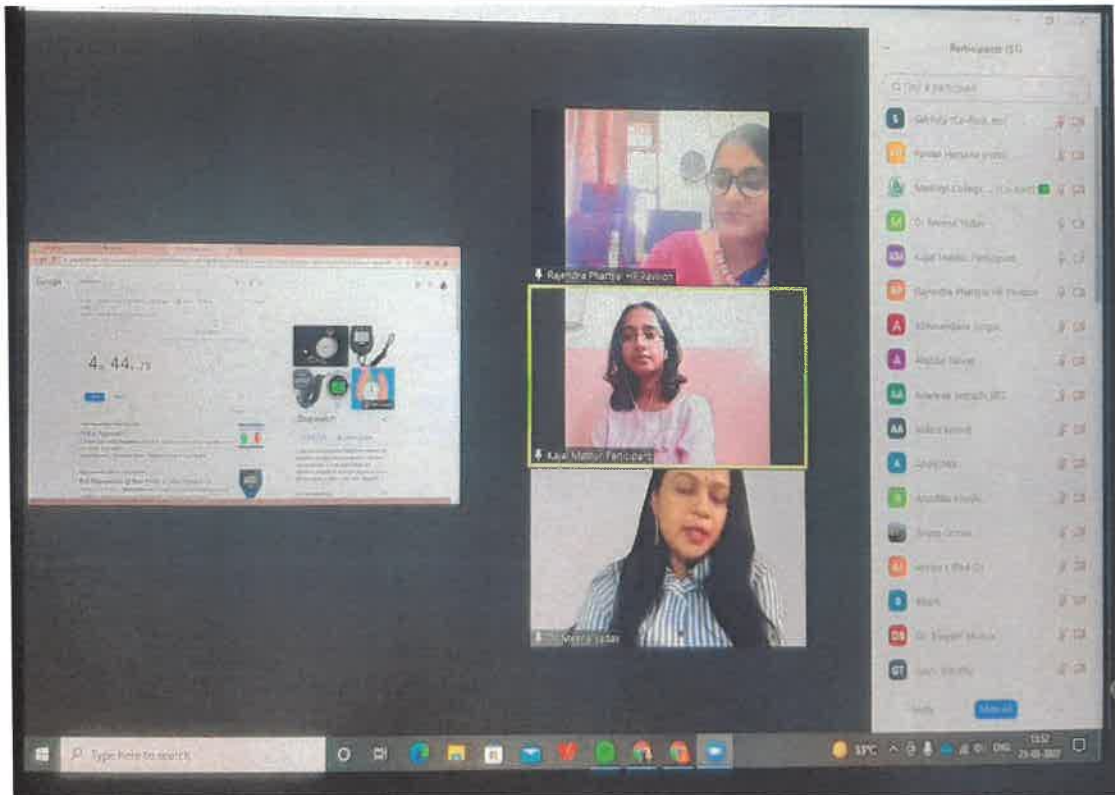
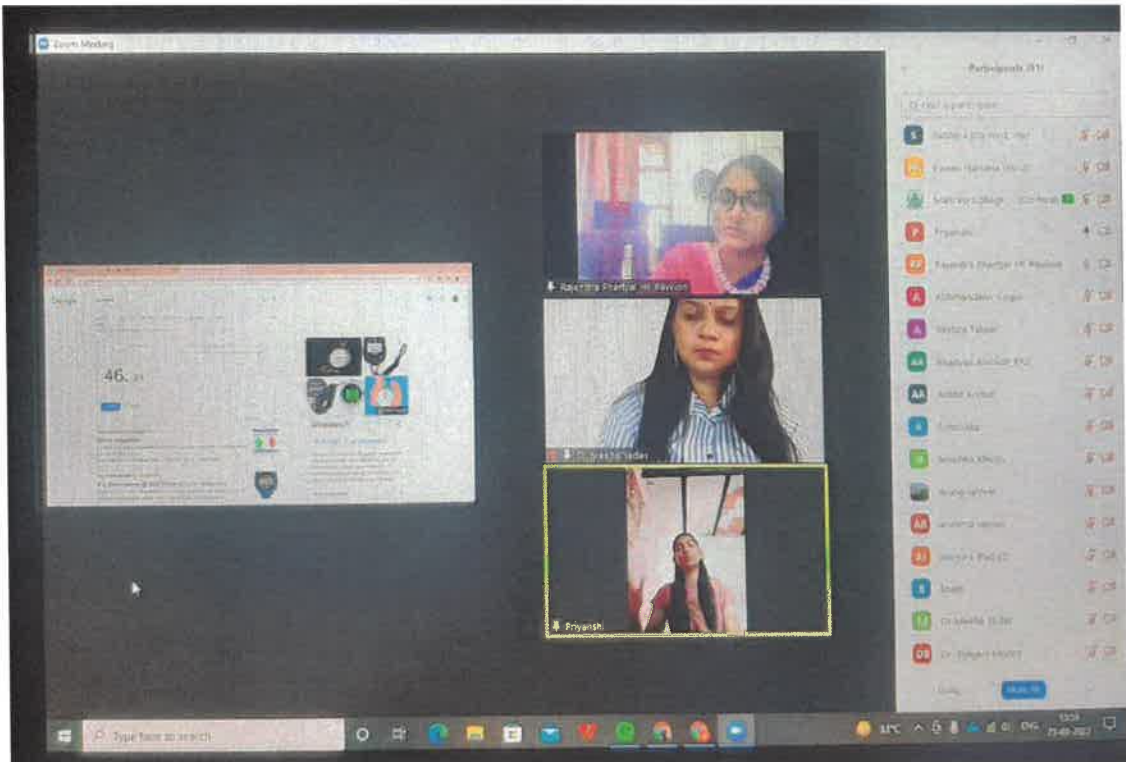
Meeting ID- 850 0202 6264

Passcode- 424014

**Images of the Event:**







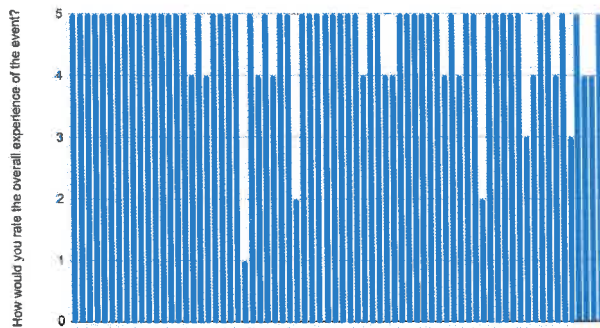
**LIST OF PARTICIPANTS: (Table 1)**

S.No.	BA Sociology	Faculty
1	Ashu Shami	Dr. Gopi D. Tripathy
2	Astha Priya	Dr. Anurita Jalan
3	Bharti	Dr. Aruna Grover
4	Bharti Bansal	Dr. Rashi Bhargava
5	Bhoomika Maurya	Mr. Pawan S. Harsana
6	Chinme	Dr. Bijayani Mishra
7	Deepti Sinha	Dr. Neeraj Kumar
8	Devi Nandana	
9	Garima Dabral	
10	Heena Chauhan	
11	Hoshangi	
12	Ishika	
13	Jahnvi Kathoria	
14	Jhanvi	
15	Jisusmita Kashyap	
16	Juhi	
17	Kanika Dahiya	
18	Kavita	
19	Komal	
20	Kunika Tyagi	
21	Manimso Teronpi	
22	Mrinalini	
23	Nimisha	
24	Nupur Nandini	
25	Oshvi	
26	Pooja	
27	Preena Verma	
28	Priyanka Sehwat	
29	Priyanshi Meena	
30	Radha Yadav	
31	Rambha Jaiswal	
32	Ria	
33	Ritu Gupta	
34	Riya	
35	Rushali Singh	
36	Ruth Banku Otu	

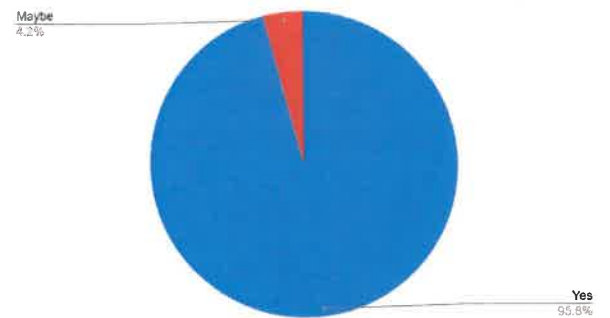
37	Sadia	
38	Saima Siddiqui	
39	Sakshi Singh	
40	Sanghita Hazarika	
41	Sharon Lazres	
42	Shobhna Sharma	
43	Shreya Pal	
44	Shristy Singh	
45	Shruti Singh	
46	Sneh Thapa	
47	Sristi Das	
48	Supriya	
49	Sushree	
50	Tannu	
51	Tanya Gupta	
52	Tonmoyee Borah	
53	Vanya	
54	Vilaksha	
55	Yashika Sirwani	
56	Arunima	
57	Muskan	
58	Priyanka	
59	Suchitra Khundrakpam	
60	Trishna Kalita	
61	Vanshika	
62	Sanjana	
63	Khushi Talwar	
64	Sabhyta	
65	Abhinandana Gogoi	
66	Akshita Talwar	
67	Ananya Upadhyay	
68	Ananyaa Anirudh	
69	Ankita Arvind	
70	Anoushka	
71	Sakshi Ranjan	
72	Rohan	
73	Kajal Mathur	
74	Priyanshi Verma	

## Feedback Analysis:

How would you rate the overall experience of the event?



Count of Did you find the discussion interactive and insightful?



\*Participants rated the event out of 5.

**Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc):**

**It was the first day under the Annual Academic Meet, Imagine, concluding the lecture series of 75 years of Independence: *Azadi ka Amrut Mahotsav*.**

 Anurita Jalan

Signature of the Convenor

Anurita Jalan.



**CELEBRATING 75 YEARS OF INDEPENDENCE**  
**AZADI KA AMRUT MOHATSAV**  
**IMAGINE'2022**  
**Decolonising Consciousness**

**DEPARTMENT LEVEL**

**DATE: 24th March 2022**

**Name of the organizing Department/Society: Sociology Department**

**Name of the convenor/coordinator of the event: Dr. Gopi D. Tripathy and Dr. Anurita Jalan**

**Resource Persons (along with their affiliation): Mr. Dushyant Kumar, Assistant Professor, Department of Political Science, Miranda House, University of Delhi, Ms. Dolan Samanta, Scholar, Centre for Historical Studies, Jawaharlal Nehru University, and Dr. Ajay Gudavarthy, Assistant Professor Jawaharlal Nehru University**

**Total Number of the participants/beneficiaries (with relevant proofs): 91 (refer to table 1)**

**Number of the participants/beneficiaries from college: 68**

On the 24th of March 2022, the Department of Sociology, Maitreyi College, University of Delhi, commenced the second and final day of IMAGINE, Annual Academic Meet, The Annual Academic Meet was for 2 days and the theme that was explored this year was "Decolonising Consciousness". The session started with an introduction to the theme by Dr. Gopi Devdutt Tripathy, the Teacher In-Charge of the Department of Sociology.

Following this, Mr. Dushyant Kumar gave a talk on Fanon and Ambedkar: A comparative perspective on decolonising consciousness. He talked about how we need to de-fetish and de-romanticise colonialism to escape the power of colonialism. He mentioned that what is produced by western world holds an elite value to us which we need to escape and leave behind.

Following his talk, Ms. Dolan Samanta gave a talk on 'Inglorious Demons' Decolonizing western Perspective to Indian Art (c. 7th-14th centuries). She talked about how Britishers saw our culture, art and paintings as something different and not appropriate and how they had to study our culture in order to understand our traditions. She gave examples of various paintings of deities showing multiple heads which weren't seen as human or appropriate from a western view.

Several interesting points and insights were given by both the panelists engaging students in meaningful conversations.

Following the talks, an interactive session was held which was moderated by Mr Pawan Harsana, Assistant Professor in the Department of Sociology. A large number of questions posed by the faculty members and students were addressed and the insightful interaction provided the participants with a multitude of ideas to explore and ponder upon.

This was followed by *Shabdo ka Khel*, a Haiku Competition and, Take Some Shots!, a Photography Competition, student events under IMAGINE. The theme of the competitions was “Decolonising Consciousness”. The judges for the Haiku competition were Ms.Aali Kumar and Ms.Devangana Jha, Assistant Professors at the History Department and the Economics Department, Maitreyi College, respectively. The judges for the Photography competition were Ms.Kritika Khurana and Ms. Priyanka Nirupam Assistant Professors at the Department of Commerce and History Department, Maitreyi College, respectively.

Following were the participants of the Haiku competition:

- 1.Yashika Sahai - Maitreyi College
2. Yashika Sirwani- Maitreyi College
3. Shreya Rawat- Maitreyi College
4. Aditi Chaudhary- Janki Devi Memorial College

Following were the participants of the Photography competition:

- 1.Apurva Pandey - Maitreyi College
- 2.Akshita Talwar - Maitreyi College
- 3.Mimansa Tomar - Maitreyi College
- 4.Sarah Shaan - Indraprastha College

After the student events, Dr. Ajay Gudavarthy, Assistant Professor at Jawaharlal Nehru University gave the Valedictory Address. Following his address, Dr. Gopi Devdutt Tripathy, Teacher in charge at Department of Sociology, Maitreyi College announced the winners for all three competitions held on the two days of 'Imagine,' i.e. for Declamation competition- Mr. Rohan from Kirori Mal college, for Haiku – Ms. Yashika Sirwani from Maitreyi college, for Photography – Ms. Sarah Shaan.

**Eminent Speakers**

Keynote Address by  
**Prof. Bijayalaxmi Nanda**  
 Principal, Miranda House  
 University of Delhi

Talk by  
**Prof. Manooch Ghodbury**  
 Professor, Department of Anthropology  
 Jahangirnagar University  
 Bangladesh

Valedictory Address by  
**Dr. Ajay Gudavorthy**  
 Associate Professor, Centre of Political Science  
 Jawaharlal Nehru University

**Panelists**

**Mr. Dushyant Kumar**  
 Assistant Professor, Miranda House  
 University of Delhi

**Ms. Dolan Samanta**  
 Research Scholar, Centre for Historical Studies  
 Jawaharlal Nehru University

**CELEBRATING 75 YEARS OF INDEPENDENCE**  
*Azadi Ka Amrit Mahotsav*

**Dialog**  
 The Department of Sociology, Maitreyi College  
 presents

**IMAGINE**  
**2022**  
*Annual Academic Meet*

**Theme: DECOLONIZING CONSCIOUSNESS**

**23 - 24 March 2022 | 10 AM**  
 Via Zoom App

Meeting Link: [zoom.us/j/85002026264?pwd=NlduMTh0dWtxQ0NZcjlvaDBJSWRYUT09](https://us06web.zoom.us/j/85002026264?pwd=NlduMTh0dWtxQ0NZcjlvaDBJSWRYUT09)  
 Meeting ID: 850 0202 6264 | Password: 424014

**Exciting Competitions!**

**Declaration Contest**  
 23 March  
 1:15 PM onwards

**Shabde ka Jihel**  
 24 March  
 12:30 PM onwards

**Take some shots!**  
 24th March  
 1 PM onwards

**ORGANISING COMMITTEE**

<b>Dr. Gopi D. Tripathy (Convener)</b> Teacher in-Charge	<b>Mr. Pawan Harsana (Event Coordinator)</b> Assistant Professor	<b>Dr. Anura Grover</b> Assistant Professor	<b>Dr. Bijayanti Mishra</b> Assistant Professor	<b>Khushti Talwar (Student Coordinator)</b> President
<b>Dr. Anamika Jahan (Convener)</b> Assistant in-Charge	<b>Dr. Rakhi Bhargava (Event Coordinator)</b> Assistant Professor	<b>Dr. Neeraj Kumar</b> Assistant Professor	<b>Dr. Aditi Manghani</b> Assistant Professor	<b>Sabhyta (Student Coordinator)</b> Vice President

**Online Meeting Link:**

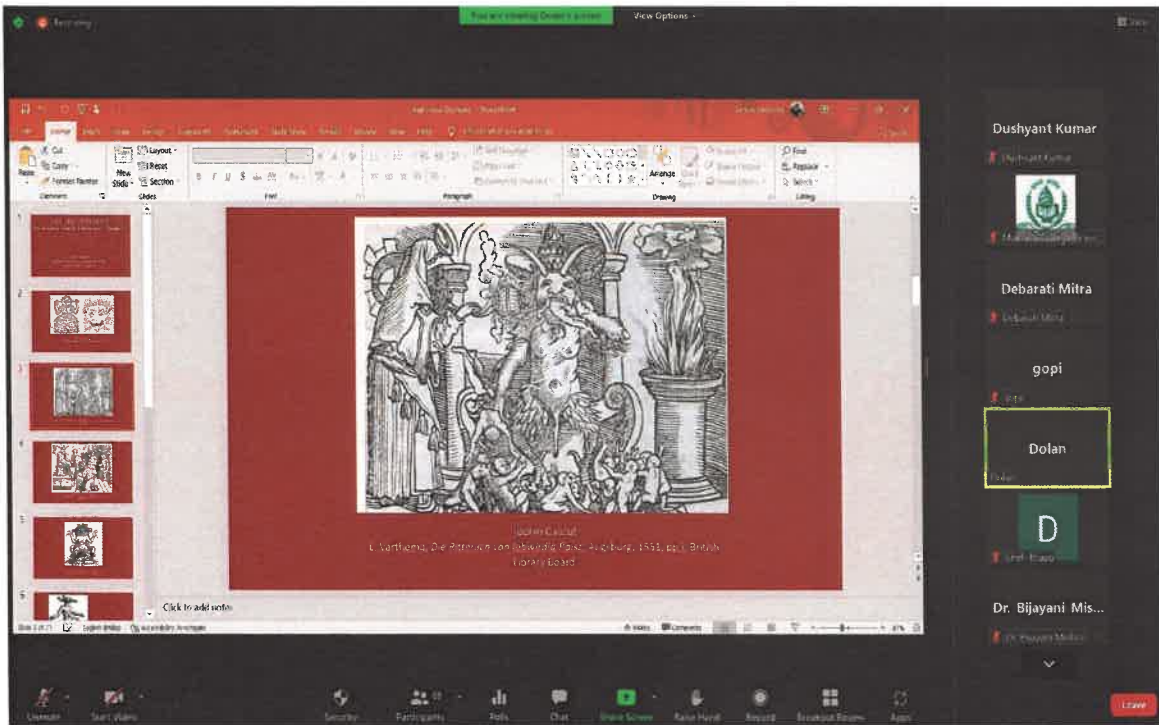
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Meeting ID- 850 0202 6264

Passcode- 424014

**Images :**







**LIST OF PARTICIPANTS: (Table 1)**

<b>S. No.</b>	<b>BA Sociology</b>	<b>Faculty</b>
1	Sanjana	Dr. Gopi D. Tripathy
2	Khushi Talwar	Dr. Anurita Jalan
3	Sabhyata	Dr. Aruna Grover
4	Shruti Singh	Dr. Rashi Bhargava
5	Sneh Thapa	Mr. Pawan S. Harsana
6	Sristi Das	Dr. Bijayani Mishra
7	Sushree	Dr. Neeraj Kumar
8	Tannu Kumari	Dr. Aditi Narayani
9	Tanya Gupta	
10	Tonmoyee Borah	
11	Vanya	
12	Yashika Sirwani	
13	Muskan	
14	Priyanka	
15	Trishna Kalita	
16	Yashika	
17	Abhinandana Gogoi	
18	Akshita Talwar	
19	Ananya	
20	Ananyaa Anirudh	
21	Anjali	
22	Anoushka	
23	Aqsa Qureshi	

24	Arisha	
25	Astha Gupta	
26	Atiriya	
27	Ayesha	
28	Bharti	
29	Bidisha	
30	Debarati Mitra	
31	Divya Yadav	
32	Harshia Sethia	
33	Juhi	
34	Jyoti Singh	
35	Khushi Singh	
36	Kunika Tyagi	
37	Mehika Mathur	
38	Namrata Kalita	
39	Nimisha	
40	Oshvi	
41	Pooja Yadav	
42	Priyadarshini Baruah	
43	Rambha Jaiswal	
44	Ruth BankuOtu	
45	Saima Siddiqui	
46	Sakshi Ranjan	
47	Samridhi Baruah	
48	Sanghita Hazarika	
49	Shaheen	

50	Shivani Baruah	
51	Ria Rao	
52	Sara Khan	
53	Shobhna Sharma	
54	Somya Singh	
55	Yashika Sahai	
56	Ashu Shami	
57	Garima Dabral	
58	Shristy Singh	
59	Arunima Ranjan	
60	Chhime	
61	Srishti Bhatia	
62	Thamanna Zainab	
63	Himanshi	
64	Aditi Choudhary	
65	Akansha Mishra	
66	Akshay Kant Mishra	
67	Amit	
68	Angel	
69	Anushka Singh	
70	Sanjay Kumar	
71	Karishma Biswas	
72	Kritika	
73	Shashank	
74	Rohan	
75	Priyanka Devalla	

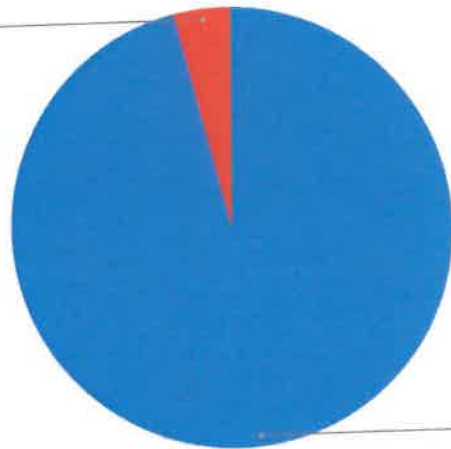


76	Aditi Chaubey	
77	Fathima Noud	
78	Aqsa Qureshi	
79	Gunjan Chaudhary	
80	Mimansa	
81	OSP Rao	
82	Apurva	
83	Mimansa Tomar	

### Feedback Analysis:

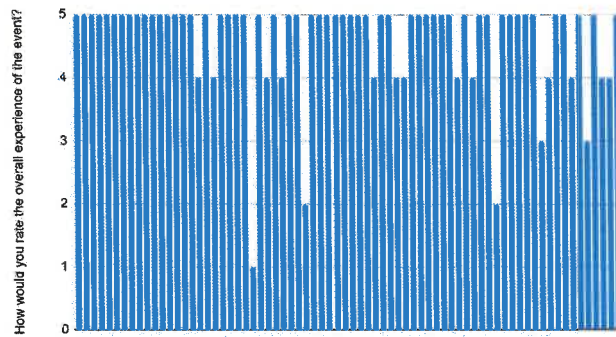
Count of Did you find the discussion interactive and insightful?

Maybe  
4.2%



Yes  
95.8%

How would you rate the overall experience of the event?



\*Participants rated the event out of 5.

**Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc):**

**It was the final day under the Annual Academic Meet, Imagine, concluding the lecture series of 75 years of Independence: *Azadi ka Amrut Mahotsav*.**

Signature of the

*Amruta Jalan*

*Amruta Jalan*

*[Handwritten Signature]*

Convenor

***Dialog***  
**DEPARTMENT OF SOCIOLOGY**  
Under the aegis of IQAC  
*In collaboration with*  
**MANODARPAN**  
**Initiative of the Ministry of Education**

**3 DAY NATIONAL CONFERENCE**  
***Integrated Approach to Mental Health and Well Being in the Universities:  
Perspectives, Methodologies, and Practices***

**National/International/Inter-University/State Level/College Level- National Level**

**Date - 21.04.2022 - 23.04.2022**

**Name of the organizing Department/Society- Department of Sociology**

**Name of the convenor/coordinator of the event- Dr. Gopi D. Tripathy and Dr. Anurita Jalan**

**Resource Persons - Prof. Haritma Chopra, Mr. Vaibhav Srivastava, Dr. Mala Kapur Shankardass, Dr. Jitendra Nagpal, Prof, Vivek Suneja, Dr. Mathew Verghese, Prof. Balaganapathi Devarakonda, Dr. Alok Sarin, Mr. Feisal Alkazi, Prof. Savyasaachi**

**Total Number of the participants/beneficiaries (with relevant proofs)- 300 (All 3 days)**

**Number of the participants/beneficiaries from college- 179 (All 3 days)**

The Department of Sociology, Maitreyi College, organized the ***3 Day National Conference on Integrated Approach to Mental Health and Well Being in the Universities: Perspectives, Methodologies, and Practices*** from 21st April to 23rd April 2022 in collaboration with Manodarpan, an initiative of the Ministry of Education for Psychological Support and Mental Well-being of Students. Day 1 of the conference started at 9:30 am in the morning and was attended by 90 participants including students from all three years and the faculty members of the department and various other departments.

***Day 1: 21st April 2022***

The Inaugural session of Day 1 started with the welcome address by Dr. Gopi D. Tripathy, Teacher In-Charge, Department of Sociology, Maitreyi College, University of Delhi. She introduced the theme for the conference and extended a warm welcome to all the participants and

speakers. After which, Prof. Haritma Chopra, Principal, Maitreyi College, University of Delhi was invited to say a few words. Dr. Haritma Chopra mentioned how she was looking at the essence of the conference through the series of webinars that the Department of Sociology had organized in collaboration with *Manodarpan*. Following her address, Mr. Vaibhav Srivastava, Chairperson, Governing Body, Maitreyi College addressed the gathering.

This was followed by an address by Dr. Mala Kapur Shankardass, International Consultant and Managing Trustee of Development, Welfare & Research Foundation. She talked about the significance of mental health as an important part of our life. She said that this subject matter of the wellbeing of our mental health is the need of the hour and highlighted how mental health issues have been identified in many countries as the most common challenge which students face both at school and university level.

Further, Dr. Jitendra Nagpal, Senior Psychiatrist, Member Working Group, *Manodarpan Initiative* talked about understanding the importance of mental health and well-being from a holistic perspective highlighting the possibility of using developmental human cycle as a new approach to understand mental health.

The book of abstracts was released before the keynote address by Dr. Vivek Suneja.

Dr. Vivek Suneja, Keynote Speaker for the conference started with the poem of Rabindranath Tagore, "Where the Mind is Without Fear". The recitation of the poem was followed by its explanation and intense reflection on the same: the truth is often so obvious that we overlook it. The mind, he said, being a problem solver, creates problems if there are none. Further, he states that the goal of education should be to take one from a state of being childish to a state of maturity, but in the process, one must not lose their childlike nature. He urged the participants of the conference to look at Mental Health from a unique perspective. His talk was followed by a fruitful discussion moderated by Dr. Anurita Jalan, Department of Sociology, Maitreyi College and co-convenor of the conference.

In the next session, representatives from three Universities presented their methodology and practices of addressing the issue of mental health and well being. Firstly, Cynthia Douglas Gandham from Osmania University talked about "the pursuit of promoting mental health and

well-being on campus”. By saying that mental health and well-being on campus are crucial to student’s academic and personal success, she apprised all present about the Sahayam- Osmania University’s Psychological Counseling and Wellness Centre, an initiative put forth by then vice-chancellor after recommendations were made by NAAC to set up Psychological Counseling services such as counseling, training and awareness programs on various issues related to mental health and wellbeing.

Next, Professor Madhurima Pradhan, Director, Counseling, and Guidance Cell, University of Lucknow gave a presentation on “Integrated Approach to Mental Health and Well Being: A Sustainable Model of University of Lucknow.” She highlighted that the sustainable model is based on the assumption that the students may flourish and thrive with or without mental illness symptoms. This model is in tune with the objectives of NEP 2020 i.e., to create world-class multidisciplinary educational institutions and to create a knowledgeable society that is democratically conscious and cultured.

Lastly, Dr. Ritu Sharma, Member Working Group, *Manodarpan* and Assistant Professor, Department of Psychology, Central University of Haryana gave a presentation on the best practices for psychological wellbeing in her University during COVID-19. The presentation was an attempt to critically enlist the initiatives taken by the Department which included tele-helpline for students, conducting webinars to help students discuss and understand how to cope with stress during these times, and many others. Each presentation was followed by an interactive session moderated by Dr. Aruna Grover, Department of Sociology, Maitreyi College wherein the presenters answered the questions asked by the participants of the conference.

In the last session of the day, Dr. Mathew Verghese, a senior orthopedic surgeon at St. Stephens Hospital was called as a speaker where he talked on the topic, “Happiness and the differently abled : a perspective”. He started his lecture by mentioning that happiness is something that everyone seeks in life and that there is no difference in the happiness between a person who is disabled and a person who is not, as it is just a state of mind. But the experience is what makes the difference. Happiness has nothing to do with physical disability, it is only modified by the societal stereotypes which have been created by our society. He shared a personal experience, where he told that, one day a beggar was lying outside the hospital, and with his help the beggar was shifted to an institute home but even when he had a disability he was happy there, and when

asked why? He responded, he was happy as he was getting food and had a roof over his head. He also talked about how they took an interview during the covid 19 lockdown from the disabled people. The people who were not happy there, were not sad because they were disabled, they were sad because the future was uncertain. He talked about how if a person who is not able to walk is given the opportunity to walk, it will make him happy, but only for a short period of time. The only thing that makes them feel insecure is that they are stigmatised, they are stigmatised because of the societal structure. So they might be sad because society makes them feel bad. And so happiness is determined by love and wantedness. He talked about how wealth is also not the factor for happiness and is just a structural concept made by society. He concluded his lecture by saying that a person should feel accepted and should enjoy what they are doing, that will make them happy. Great deal of happiness can be achieved by giving and helping others. After the lecture there was an interactive session moderated by Dr. Aruna Grover, Department of Sociology, Maitreyi College. The talk was very insightful and helped us understand about the topic happiness and the differently abled and then the event came to an end with a formal vote of thanks.





**Dialog**  
 Department of Sociology  
 Maitreyi College  
 University of Delhi  
 Under the aegis of AIC  
 In collaboration with  
**MANODARPAN**  
 Initiative of  
 The Ministry of Education  
 for  
**Psychological Support and Mental Well-being of Students**  
 presents  
**3 DAY NATIONAL CONFERENCE**  
 on  
**Integrated Approach to Mental Health and Well-being in the Universities:  
 Perspectives, Methodologies and Practices**  
**Day 1: 21 April 2022, Thursday**  
**9:30 AM Onwards**

  
 Dr. Anjali Singh  
 Associate Professor  
 Department of Psychology  
 Institute of Education, University of Delhi

  
 Dr. Anurag Singh  
 Senior Faculty  
 Faculty of Education  
 University of Delhi

  
 Dr. Anshu Kishore  
 Chairman, Convocation Cell  
 Institute of Education  
 University of Delhi

  
 Prof. Anurag  
 Associate Professor  
 Department of Education  
 University of Delhi

  
 Dr. Manish Verma  
 Junior Consultant, Psychiatrist  
 St. Stephen's Hospital, Delhi

**Schedule**

**Registration Session: 9:30 a.m.**  
**Topic: Theme Understanding the students today: Contemporary Issues and Challenges**  
 Moderator: Dr. Anurag Singh, Director, Institute of Education, University of Delhi

**Special Session: 10:00 a.m.**  
**Topic: Mental Health and Well-being: A Holistic Approach**  
 Moderator: Dr. Anurag Singh, Director, Institute of Education, University of Delhi

**10:30 a.m. to 12:00 p.m. Break**

**12:00 p.m. to 1:30 p.m. Lunch**

**1:30 p.m. to 3:00 p.m. Session: Mental Health and Well-being: A Holistic Approach**  
 Moderator: Dr. Anurag Singh, Director, Institute of Education, University of Delhi

**3:00 p.m. to 4:30 p.m. Session: Mental Health and Well-being: A Holistic Approach**  
 Moderator: Dr. Anurag Singh, Director, Institute of Education, University of Delhi

**4:30 p.m. to 6:00 p.m. Session: Mental Health and Well-being: A Holistic Approach**  
 Moderator: Dr. Anurag Singh, Director, Institute of Education, University of Delhi

**Attendance Session: 1:30 p.m.**  
**Topic: Theme The role of the professional**  
 Moderator: Dr. Anurag Singh, Director, Institute of Education, University of Delhi

**2:00 p.m. to 3:00 p.m. Session: Mental Health and Well-being: A Holistic Approach**  
 Moderator: Dr. Anurag Singh, Director, Institute of Education, University of Delhi

**3:00 p.m. to 4:30 p.m. Session: Mental Health and Well-being: A Holistic Approach**  
 Moderator: Dr. Anurag Singh, Director, Institute of Education, University of Delhi

**4:30 p.m. to 6:00 p.m. Session: Mental Health and Well-being: A Holistic Approach**  
 Moderator: Dr. Anurag Singh, Director, Institute of Education, University of Delhi

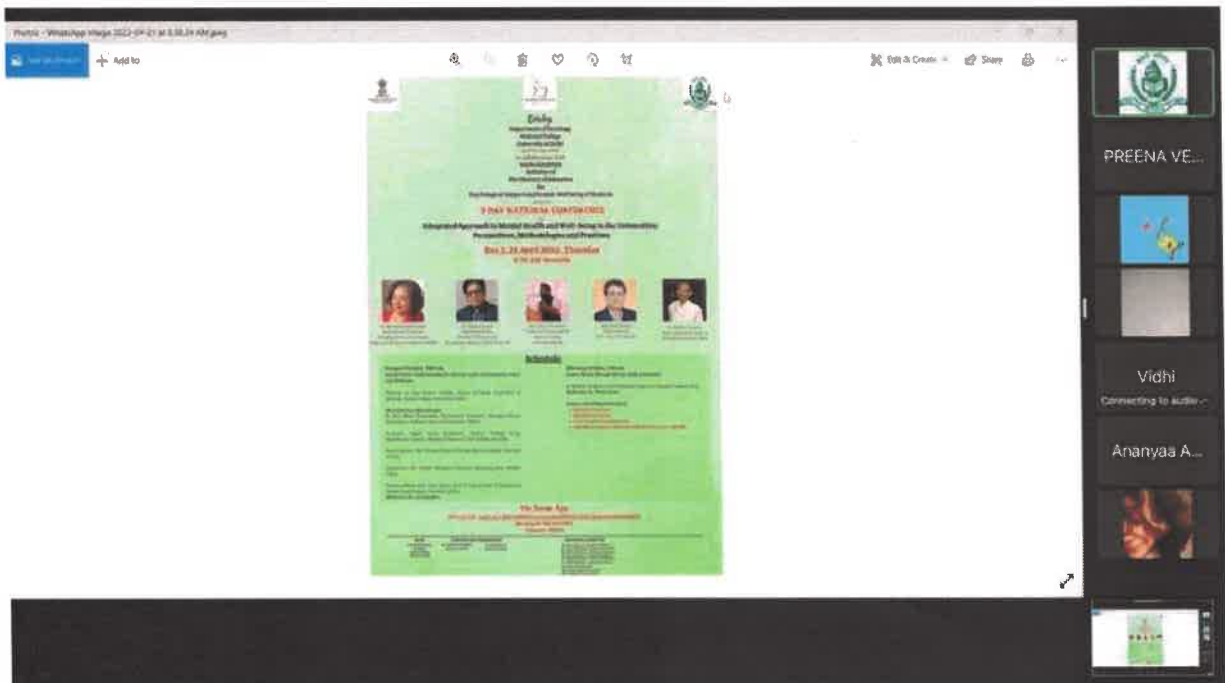
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**Meeting Link: <https://www.zoom.us/j/9182459182>**

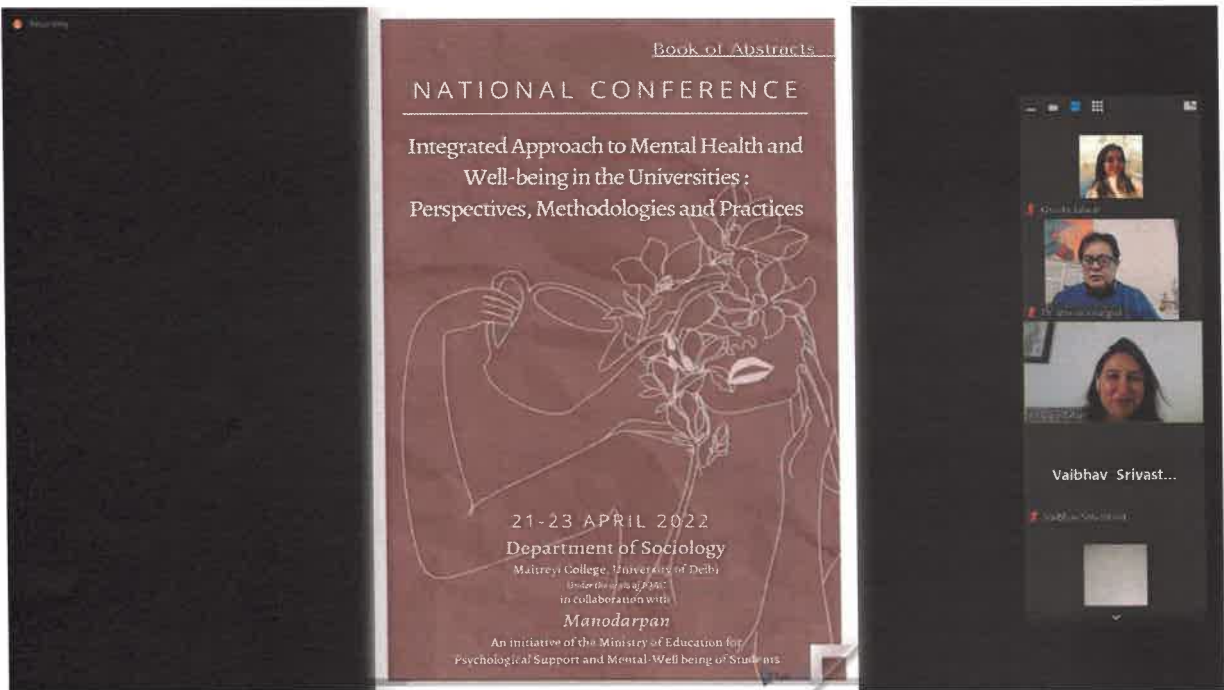
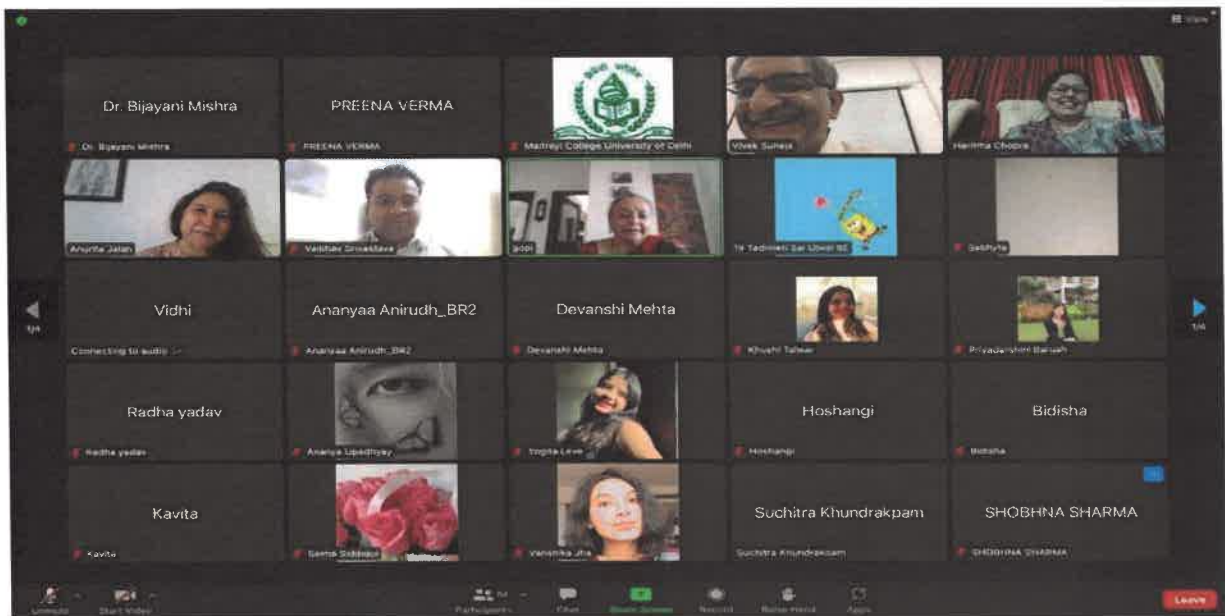
**Online Meeting Link:**

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Meeting ID- 813 7642 0949

Password- 462962







## Participant List

S.No.	INTERNAL		EXTERNAL		FACULTY
1	Sanjana	1	Anmol Chugh	1	Dr. Gopi D. Tripathy
2	Sabhyata	2	Aditi Bhatia	2	Dr. Anurita Jalan
3	Khushi Talwar	3	Cynthia Douglas G	3	Dr. Aruna Grover
4	Vanshika Jha	4	Dr. Sandhya Gupta	4	Dr. Rashi Bhargava
5	Preena	5	Dr. Abha Singh	5	Mr. Pawan Harsana
6	Abhinandana Gogoi	6	Dr. Ritu Psychology	6	Dr. Neeraj Kumar
7	Ananya Upadhyay	7	Dr. Priyanka Shukla	7	Dr. Aditi Narayani
8	Ananyaa Anirudh	8	Gunjan	8	Dr. Bijayani Mishra
9	Arisha	9	Kanak Kataria		
10	Astha Gupta	10	Kashish		
11	Bharti Bansal	11	M. Sandhya		
12	Devanshi Mehta	12	Madhurima Pradhan		
13	Heena Chauhan	13	Manismo Teronpi		
14	Hoshangi	14	Manya		
15	Juhi	15	Megha		
16	Kijum	16	Monika		
17	Kunika Tyagi	17	Nayan		
18	Mrinalini	18	Neha Juneja		
19	Muskan	19	Rishika Deshwal		
20	Nandini Roy	20	Ruchika Deshwal		
21	Oshvi	21	Rushi		
22	Pooja	22	Shanta Dutta Roy		
23	Priyadarshini Baruah	23	Shiwani		
24	Priyanka Devalla	24	Tadimeti Sai Ujwal		
25	Priyanka	25	Jyoti Dahiya		
26	Rahat				
27	Rambha Jaiswal				
28	Ria Rao				
29	Ritu Gupta				
30	Riya				

31	Saima Siddiqui				
32	Sakshi Ranjan				
33	Sanghita Hazarika				
34	Shobhna Sharma				
35	Shreya Pal				
36	Shristy Singh				
37	Snighda Mishra				
38	Sushree				
39	Swikriti Mishra				
40	Tanya				
41	Vilaksha				
42	Yashika Siwani				
43	Jisumita				
44	Sristi Das				
45	Vanya Sarna				
46	Vidhi Dutt				
47	Deepti				
48	Ishika				
49	Janhvi Kathoria				
50	Kaveri Mishra				
51	Komal				
52	Anushka				
53	Yogita Leve				
54	Kavita Yadav				
55	Kaveri Mishra				
56	Devi Nandana				
57	Arunima				

## ***Day 2: 22nd April 2022***

The first session on the second day of the conference started with a talk by Prof. Balaganapathi Devarakonda, Professor and Former Head, Department of Philosophy, University of Delhi on the topic 'Expanding frontiers of healing and well-being, exploring philosophical practices'. According to Prof. Balaganapathi, health is not just an absence of ill-health. Rather one needs to look at it in a more holistic manner. He further opined that it is not quantifiable either since it has as many psychological connections as it has physical. He also stated that an individual's health should be in alignment with nature and natural laws. He further talked about philosophical counseling giving a completely new lens to think and talk about, and engage with the issue of mental health and well-being. He explained that philosophical counseling is done with the person who doesn't fit in the broad categories of having biological and mental issues. The methodology of philosophical counseling is a very different and distinct aspect. The talk ended with an intense discussion between the participants and professor Balaganapathi and the queries regarding mental health were addressed moderated by Dr. Neeraj Kumar of the Department of Sociology, Maitreyi College.

The second session of Day-2 included a talk by Dr. Alok Sarin, Consultant Psychiatrist, Sitaram Bhartia Institute of Science and Research, New Delhi. He gave an enlightening address on the Practitioner's Perspective. Dr. Alok began with a story to explain how a practitioner is compelled to walk on the path of something that he is asking his/her co-partner or the participant in the discussion to do. He brought everyone's attention to the Covid-19 pandemic and linked it back to the Spanish flu of 1918 and its impact in India. He discussed the implications of the return of soldiers from World War I and how Bombay became the epicenter at that time. He tried to make connections between philosophical counseling and counseling done by practitioners. Dr. Alok highlighted the importance of empathy, reflexivity and awareness at the practitioner's end and concluded by saying that finding similarities in events and life can be an important part of the process of healing. The session ended with a fruitful round of discussions between him and the participants, moderated by Dr. Bijayani Mishra.

The talks were followed by five descriptive presentations given by various universities explaining the measures and initiatives they have taken toward improving and aiding the mental and well-being of the students.

Firstly, Dr. Abha Singh from C.S.J.M University, Kanpur highlighted that by keeping in view the problems of the students, the Psychology Department created a counseling cell. The cell enables students to practice meditation and yoga and attempts to provide many behavioral skills which facilitate self-awareness amongst students. The counseling cell also tries to inculcate many positive psychological assets like gratitude, resilience, happiness, forgiveness, and overall well-being. Through extra-curricular activities and innovative ideas, young minds can accelerate and feel the freshness of life. She concluded by sharing their goal: to enable students to achieve their greater goal with happiness.

Next, Dr. Priyanka Shukla, Assistant Professor of Department of Psychology, Rammanohar Lohia Avadh University presented 'A conceptual framework of Avadh University for promoting mental health and well-being among students'. She stated that students come from different backgrounds and with distinct aspirations and goals with their emerging needs and concerns. According to her, the aim of such services would be to ensure that students live their lives effectively and productively and become resilient over time with the help of life skills, even in the face of challenges, hard times, and roadblocks. She concluded her talk by citing ways in which mental health and well-being strategies can be implemented.

Following this, Dr. Pulkit Khanna, Associate Professor (Psychology) and Vice Dean at the Jindal Institute of Behavioral Sciences (JIBS), O. P. Jindal Global University, talked about the multi-pronged strategy for campus and community well-being. It comprises in-house counseling services, curricular interventions, training, and peer support networks. She discussed the beneficiaries and the stakeholders, the challenges faced and the way forward to break through these challenges (matching existing resources with the dynamic needs, sustainability of practices, greater online integration, etc). She concluded by sharing the practices and initiatives adopted by O.P. Jindal Global University, India to champion the cause of psychological well-being within their campus and the larger community.

Professor Naved Iqbal Hon. Director from Jamia Millia Islamia University shared information about the activities and services carried out by the University Counseling and Guidance Center, JMI. Set up in the year 2005, this initiative aimed to help students achieve their fullest potential in academic areas and to prepare them to meet the challenges in the future. The four main activities of this Center were listed as counseling for the redressal of personal problems, counseling for career information and orientation, workshops for developing life skills in students, and lectures to make students aware of the significance of mental health and wellbeing. He concluded by sharing an interesting fact - During the COVID-19 pandemic, the Center was the first in the country to start the tele-counseling services for the students, teaching, and non-teaching staff of the Jamia Millia Islamia on March 31, 2020.

Lastly, Ms. Meheli Saha, Ms. Kanak Kataria and Dr. Seema Mehrotra from NIMHANS talked about an online peer support forum for youth mental health. Psych-care Peer Support (for youth) was officially launched at NIMHANS during the World Mental Health Celebration on 10th October 2021. Prior to the launch, the Department of Clinical Psychology recruited and trained youth volunteers to serve as peer support volunteers for the forum. They further discussed the process involved in setting up the forum, training and supervising volunteers, and maintaining the forum. Lastly, they highlighted the challenges faced in these processes, the insights from posts and responses, and feedback received from trained volunteers. Each presentation was followed by an interactive session moderated by Mr. Pawan Harsana, Department of Sociology, Maitreyi College wherein the presenters answered the questions asked by the participants of the conference.



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presents  
**3-DAY NATIONAL CONFERENCE**

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**Integrated Approach to Mental Health and Well-being in the Universities:  
 Perspectives, Methodologies and Practices**

**Day-2: 22-April-2022, Friday**

**10:AM Onwards**



Prof. Balaganapathi Devarakonda  
 Former Head,  
 Department of Philosophy,  
 University of Delhi



Dr. Alok Sarin  
 MBBS, MD (Psychiatry)  
 Consultant Psychiatrist,  
 Sitaram Bharda Institute of Science and  
 Research, New Delhi

### Schedule

**Morning Session: 10.00 a.m.**

**Session Theme: Methodologies and Practices**

**Relevance of multidisciplinary theoretical frameworks for healing practices  
 in counseling centers: Expanding frontiers of healing and wellbeing**

**Session I: Philosophical Frameworks and Orientations**

Speaker: Prof. Balaganapathi Devarakonda, Former Head, Department of  
 Philosophy, University of Delhi

Moderator: Dr. Neeraj Kumar

**Session II: Through the lens of the Practitioner**

Speaker: Dr Alok Sarin, MBBS, MD (Psychiatry), Consultant Psychiatrist, Sitaram  
 Bharda Institute of Science and Research, New Delhi

Moderator: Dr. Bijayani Mishra

**Afternoon Session: 12:30 p.m.**

**Practice: University psycho-social**

**Moderator: Mr. Pawan Harshya**

- Chhatrapati Shahu Ji Maharaj University (CSJMU)
- Dr. Rammanohar Lohia Avadh University
- O.P. Jaiswal Global University
- Jamia Millia Islamia University
- National Institute of Mental Health and Neurosciences

### Via Zoom App

Meeting link- [zoom.us/j/81376420949?pwd=UmFaUGR2OTV6WWxBakxqdnM4O0Rkdz09](https://us06web.zoom.us/j/81376420949?pwd=UmFaUGR2OTV6WWxBakxqdnM4O0Rkdz09)

Meeting ID: 813 7642 0949

Password: 462962

#### CSMR

Prof. Balaganapathi Devarakonda  
 Maitreyi College  
 University of Delhi

#### CONVENOR AND COORDINATORS

Dr. Alok Sarin, Convener  
 Sitaram Institute  
 Associate Professor

#### ORGANISING COMMITTEES

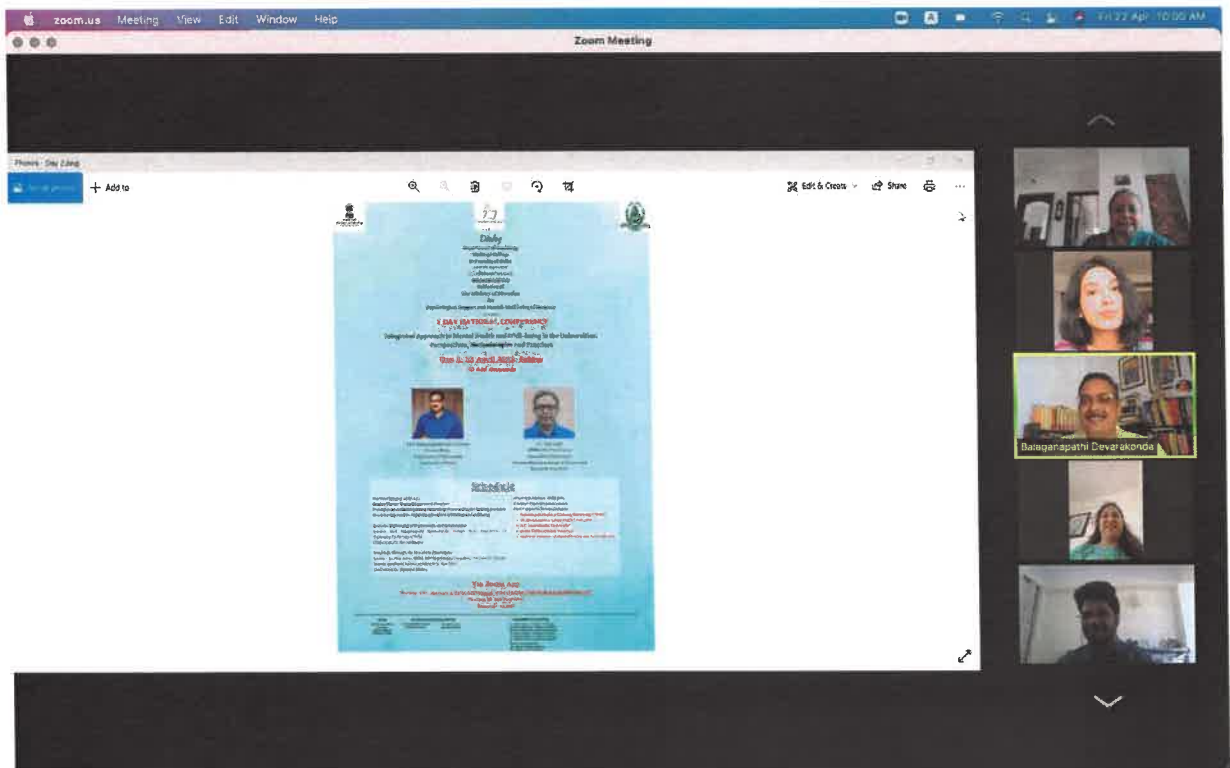
Dr. Arjun Kumar, Assistant Professor  
 Dr. Ranjit Bhargava, Assistant Professor  
 Dr. Pawan Harshya, Assistant Professor  
 Dr. Neeraj Kumar, Assistant Professor  
 Dr. Tejendra Mishra, Assistant Professor  
 Dr. Lalit Mishra, Assistant Professor  
 Workshop Coordinators  
 Ms. Khushi, Trainee  
 Ms. Siddhi, Vice-Principal

### Online Meeting Link:

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Meeting ID- 813 7642 0949

Password- 462962





## Participant List

S. No.	Internal List	External List	Faculty
1	Khushi Talwar	Maanya	Dr. Gopi Devdutt Tripathy
2	Sabhyta	Aditi Dalal	Dr. Anurita Jalan
3	Vanshika	Meheli	Dr. Aruna Grover
4	Sanjana	Aditi Negi	Dr. Rashi Bhargava
5	Preena	Anjana Suresh	Dr. Aditi Narayani
6	Aadya Nath	Astha Gupta	Dr. Bijayani Mishra
7	Ananyaa Anirudh	Ayushi	Dr. Neeraj Kumar
8	Ayesha	Ayushi Jain	Mr. Pawan Harsana
9	Bharti Yadav	Bhavya Kumari	
10	Guldasta	Chrisia Laura Pinto	
11	Heena Chauhan	Dr. Abha Singh	
12	Hoshangi	Dr. Rohini Kallakuri	
13	Janhavi Kathoria	Gunjan	
14	Kaveri Mishra	Harshita	
15	Kavita	Himanshi	
16	Kunika Tyagi	Insha Qazi	



17	Manimso	Karishma Biswas	
18	Nimisha	Kashish	
19	Oshvi	Khyati Sharma	
20	Priyanka	Mansi	
21	Priyanka Devalla	Mansi	
22	Rambha Jaiswal	Megha	
23	Ritika Chaudhary	Nayan	
24	Ria	Madhurima Pradhan	
25	Saima Siddiqui	Neha Juneja	
26	Sakshi Ranjan	Nisha Sharma	
27	Shivani	Nitu Shahu	
28	Shobhna Sharma	Poonam	
29	Sushree	Prasanna	
30	Swikirti Kumari	Priyanka Shukla	
31	Vanshika	Dhanangka Kagita	
32	Yashika Yadav	Rajni Madhukar	
33	Arunima	Rekha	
34	Jisusmita Kashyap	Rushi	
35	Kesang Choiky	Sanjana Pratap Singh	
36	Shristy Singh	Saujanya Shah	
37	Shweta Yadav	Shiwani	
38	Vanya	Shreya Yadav	
39	Vidhi	Usha Rani Kataria	
40	Astha Priya	Usha Sharma	
41	Ritu Gupta	Vidhi Nain	
42	Deepti Sinha	Tanya Tiwari	
43	Radha Yadav	Fathima Noud	
44	Rahat	Nandini Roy	
45	Rushali Singh	Vyshnavi Bomma	
46	Komal	Anjali Vaish	
47	Ishika	Pulkit Khanna	
48	Devi Nandana	Kirti	
49	Vilaksha Saini	Reena Devi	
50	Aastha	Samreen Chhabra	
51	Anushka Khushi	Sonia Panwar	

52	Sanya Juneja	Vivek Suneja	
53	Tanishka Singh	Pavitri	
54	Yogita Leve	Vidushi Jauhari	
55	Yashika Shankar	Kanak Kataria	

### ***Day 3: 23rd April 2022***

Day 3 of the conference began with a talk by Mr. Feisal Alkazi, Theater Director, Founder of Ruchika Theatre Group, an educationist and a counselor with *Sanjeevani*. He spoke at length about resilience and how the practitioners can help the people who approach them build resilience gradually. Narrating a story about a boy from Kashmir, he helped his audience to understand that increasingly across the world, there are multiple situations where children have lost their family and family members. This leads to displacement or trauma or bereavement on account of losing their dear ones. He then said that a child who can rise above all adversity is called resilient. He emphasizes the importance of counseling along with peer/group support that helps people get through their adverse situations. He concluded by saying that the six themes - “Paisa, Pyar, Paisha, Parents, Peers, and Privacy” are life-altering for people, thus making counseling the need of the hour in one’s adolescent/early adulthood days. The talk was followed by an interactive session moderated by Dr. Aditi Narayani, Department of Sociology, Maitreyi College.

His talk was followed by three University presentations. Ms Aditi Bhatia, Dr. Ankita Rai, and Dr. Suruchi Bhatia from Shyama Prasad Mukherjee College, University of Delhi gave a presentation on promoting well-being among students. They highlighted that in order to preserve the mental health and well-being of students and teachers, a number of initiatives have been taken by the College. A tele-counseling helpline service was launched during the COVID-19 pandemic to provide support and assistance to the students in dealing with psychological issues. Moreover, Mental Health Day is celebrated by the college every year to spread awareness about mental health on campus. They also highlighted several other ways and initiatives such as competitions,

blogs, etc that the college organizes or manages in order to spread and facilitate mental well-being.

Next, Dr. Rushi from ABVIMS, Dr. RML Hospital, New Delhi presented on 'Good Practices Model for Mental Health and Well-Being of Students in Medical Colleges and Hospitals' to explain the mental health of students in these colleges and universities. The Department of Clinical Psychology, Centre of Excellence in Mental Health, ABVIMS, Dr. RML Hospital, New Delhi, provides an opportunity to make a collaborative and targeted effort for the macro and microelements of psycho-social wellbeing as a paradigm. It focuses on the inclusivity of mental health support for the holistic development of young minds across institutions of higher learning. Apart from the tertiary mental health services, Mental Health Promotional activities are designed and delivered by the Department for all the students pursuing different graduation post-graduation courses at IP University as well as MBBS and postgraduate students of M. Phil and M.D. at the RML Hospital. She concluded by citing a creative initiative - several modules have been developed and are being implemented to provide them with skills to cope with the situations they often encounter on a day-to-day basis and provide the requisite skills to manage stress at work and carry out their functions and responsibilities with ease. Such skills have also been found to boost their self-esteem and confidence at work.

Lastly, Dr. Aruna Grover, Dr. Aditi Narayani, Ms. Khushi Talwar, Ms. Sabhyta presented on behalf of the Department of Sociology, Maitreyi College. They talked about a series of webinars organized in collaboration with *Manodarpan* that highlighted plan of action as well as initiatives taken towards facilitating mental well-being. They talked about the department's initiative to build a space where the students themselves would communicate and voice their opinions, facilitating a positive space for communication and introspection, which led to the launch of *Aashayein- Joy of little things* on Instagram and Facebook. It is run by the students, in coordination with the faculty, who regularly create posts, and stories and carry out a series of campaigns and activities focussing on joy and mental well-being. They tried to bring forth things that are often overlooked and the aim of doing so is to make people sense the beauty they unknowingly miss owing to life's hassles and hustles. They pick up several light-hearted issues such as book recommendations, festival posts, sunset pictures, and at the same time, basic decoding of several psychological ailments and ways of dealing with them. Lastly, they express

that they are working towards the vision of a happy campus space for the students and faculty to be themselves without any restriction. The session on the university presentations was followed by an interactive session moderated by Dr. Rashi Bhargava, Department of Sociology, Maitreyi College.

Following the University Presentations, Prof. Savyasaachi, Department of Sociology, Jamia Millia Islamia was invited for the Valedictory Address. He talked on “And Life Goes on Exploring the Vicissitudes of Happiness” and stated that when overwhelmed with grief, loss, and pain it is often said “pull yourself up, and life goes on”. He said that on the basis of interaction with people who have suffered immensely, this expression announces an engagement with bare life. Such engagement is with a smile and happiness which is difficult to grasp because the common understanding of happiness is associated with successes in life endeavors. He said it is now common knowledge that the quantum of grief, suffering, and pain that comes with unbridled development has been affecting people in all walks of life and in all classes with anomie, alienation, and estrangement. He concluded by saying that the manifestation of the proliferation of lifestyle ailments, the growing need for counseling facilities, the spread of violence from macro-social life to micro-social life, and the growth of hate speech, are not good for the productivity of the labor and for the functioning of a robust market. This was followed by a fruitful interaction between the students, faculty, and Prof. Savyasaachi, which was moderated by Dr. Rashi Bhargava, Assistant Professor, Department of Sociology.

The 3-day national conference ended with a formal vote of thanks by Dr. Rashi Bhargava, thanking all the speakers, participants, and the organising committee.

Overall, the conference was a huge success.



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 Department of Sociology  
 Maitreyi College  
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**Psychological Support and Mental-Well being of Students**

presents  
**3 DAY NATIONAL CONFERENCE**

**Integrated Approach to Mental Health and Well-being in the Universities:  
 Perspectives, Methodologies and Practices**

**Day 3: 23 April 2022, Saturday**

**10 AM Onwards**



Mr. Feisal Alkazi  
 Theatre Director  
 Founder of Ruchika  
 Educationist



Prof. Savyasaachi,  
 Department of Sociology,  
 Jamia Millia Islamia,  
 New Delhi

**Schedule**

**Morning Session: 10.00 a.m.**

*Session Theme: Construction of feelings and processes of healing*

*Session I: Media and Emerging Trends in Healing and Counselling*

Speaker: Mr Feisal Alkazi, Theatre Director, Founder of Ruchika Theatre Group, educationist

and counselor

Moderator: Dr. Aditi Narayani

Practitioner: University presentations

- Seetha Anand University, New Delhi
- Shyama Prasad Mukherjee College, University of Delhi
- Maitreyi College, University of Delhi

Valedictory Address

Speaker: Prof Savyasaachi, Department of Sociology, Jamia Millia Islamia, New Delhi

Moderator: Dr. Rashmi Bhargava

**Via Zoom App**

Meeting Link - <https://us06web.zoom.us/j/81376420949?pwd=UmFaUGR2OTV6WWxBakxqdM4O0Rkdz09>

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**CHAIR**

Prof. Indira Chatterji  
 Professor  
 Maitreyi College,  
 University of Delhi

**CONVENOR AND COORDINATORS**

Dr. Gopi Nandan Tripathy  
 Associate Professor

Dr. Anamika Jha  
 Associate Professor

**ORGANISING COMMITTEES**

Dr. Arup Goswami, Assistant Professor  
 Dr. Rishi Bhargava, Assistant Professor  
 Mr. Pawan Bhatnagar, Assistant Professor  
 Dr. Anvita Khatun, Assistant Professor  
 Dr. Rishu Malhotra, Assistant Professor  
 Dr. Aditi Narayani, Assistant Professor  
 Head/Lead Coordinators:  
 Ms. Khushi Talwar, President  
 Ms. Ishika, Vice-President

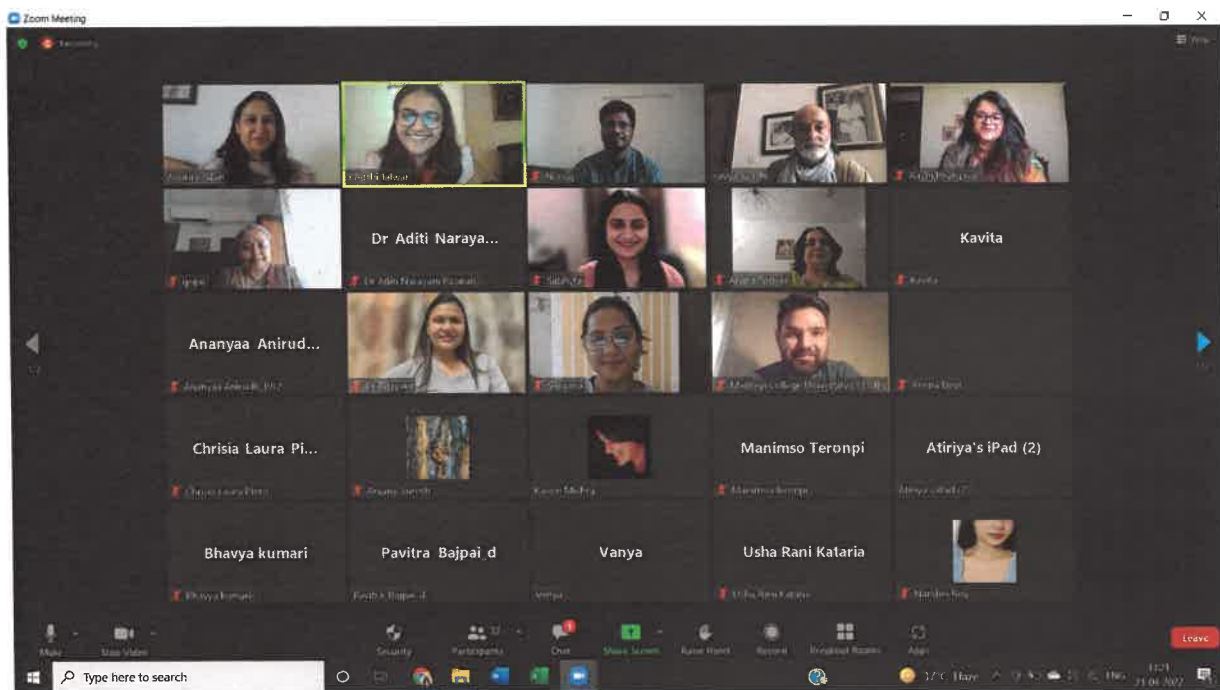
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Password- 462962





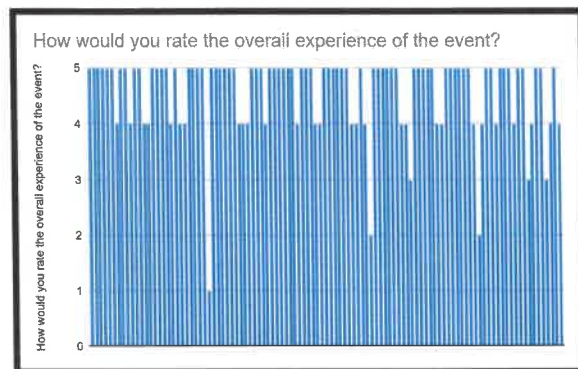
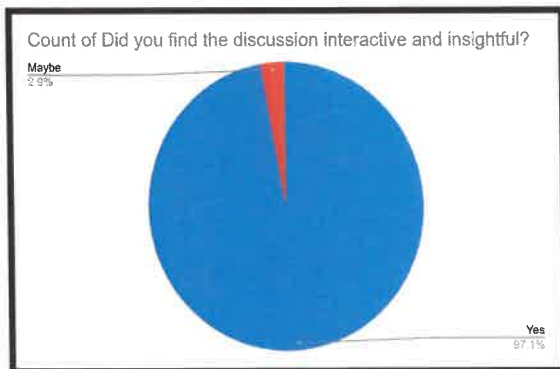
## Participant List

S. No.	Internal List	External List	Faculty
1	Khushi Talwar	462962	Dr. Gopi Devdutt Tripathy
2	Sabhyta	Aditi Bhatia	Dr. Anurita Jalan
3	Vanshika	Aditi Dalal	Dr. Aruna Grover
4	Sanjana	Akansha Mishra	Dr. Rashi Bhargava
5	Abhinandana Gogoi	Anjana Suresh	Dr. Aditi Narayani
6	Ananya Upadhyay	Ayushi Jain	Dr. Bijayani Mishra
7	Ananyaa Anirudh	Ayushi	Dr. Neeraj Kumar
8	Bharti Bansal	Christia Laura Pinto	Mr. Pawan Harsana
9	Deepti Sinha	Pavitra Bajpai	
10	Heena Chauhan	Dr. Jitendra Nagpal	
11	Hoshangi	Dr. Abha Singh	
12	Janhvi Kathoria	Dr. Joseph Jeganathan	
13	Juhi	Dr. Rohini Kallakuri	
14	Kaveri Mishra	Dr. Priyanka Shukla	

15	Kavita	iPhone Ektah	
16	Manimso Teronpi	Karishma Biswas	
17	Mehika Mathur	Mahima Nainiwal	
18	Mrinalini	Mala Kapur Shankardass	
19	Priyanka	Megha	
20	Priyanka Devalla	Mili Sharma	
21	Rahat	Nandini Roy	
22	Riya	Nayan	
23	Shivani	Neha Juneja	
24	Shobhna Sharma	Prasanna	
25	Shruti Singh	Prisha Singh	
26	Shristy Singh	Prisha Dasgupta	
27	Sushree	Saujanya Shah	
28	Swikirti Kumari	Sharia Qureshi	
29	Tonmoyee Borah	Shariya	
30	Yogita Leve	Shivani	
31	Astha Priya	Shreya Yadav	
32	Atiriya	Snigdha Mishra	
33	Jisusmita Kashyap	Tanya Tiwary	
34	Kashish	Tejal Tanya	
35	Ritu Gupta	Usha Rani Kataria	
36	Sweta Chauhan	Vyshnavi Bomma	
37	Vanya	Dhananka Kagita	
38	Suchitra Khundrakpram	Aashima Sharma	
39	Rushali Singh	Bhavya Kumari	
40	Maanya	Garima Rana	
41	Tanishka Singh	Lisa Minj	
42	Devi Nandana		
43	Janvi Chauhan		



## Feedback Analysis:



*\*participants rated the event out of 5*

## Significance of the Event -

The event enabled the participants to gain a new and wider perspective on mental health and wellbeing. Ranging from mental health amongst the youth to specific genres such as medical students to several other related topics such as exam and career anxiety, the 3-day national conference aimed and succeeded at providing diverse angles and information on such an omnipresent yet unknown issue. By highlighting the initiatives taken by various Universities concerning mental well-being of their students, the conference beautifully expressed that a new horizon which contains a recognizable and reachable place for mental health concerns and general well being seems to be around the corner. All in all, the session was not only informative and thought provoking but also inspired hope too.

*Sumita Jalan*

Signature of the Convenor

## **DEPARTMENT OF SOCIOLOGY**

### **Farewell and Magazine Launch**

**National/International/Inter-University/State Level/College Level- College Level**

**Date (DD-MM-YYYY)- 27.04.2022**

**Name of the organizing Department/Society- Department of Sociology**

**Name of the convenor/coordinator of the event- Dr. Gopi D. Tripathy and Dr. Anurita Jalan**

**Total Number of the participants/beneficiaries from College (with relevant proofs)- 121**

**(Both events)**

The Department of Sociology, Maitreyi College organized the departmental farewell as well as its magazine launch on 27th April 2022 at 10:00 am. This was the first offline event organized by the department after COVID. The event was attended by 113 students (mostly final year students) and the faculty.

A cake was brought to kickstart the event. After having treated all the seniors, various dancers from the first and second years took the stage to enliven the farewell. There were group performances from the first and second year respectively and a duet by first-year students. The stage was then taken by two first-year students who entertained the audience with a humorous standup comedy piece. Following this, titles were given for the third year, with an interval wherein two singers mesmerized the audience with their amazing voices.

Several games such as musical chairs and a treasure hunt were organized for the third-year students. This was followed by the distribution of gifts. A special gift - a personalized diary which was meant to be used as a slambook, was given as a surprise element. Snacks were also served throughout the event. Moving forward, the faculty members took the stage to wish luck to the outgoing batch. The office bearers and other position holders officially signed off their

positions and gave heartwarming speeches. Lastly, a video containing memorable pictures and videos of the outgoing batch was played to bid the final farewell. All in all, the farewell was a success.

After the farewell, the Department of Sociology, Maitreyi College released the second volume of its annual magazine - *Sociologue: Aao Baat Karein*. The theme for this volume was 'Celebrating 75 years of Independence'. The magazine was launched by the faculty and the editorial board. The magazine contains a number of articles, artwork, recommendations and poems that present interesting takes on the theme. Ranging from interviews of grandmothers about their perception of the Indian independence to presenting a distinction between credit and celebration, to the stories of hidden contributors to independence, to the story of Indianising tea, to popular perception and fact check, to what not; this year's issue contains all the elements that aim to highlight the taken-for-granted or ignored aspects of celebrating independence. The event was concluded by a touching personal address by the editor. Thus, the magazine launch was a shining success as well.

**Event Posters**

Farewell



Magazine Launch

**DEPARTMENT OF SOCIOLOGY**

**MAITREYI COLLEGE**

*Welcomes you to*

The Release  
*of the*  
Department e-magazine  
*Sociologue : Aao Baat Karein*  
Volume 2

**27 April 2022|10:00 AM**

**Venue: Room No.18**

**Pictures of the event**

Farewell





Magazine Launch





### Participant list

	BA Sociology	FACULTY
1	Sanjana	Dr. Gopi D. Tripathy
2	Vanshika	Dr. Anurita Jalan
3	NAVYA ROY	Dr. Aruna Grover
4	KUNIKA TYAGI	Dr. Rashi Bhargava
5	POOJA	Mr. Pawan Harsana
6	POOJA SHARMA	Dr. Neeraj Kumar
7	AKSHITA TALWAR	Dr. Bijayani Mishra
8	NAMRATA KALITA	Dr. Aditi Narayani
9	NIMISHA	
10	AYESHA SIDDIQUA HUSSAIN	
11	OSHVI	
12	JHANVI	
13	MUSKAN VATS	
14	TRISHNA KALITA	
15	VIDHI DUTT	



16	SWETA CHAUHAN	
17	SAIMA SIDDIQUI	
18	SUSHREE MUKHERJEE	
19	RITIKA CHOUDHARY	
20	SAKSHI SINGH	
21	YASHIKA YADAV	
22	PRIYANSHI	
23	DEVANSHI MEHTA	
24	SARA KHAN	
25	BHARTI	
26	RIA RAO	
27	MEHIKA MATHUR	
28	KHUSHI SINGH	
29	Sabhyta	
30	Aashna Nayyar	
31	Somya Singh	
32	Ananya Upadhyay	
33	Anoushka Sarma	
34	Kuhu Bawa	
35	Bidisha Medhi	
36	Aadya Nath	
37	Shahin Afrin	
38	Kanika Dahiya	
39	Mousumi Das	
40	Sanghita Hazarika	
41	Soumya Khandelwal	
42	Chhime Lamu Bhutia	
43	Shashi	
44	Yashika Sirwani	
45	Sanjana Kalra	
46	Sneh Thapa	
47	Sristi Das	
48	Sanyukti Dewan	
49	Khushi Talwar	
50	Abhinandana Gogoi	
51	Yachika Chaudhary	
52	Tonmoyee Borah	
53	Ananyaa Anirudh	
54	B Nikita Sherley	

55	Garima Dabral	
56	Abhilasha Thakuria	
57	Jagriti Kalita	
58	Rambha Jaiswal	
59	Atiriya	
60	Otu Ruth Banku	
61	Yogita Yadav	
62	Bharti Yadav	
63	Kesang Choiky	
64	Priyanka Kirar	
65	Arunima Ranjan	
66	Sakshi Ranjan	
67	Nishigandha Gogoi	
68	Zenab Ali	
69	Jyoti Singh	
70	Tashi Wangmo Bhutia	
71	Anjali Singh	
72	Ankita Arvind	
73	Tannu Kumari	
74	Shivani Baruah	
75	Ashu Shami	
76	Chhavi	
77	PRIYANKA DEVALLA	
78	KAVITA	
79	MANIMSO TERONPI	
80	DEEPTI SINHA	
81	MRINALINI MENON	
82	HOSHANGI CHAUDHARY	
83	JANHVI	
84	PRIYANKA S	
85	RAHAT	
86	ASTHA PRIYA	
87	MEHDIA ZAIDI	
88	ASTHA JAISWAL	
89	DEEPTI DALAL	
90	DEVINANDANA R. S	
91	ISHIKA SINHA	
92	TANISHKA SINGH	
93	RITU GUPTA	

94	GULDASTA	
95	NANDINI	
96	KAGO SAYA	
97	SHARON LAZRES	
98	SANYA	
99	RHYTHM	
100	SWIKRITI KUMARI	
101	VAISHNAVI	
102	SHOBHNA SHARMA	
103	VAISHNAVI	
104	YOGITA	
105	JISUSMITA KASHYAP	
106	PREENA VERMA	
107	HEENA CHAUHAN	
108	JANVI CHAUHAN	
109	SHRISTY SINGH	
110	RADHA YADAV	
111	VILAKSHA SAINI	
112	KAVERI MISHRA	
113	ANUSHKA	

### Significance of the event

The departmental farewell was aimed at giving the outgoing batch the respectful, heartwarming and entertaining goodbye that they deserve. More importantly, it enabled them to enjoy one of the last days of college alongside their batchmates.

Additionally, the magazine launch enabled the sharing of the interesting departmental magazine with the entire department. By extending its reach, the event ensured that the magazine reaches a larger audience and educates them with its unique angles and tales.

GD

Anurita Jalan

Signature of the Convenor

Anurita Jalan

## *Who is Babu? Gandhiji as I see him*

**Event: Inter-college level**

**Date: 26/09/2022**

**Department of Sociology, Maitreyi College**

**Convener/Coordinator: Dr. Anurita Jalan & Dr. Gopi Devdutt Tripathy**

**Resource person: K.P Singh, Director, Gandhi Bhawan, University of Delhi**

**Total number of participants: 87**

To celebrate the 153rd Birth Anniversary of Mahatma Gandhi; **Dialog**, the Department of Sociology, Maitreyi College, organized an inter-college event on the theme: 'Who is Babu? Gandhiji as I see him', at **11:00am on 26th September 2022** in the college's seminar hall. The event was sponsored by Network Capital: a widely trusted career experimental and advancement platform. The highlight of the event was the inauguration of **Manan: Center for the Study of Gandhian Thought**. Manan is a forum to contemplate Gandhian thought: philosophy, understanding of truth, tolerance and others and exploring their relevance in the present day. Further, two students graced the event by singing one of Gandhi Ji's favorite prayers: Vaishnav Janto.

Dr. Anurita Jalan, convener of Manan and the Teacher In-Charge of Department of Sociology delivered the welcome speech. She warmly welcomed the gathering and briefly introduced Manan. She highlighted that the meaning of the term 'Manan' is 'to contemplate' and along these lines, the Centre will aim at understanding and engaging with the ideology of Gandhi ji.

Nimisha Kukreja, Vice-President of the Department of Sociology felicitated Dr. Sanjay Sinha, Associate Professor, Department of Political Science, Zakir Hussain College, University of Delhi (Evening), who judged for poster making competition of the event along with Mr. Pawan Harsana, Assistant Professor, Department of Sociology, Maitreyi College.

The poster making competition was conducted first where students from both the host college, Maitreyi and other colleges had performed. Both Digital and Handmade posters, pertaining to the theme "Who is Babu? Gandhiji as I see him", were accepted and were evaluated. The posters represented different perspectives and outlooks towards Gandhi Ji. The participants were required to explain their posters in front of the judges.

Open Mic competition was held next where all participants were from Maitreyi College. Speeches and poems were presented, all in accordance to the set theme of the event. The participants were given 6 minutes each to speak on their topic and their outcome was multiple narratives from each one of the pieces. Dr. Sunita Pareek, Associate Professor, Department of

Political science, Aditi College, University of Delhi and Dr. Aditi Narayani, Department of Sociology, Maitreyi College judged the event.

Following the two student events, Pradeep sir felicitated the chief guest: Prof. K.P. Singh. He is currently a Professor at the Department of Library and Information Science. He is also the Director of Gandhi Bhawan.

Prof. K.P. Singh began highlighting the global importance and relevance of Gandhi ji. He also expressed his happiness on the fact that Maitreyi College was the first college of University of Delhi to form a Centre for the Study of Gandhian Thought, that is, Manan. Further, he emphasized on his ideology and discussed his stand on a variety of issues such as anusharan, Ahimsa, environment, education, sacrifice and much more. He highlighted that Gandhiji was against over-indulgence of technology. He also added that to live like Gandhiji does not equate to following his mere appearance and dressing sense, but to follow his path of simplicity and peace.

Towards the end of the event, Sanjana Sinha, President of the Department announced the results of the competitions. Prof. Singh congratulated the winners while giving them the certificates.

Debarati and Shobhna marked the ending of the event with the prayer: Raghupati Raghav Raja Ram. Lastly, vote of thanks was delivered by Dr. Aruna Grover, Assistant Professor, Department of Sociology.

### Posters of the event

**Celebrating 153rd Birth Anniversary of Mahatma Gandhi**

**Manan**  
**Centre for the Study of Gandhian Thought**  
Maitreyi College  
(Gandhi Study Circle, Gandhi Bhawan, University of Delhi)  
in collaboration with  
**Dialog**  
Department of Sociology, Maitreyi College  
(Bhawan)

**An inter college event**

**Theme - Who is Bapu? Gandhiji as I see him**

**Programme -**

- Inaugural address -  
Prof. K.P. Singh, Director, Gandhi Bhawan, University of Delhi
- Open Mic Competition
- Poster Making Competition

**Date:** 26th September 2022  
**Time:** 10:00 am onwards  
**Venue:** Conference Room (NSB) Maitreyi College

**ALL ARE INVITED!**

**Faculty coordinators and Students, Dept. of Sociology, Maitreyi College**

Prof. Barvina Chagga Chair Acting Principal	Dr. Aruna Grover Convener Manan Centre for the Study of Gandhian Thought & TIC	Dr. Kapil D. Tejpal Association in-charge	Dr. Shobha Kumar Technical Co-ordinator	Dr. Bijayant Mishra Dr. Aditi Narayani Prasad Media Co-ordinator	Sanjana Sinha - President Maitreyi Bhawan - Vice President Sudha Students Association
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*Celebrating 153rd Birth Anniversary of Mahatma Gandhi*

## **Manan**

**Centre for Study of Gandhian Thought**

*Maitreyi College*

*(Gandhi Study Circle : Gandhi Bhawan, University of Delhi)*

*in collaboration with*

*Dialog*

**Department of Sociology, Maitreyi College**

*Presents*

## **Poster Making Competition**

**Date:** 26th September 2022

**Time:** 10:00 am onwards

**Venue:** Conference Room (NSB) Maitreyi College

**Theme - *Who is Bapu ? Gandhiji as I see him***

### **Rules and Guidelines :**

- The participants are requested to send their posters on [sociology.maitreyi@gmail.com](mailto:sociology.maitreyi@gmail.com)
- All selected posters will be displayed.
- Deadline to submit your entries: 23rd September, 2022
- The participants will be notified of their selection via mail by 24 September, 2022.

**First Prize- 1500 INR**

**Second Prize- 1000 INR**

**Third Prize- 500 INR**

### **For further queries contact:**

Saajana Sinha: President Nitesha Kakreja: Vice President

+91 98993 27062

+91 94164 43311



*Celebrating 153rd Birth Anniversary of Mahatma Gandhi*

**Manan**

**Centre for the Study of Gandhian Thought**

Maitreyi College

**(Gandhi Study Circle, Gandhi Bhawan , University of Delhi)**

*in collaboration with*

**Dialog**

**Department of Sociology, Maitreyi College**

*Presents*

# **Open Mic Competition**

***Theme - Who is Bapu ? Gandhiji as I see him***

**Date:** 26th September 2022

**Time:** 10:00 am onwards

**Venue:** Conference Room (NSB) Maitreyi College

**Rules and Guidelines :**

- The participants are requested to send a concept note of their talk on [sociology.maitreyi@gmail.com](mailto:sociology.maitreyi@gmail.com)
- The time limit for the open mic will be 6 minutes.
- Deadline to submit your entries: 23rd September, 2022
- The participants will be notified of their selection via mail by 24 September, 2022.

**First Prize- 1500 INR**

**Second Prize- 1000 INR**

**Third Prize- 500 INR**

**For further queries contact:**

Sanjana Sinha: President Nimisha Kukreja: Vice President

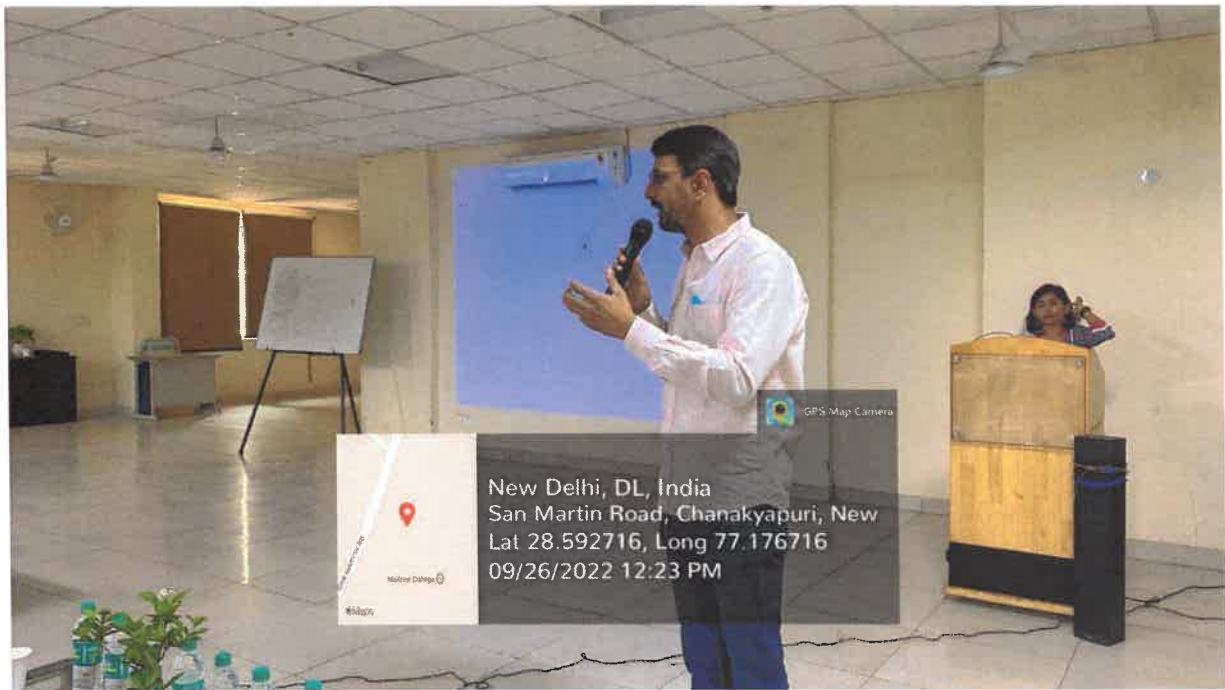
+91 98993 27062

+91 94164 43311









New Delhi, DL, India  
San Martin Road, Chanakyapuri, New  
Lat 28.592716, Long 77.176716  
09/26/2022 12:23 PM

GPS Map Camera



New Delhi, DL, India  
San Martin Road, Chanakyapuri, New  
Lat 28.592719, Long 77.176857  
09/26/2022 02:02 PM

GPS Map Camera

### Name of Prize holders:

#### 1. Open mic competition

1st position - Priyanka Sehrawat

2nd position - Anshika Singh

3rd position - Preena Verma

#### 2. Poster presentation

1st position - Shaheen Ahmed

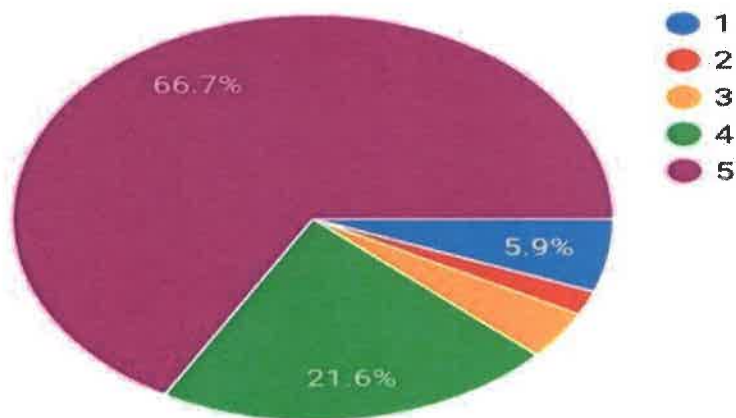
2nd position - Shaizal Sharm

3rd position - Bharti Bansal

### Feedback analysis

How would you rate your overall experience of the event

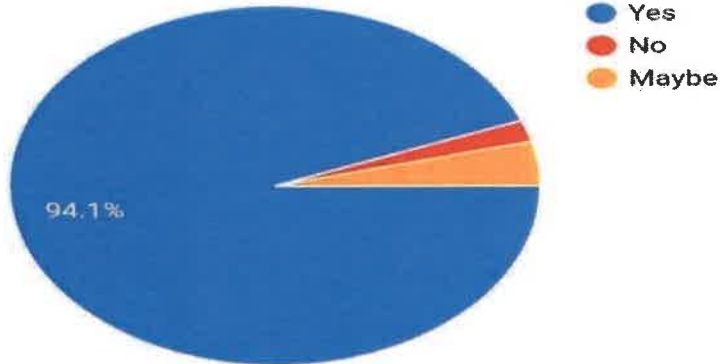
51 responses



Did you find the discussion interactive and insightful?



51 responses



*Anurita Jalan*

Dr. Anurita Jalan  
Teacher-In-Charge  
Department of Sociology  
Maitreyi College

*Anurita Jalan -  
T. I. C Sociology -*

**List of Participants:**

Department of Sociology				
Second Year - Event Attendance				
			Talk on "Gandhi as I see him"	
S.No	Name BA Sociology	Roll No.	26th September	
1	PRIYANKA DEVALLA	2021/0363	P	
2	KAVITA	2021/0143	P	
3	SUCHITRA	2021/0158	P	
4	DEEPTI SINHA	2021/0159	P	
5	MRINALINI MENON	2021/0273	P	
6	HOSHANGI CHAUDHARY	2021/0309	P	
7	JANHVI	2021/0352	P	
8	PRIYANKA S	2021/0124	P	
9	RIYA	2021/0483	P	
10	ASTHA PRIYA	2021/0513	P	
11	MEHDIA ZAIDI	2021/0512	A	
12	MAANYA KOTHARI	2021/0533	A	

13	GARIMA RANA	2021/0540	P	
14	DEVINANDANA R. S	2021/0542	P	
15	ISHIKA SINHA	2021/0613	P	
16	TANISHKA SINGH	2021/0731	P	
17	RUSHALI	2021/0735	P	
18	GULDASTA	2021/0747	P	
19	KOMAL	2021/0786	A	
20	YASHIKA SHANKAR	2021/0788	P	
21	SHARON LAZRES	2021/1186	P	
22	SANYA	2021/1202	P	
23	BHUMIKA	2021/1203	P	
24	SWIKRITI KUMARI	2021/1205	P	
25	VAISHNAVI	2021/1206	P	
26	SHOBHNA SHARMA	2021/1207	P	
27	VANSHIKA	2021/1241	P	
28	YOGITA	2021/1262	P	
29	JISUSMITA KASHYAP	2021/1340	P	
30	PREENA VERMA	2021/1366	P	
31	HEENA CHAUHAN	2021/1376	P	
32	JANVI CHAUHAN	2021/1431	P	
33	MANIMSO TERONPI	2021/1433	P	
34	RAHAT	2021/1448	P	
35	RITU GUPTA	2021/1486	P	
36	SHIVANGI SINGH	2021/1531	Left	

37	ASTHA JAISWAL	2021/1838	P	
38	DEEPTI DALAL	2021/1937	P	
39	SADIA HUSSAIN	2021/1997	P	
40	NANDINI	2021/2001	A	
41	KAGO SAYA	2021/2014	P	
42	RHYTHM	2021/2049	P	
43	SANA	2021/2098	P	
44	NASHI	2021/2202	A	
45	SHRISTY SINGH	2021/2274	P	
46	RADHA YADAV	2021/2284	P	
47	VILAKSHA SAINI	2021/0256	A	
48	KAVERI MISHRA	2021/2243	P	
49	ANUSHKA	2021/2283	P	
50	PRIYANSHI	2021/2173	P	
51	VANSHIKA BAGRI	2021/2275	P	

<b>Department of Sociology</b>				
<b>Thrid Year - Event Attendance</b>				
			<b>Talk on gandhiji as i see him</b>	
<b>S.No.</b>	<b>Name BA Sociology</b>	<b>Roll Number</b>	26/09/2022	

1	DIVYA YADAV	2020/1983	A	
2	NUPUR NANDINI	2020/1871	P	
3	TANYA GUPTA	2020/1507	P	
4	NAVYA ROY	2020/1509	P	
5	KUNIKA TYAGI	2020/1511	P	
6	POOJA	2020/1524	P	
7	AKSHITA TALWAR	2020/1435	P	
8	NAMRATA KALITA	2020/1436	A	
9	DIVYA CHOUDHURY	2020/1437	A	
10	KIJUM HAIDER	2020/1441	A	
11	ARISHA FAROOQUEE	2020/1443	P	
12	NIMISHA	2020/1444	P	
13	AYESHA SIDDIQUA HUSSAIN	2020/1445	P	
14	ANJALI YADAV	2020/1486	A	
15	OSHVI	2020/1489	A	
16	JHANVI	2020/1325	P	
17	MUSKAN VATS	2020/1326	P	
18	KAVITA BHATTARAI	2020/1327	A	
19	JUHI MAZUMDAR	2020/1322	A	
21	TRISHNA KALITA	2020/1370	P	
22	SHAHEEN AHMED	2020/1371	P	
23	VIDHI DUTT	2020/1373	A	
24	SANJANA SINHA	2020/1374	P	



25	SWETA CHAUHAN	2020/1375	A	
26	SAIMA SIDDIQUI	2020/1376	P	
27	SUSHREE MUKHERJEE	2020/1377	P	
28	RITIKA CHOUDHARY	2020/1378	P	
29	KRISHNA PREMANJALI GOSWAMI	2020/1379	A	
30	SAMRIDHI BARUAH	2020/1391	P	
31	SHRUTI SINGH	2020/1393	P	
32	PRACHI SHANKER	2020/1400	A	
33	URMI EMON LUKHURAKHON	2020/1406	A	
34	SAKSHI SINGH	2020/1240	P	
35	P SNEHA	2020/1174	A	
36	YASHIKA YADAV	2020/1175	A	
37	VANSHIKA	2020/1177	P	
38	DEVANSHI MEHTA	2020/1179	P	
39	SARA KHAN	2020/1181	P	
40	BHARTI	2020/1182	P	
41	RIA RAO	2020/1183	P	
42	DEBARATI MITRA	2020/824	P	
43	VANYA SARNA	2020/822	A	
44	HARSHIA SETHIA	2020/821	A	
45	SAUMYA CHAUHAN	2020/268	P	
46	DIANE ZOENGSANGI	2020/309	A	
47	ANJALI KUMARI VERMA	2020/747	A	

48	PRIYADARSHINI BARUAH	2020/2095	A	
49	SWASTI SHREE	2020/2285	A	
50	MEHIKA MATHUR	2020/2303	P	
51	KHUSHI SINGH	2020/2302	A	
52	SHREYA PAL	2020/2323	P	

Dr. Anurita Jalan  
Teacher-In-Charge  
Department of Sociology  
Maitreyi College

## **Special Lecture : Well Being is a Skill**

Maitreyi College  
University of Delhi

**Date: - 7th December, 2022**

**Participants: - 226**

The Centre for Research, (CFR), with Aashayein, an initiative of the Department of Sociology, Maitreyi College, in collaboration with Manodarpan, Ministry of Education, Govt. of India organized a special lecture on 7<sup>th</sup> December, 2022. The theme of the lecture was “Well Being is a Skill” and was conducted in hybrid mode. The event had registrations across India, comprising attendees from different universities and colleges as well. There was a veritable number of participants on the day of the lecture with 20 members of faculty in attendance, 181 members attending physically and 45 attending virtually.

The lecture was delivered by Professor Richard Davidson, William James and Vilas Professor of Psychology and Psychiatry at the University of Wisconsin–Madison and the Founder and Director of the Center for Healthy Minds. He is well-known for his ground-breaking work studying emotion and the brain. Time Magazine named Davidson as one of “The 100 Most Influential People in the World” in 2006.

The session was chaired by Professor Vivek Suneja, Dean, Faculty of Management Studies, University of Delhi. Prof. Suneja currently serves as a Professor of Strategy in FMS, University of Delhi.

The session began with lighting of lamp and Shanti Mantra "*Asotama Sadgamaya*" being sung by the students of the Department of Sociology. Following this, a welcome address was given by Dr. Brototi Roy, Department of Zoology wherein she laid out the objectives of the session.

Prof. Haritma Chopra, Principal, Maitreyi College formally addressed the gathering and expressed her gratitude to Prof. Davidson and Prof. Suneja. She elaborated on the significance of the lecture and discussed the relevance of the topic in our everyday lives.

Prof. Davidson started the lecture with an insight on well-being as a skill which could be harnessed, by substantiating his points through contemplative neuroscience built at the confluence of neuroplasticity and epigenetics. He unpacked the notion of nurturing kindness to counter a mental health pandemic similar to the viral pandemic that we had lived through. Furthermore, he emphasized the importance of four pillars of well-being, which would collectively lead to signs of resilience; these were awareness, connection, insight and purpose.

Prof Davidson talked of using brain imaging technology to measure the function of the brain. He went on to elaborate a study conducted in 151 nations which made a discourse on well-being

impacting biological health in consequential ways. Furthermore, he touched up on research which concluded that human beings were born with the natural instinct of kindness. He also mentioned William James' book "Principles of Psychology" (1890) which elaborated on the strategy of educating attention and discussed his experiment which concluded that long term meditation practitioners are resilient towards physical pain. The functioning of the brain is amenable to changes through mindfulness meditation and he accentuated nourishing minds through simple practices paired with pedestrian activities to bring wholesome changes in the world.

He then shed light on "The Healthy Minds Program" developed by him and his team which in the form of a mobile app had proved to be scaling well-being through randomized trials. He concluded his lecture by quoting from His Holiness, the Dalai Lama's book "The Art Of Living" :

*"The systematic training of the mind - the cultivation of happiness, the genuine inner transformation by deliberately selecting and focusing on positive mental states and challenging negative mental states - is possible because of the very structure and function of the brain . . . but the wiring of our brains is not static, not irrevocably fixed. Our brains are also adaptable."*


The session was followed by an engaging interactive session. Several questions were addressed from varied themes viz. perceptions towards good and bad attributes, meditation, gamma-oscillations, management of anger, to positive neuroplasticity influencing spirituality.

Prof. Vivek Suneja summed up and moderated the session with a host of wonderful insights. He reiterated Prof. Davidson's points on resilience - awareness, connection, insight and purpose - the four pillars of well-being. He also made a significant mention of inner truth, culture as a collective myth and why co-operation should be opted by men being a social animal. He stressed on the importance of the process of socialization; which had not done justice on its part.


The award for best question was awarded to Anusha Maurya, a student from the English Department.

The special lecture concluded with a formal vote of thanks by Dr. Meena Yadav, Department of Zoology.


A feedback session was held after the event and approximately 150 online responses were received.


**CENTRE FOR RESEARCH**  
 MAITREYI COLLEGE (ACCREDITED A++ BY NAAC)  
 UNIVERSITY OF DELHI  
 Celebrating Centenary Year of the University of Delhi

ORGANIZES  
**SPECIAL LECTURE**  
**WELL BEING IS A SKILL**


**DATE:** DECEMBER 7TH, 2023  
**TIME:** 10 AM  
**HYBRID MODE**  
 Offline Venue: Maitreyi College

**FREE REGISTRATION**  
**REGISTRATION LINK:**  
<https://forms.gle/WgkLp4y6UgZtmak7>  
 Link for online mode will be shared with registered participants


**PROF. RICHARD DAVIDSON**  
 William James and Vilas Research Professor  
 of Psychology and Psychiatry  
 Founder & Director of the Center for Healthy Minds  
 University of Wisconsin-Madison, USA  
 Founder and Chief Visionary for Healthy Minds Innovations, Inc.

**SESSION CHAIR: PROF. VIVEK SUNEJA**  
 Dean and Head  
 Faculty of Management studies, University of Delhi, Delhi

**HAPPINESS PARTNER:**  
**AASHAYEEN : PROJECT HAPPINESS**  
 AN INITIATIVE OF DEPARTMENT OF SOCIOLOGY, MAITREYI COLLEGE  
 IN COLLABORATION WITH  
**MANODARPAN, AN INITIATIVE OF MINISTRY OF EDUCATION, GOVT. OF INDIA**  
 certificates will be provided to all registered participants.



Anurita Talar  
 Signature T.I.C Sociology Dept.

- 1) Surbhi Saras - 2022/0781
- 2) Khushi Singh - 2022/0486
- 3) Sumedha - 2022/1677
- 4) Tanisni Akhwal - 2022/0746
- 5) Tanisni Som - 2022/0444
- 6) Sukriti Nagi - 2022/1274
- 7) Megha Anya - 2022/1099
- 8) Sujeta Karki - 2022/0521
- 9) Asha - 2022/1525
- 10) Meghna Mishra - 2022/0112
- 11) Poopti Jain - 2022/0153
- 12) Sadhvi - 2022/1123
- 13) Divyanshi Behera - 2022/0261
- 14) Ritika - 2022/1795
- 15) Archita Kumari - 2022/0805
- 16) Khushi Gupta - 2022/1476
- 17) Ritika Ratna - 2022/0835
- 18) Parakh Khanchandani - 2022/1797
- 19) Alisha Jaiswal - 2022/1286
- 20) Aneeta Pandey - 2022/1498
- 21) Indira Bonnah - 2022/0948
- 22) Keerti Sneeram - 2022/0043
- 23) Swapnali Devi - 2022/1632
- 24) Bhaskwati Medhi - 2022/1124
- 25) Kago Moya - 2022/0955
- 26) Sheikhandi - 2022/1043
- 27) Anushi Singh - 2022/0883
- 28) Nawni Suresh - 2022/0217
- 29) Palak Kumari Mishra - 2022/0203
- 30) Rinky - 2022/0766
- 31) Tilm Hoini - 2022/0969
- 32) Jhulsi - 2022/1798
- 33) Megha Kumari - 2022/0770

- 34) Karish Singh - 2022/0782  
35) Disha Hatikakaty - 2022/0030  
36) Anshika Kapoor = 2022/1424  
37) Chhavi Coel = 2022/0091  
38) Dixita Thapa = 2022/0996  
39) Akansha Dubey = 2022/0316  
40) Ayushi = 2022/1729  
1) Chirishi Mathur = 2022/1078  
2) Paidi Sandhya = 2022/0210  
3) K. Keerthana = 2022/1326

# Attendance Sheet for students

7-12-2022

~~28-09-2022~~

S.No	Name	Department	Signature
1.	Priyanka (Ph.D.)	Zoology	Priyanka
2.	Bhavana Chughal (Ph.D.)	Dept. of Zoology, DU	Bhavana
3.	Ritu Gupta	Dep. of sociology.	Ritu
4.	Preeti Sinha	Dep. of Sociology	Preeti
5.	Astha Ruya	Dep. of Sociology	Astha
6.	Hoshangi	Dept. of Sociology.	Hoshangi
7.	Megha	Hindi	Megha
8.	Khushi Gupta	Sociology	Khushi Gupta
9.	Alisha Jaiswal	Sociology	Alisha Jaiswal
10.	Archita Kumari	Sociology	Archita Kumari
11.	Ritika Ratna	Sociology Dep.	Ritika Ratna
12.	Parakh Khanchandani	Sociology Dep.	Parakh
13.	Ritika	Sociology Dep.	Ritika
14.	Divyanshi Behera	Sociology Dep.	Divyanshi
15.	Sadhvi	Sociology (Hon.)	Sadhvi
16.	Meghna Mishra	Sociology Hons	Meghna Mishra
17.	Prapti Jain	BA Hons Sociology	Prapti Jain
18.	Riya Singh	B.Sc. Chemistry Hons	Riya
19.	Shreya	B.Sc. Chemistry Hons	Shreya
20.	Taniya Patwal	B.Sc. Chemistry Hons.	Taniya
21.	Preeti	B.Sc. Chemistry Hons.	Preeti
22.	Shalini	B.Sc. Chemistry Hons.	Shalini
23.	Tannu	B.Sc. Chemistry Hons.	Tannu
24.	Keerti Sreeram	BA Hons Sociology	Keerti
25.	Sujeeta Karki	BA Hons Sociology	Sujeeta
26.	Asha	BA Hons Sociology	Asha
27.	Megha Arya	BA Hons Sociology	Megha Arya
28.	Subini Nagi	BA Hons Sociology	Subini
29.	Tanvi Sani	BA Hons Sociology	Tanvi

- 30) Twishi Arora
- 31) Sumedha
- 32) Khushi Singh
- 33) Swabli Sarab
- 34) Jnidisha Bomrah  
and Archita Pandey

BA Hons sociology  
BA Hons Sociology  
BA Hons. Sociology  
BA Hons. Sociology  
BA Hons. Sociology  
BA Hons. Sociology

Twishi  
Sumedha  
Khushi  
Swabli  
Bomrah  
Pandey



38. Shobhna Sharma B.A. (Hons) Sociology  
39. Jisusmita B.A. (Hons) Sociology  
10. Guldasto B.A. (Hons) Sociology

7-12-2022

28-09-2022

S.No	Name	Department	Signature
01.	Ayushi Kapoor	BA programme	@yushi
02.	Akansha Dubey	BA programme	Akansha
03	Paidi Sandhya	BA programme	Paidi
04	K Keerthana	B.A (Hons) sociology	Kk
05	Achala Kumari	BSc (P)	A
06	Tanya	BSc (life science)	Tanya
07	Ishika Toman	BSc. (Life Science)	Ishika
08	Manu Shukla	BSc life science	Manushukla
09	Preeti Kumari	B.Sc. life Science.	Preeti
10.	Raksha	B.Sc. life Science.	Raksha
11	Shruti Kumari	BSc life Science	Shruti Kumari
12	Shagun	Bsc. life science	Shagun
13	Kirti Sori	Bsc. life Science	Kirti
14	Mansi	Bsc life science	Mansi
15	Ankita	Bsc life Science	Ankita Yadav
16	Vandita	Bsc life science	Vandita Das
17.	Monika Yadav	Ba (Hon) Applied Psy.	Monika Yadav
18	Shrishti Mathur	BA Programme	Shrishti
19	Yuvakshi Vig	BA (H) Applied Psy	Yuvakshi
20	Amruta Kanshal	BA (H) Applied Psy	Amruta
21	Aarushi Gupta	Bsc life science	Aarushi
22.	Athabhanugama.	Bsc. life science	Athab
23	Megha Kumari	Bsc. life Science	Megha
24	Kashish Singh	BSc life science	Kashish Singh
25	Disha Hatikakoty	BA. (Hons.) English	Dishahatikakoty
26	Amshika Kapoor	BA. (Hons) English	Amshika
27	Chhavi Goel	BA. (Hons) English	Chhavi
28	Divita Thapa	BA. (Hons.) English	Divita
29.	Devika Sinha	BA (Programme)	Devika
30.	Heena	BA. (Programming)	Heena
31.	Shruti Priya	BA- (program)	Shruti

# Attendance Sheet for students

7-12-2022

~~28-09-2022~~

S.No	Name	Department	Signature
10	ANUSHA - TOMAR	BA Programme (Polsci + Socio)	Anusha
2.	Ankita Meena	BA Prog. (Polsci + Socio)	Ankitameena
3.	Nishwanaya Shukla	BA Prog. (Polsci + Socio)	Nishwanaya
4.	Anushka Kumar	BA Prog (Socio + Eng)	Anushka
5.	Aagya Bagora	BA Prog. (Socio + Eng)	Aagya
6.	Fauzia Momin 2022/0040	B.Sc (Life Sciences)	Fauzia
7	Mihika Bidhuri 2022/0005	B.Sc. (Life Sciences)	Mihika
8.	Muskan 2022/0275	B.Sc. (Life Science)	Muskan
9.	Rajpriya 2022/0009	B.Sc (Life Science)	Rajpriya
10.	Pragya Singh 2022/0552	B.Sc (Life Science)	Pragya
11	Ashima Khanija	BA (Hons.) English	Ashima
12.	Evangelin Minj	BA (Hons.) English	Evangelin
13.	Pratibha Soni 2022/0839	BA Eng. (Hons.)	Pratibha Soni
14.	Yogita Pahadiya 2022/0735	BA Eng. (Hons)	Yogita
15.)	Nishita 2022/1075	B.A. Eng (Hons)	Nishita
16.)	Mishkat 2022/0092	B.A. Eng (Hons)	Mishkat
17	Payal 2022/824	B.A Eng (Hons)	Payal
18.)	Sarita 2022/0049	B.A ENG (H)	Sarita
19)	Himadri Prasad 2022/0887	BA Socio (H) I <sup>st</sup> year	Himadri
20)	Tisha Goyal 2022/0083	B.A. English Hons.	Tisha
21)	Prapti Choudhary /0902	BA English Hons.	Prapti
22)	Anushka Gupta /0031	BA English Hons.	Anushka
23)	Ayushi /1139	BA English Hons	Ayushi
24	Kanya /1701	BA English Hons	Kanya
25	Nidhi Yadav (2022/0911)	B.Sc Life Science 1 <sup>st</sup> year	Nidhi
26	Anjali Baghel (2022/0517)	BSC life science	Anjali
27.	Khushi Verma (2022/1500)	BA (English + Sociology)	Khushi
28.	Hiteshi Chawla (2022/1508)	BSc. life science	Hiteshi Chawla
29.	Himanshi (2022/1384)	BSc life science	Himanshi
30.	Nidushi (2022/1340)	BSc life science	Nidushi
31.	Ananya (2022/1387)	BSc life science	Ananya
32.	Lavanya Thakur (2022/1649)	Bsc life science	Lavanya
33.	Wafa Jaffri (2022/1771)	B.Sc life science	Wafa
34.	Garima Yadav	BA ENGLISH HONS	Garima
35	Amisha Maurya	BA ENGLISH HONS	Amisha

## Special Lecture by Prof Davidson

### Attendance Sheet for students

7-12-2022

~~28-09-2022~~

S.No	Name	Department	Signature
1	Gudasta Amin	BA Hons Sociology	Gudasta Amin
2	Jisumita Kashyap	BA Hons Sociology	J Kashyap
3	Preena Verma	BA HON sociology	Preena Verma
4	Puja Devi (1st Sem)	BA Prog (Pol Sci + Socio)	Puja (2022/0958)
5	Mansi Gangwar	Ba prog (Polsci + Hindi)	Mansi (2022/1393)
6	Om Sri (1st year)	B.A. prog (sociology + eng)	Om Sri
7	Ananya Pandey (1st year)	B.A. Prog (sociology + eng)	Ananya
8	Sabhyata (1st year)	B.Sc. Prog. (life science)	Sabhyata (2022/1347)
9	Sachi (1st year)	B.Sc Prog. (life science)	Sachi (2022/1082)
10	Zainab Fatima	B.Sc Prog. (Life Science)	Zainab Fatima (2022/1349)
11	Saloni Bharti	B.Sc (Hons) Chemistry	Saloni Bharti
12	Bhawana	B.Sc (Hons) Chemistry	Bhawana
13	Pruksiti Gusain	B.Sc. (hons) chemistry	Pruksiti
14	Shweta Yadav	B.Sc. (hons) chemistry	Shweta Yadav
15	Priya Rami	BA Program (Eng + Soc)	Priya Rami
16	Deeksha Singh (1st year)	BA Program (Pol. Sci + Socia)	Deeksha Singh
17	Sampada Dhote (1st year)	BA Prog (Polsci + Socia)	Sampada (2022/1664)
18	Sejal	Ba prog (Polsci + Hindi)	Sejal (2022/10312)
19	Vaishnavi Aubey	B.A prog (Polsci + Socia)	Vaishnavi (2022/1678)
20	Maanvi	BA Prog (Polsci + Socia)	Maanvi (2022/1080)
21	Shravya Singh	BAP (Polsci + Socia)	Shravya 1706
22	Sheetal Meena	BAP (Polsci + History)	Sheetal (2022/0954)
23	Vantika shakya	BSc (H) Chemistry	Vantika (2022/1457)
24	Sheetal Mishra	BSc (H) Chemistry	Sheetal (2022/0607)
25	Shravya Dahiya	BSc (H) Chemistry	Shravya (2022/1399)
26	Divya Raj	BSc (H) Chemistry	Divya (2022/1403)
27	Swarnali Devi	BA (H) Sociology	Swarnali (2022/1632)
28	Bhaskwati Medhi	BA (H) Sociology	B. Medhi (2022/1124)
29	Likha Rashmi	BA (H) Sociology	Likha
30	Kago Aranya	BA (H) Sociology	Kago Aranya (2022/0955)
31	Anjali Sagar	BA Prog (Polsci + Hindi)	Anjali (2022/0819)
32	Vipasha Singh	Ba Prog. (Polsci + Sociology)	Vipasha (2022/0606)

